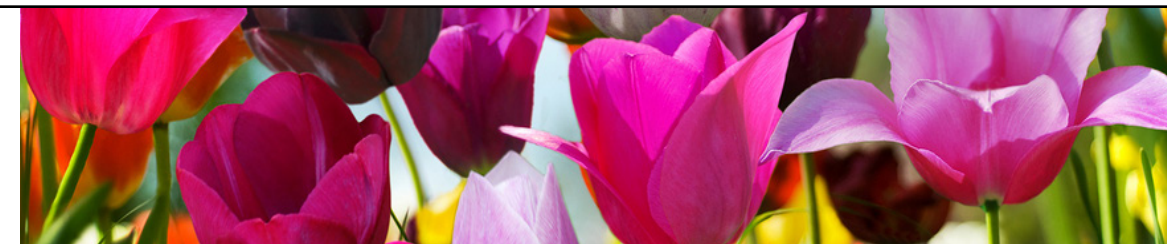


MAY 2019

ACTIVITIES CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Please see Maureen Keane, M.P.H., Recreation Director with any questions regarding the Activities Calendar.</p> <p><i>Programs subject to change with notice.</i></p> <p>Outdoor programming is weather permitting.</p> <p>Please see the daily schedule for modifications to monthly & weekly calendars.</p> <p>Beauty Salon with Paulette Hours: Tuesday & Friday (9 AM—5 PM)</p>	<p>ACTIVITY ROOMS</p> <p>AS Arts & Crafts Studio (1) B Bistro (1) BP Bistro Patio (1) BC Business Center (4) BL Billiard Lounge (2) BR Bingo Room (1) C Community CGR Card & Game Room (1) CI Cinema (1) CK Country Kitchen (LL) FC Fitness Center (1) LI Library (1) MDR Main Dining Room (LL) ML Main Lobby (1) PP Pool Patio (LL)</p>	<p>RECREATION TEAM</p> <p>Maureen (M) Garth (G) Jessica (J) Kasey (K) Patricia (PA) Sara (SH) Shawn (S) Sherry (SL)</p>	<p>LESLIE'S JEWELRY 10 AM—4 PM</p> <p>10:00 Let's Go Shopping: City Center G 10:15 Mind & Body Workout (BR) SL 11:00 Words That Start With? (B) SL 11:00 Trebelmakers Chorus (AS) SH 11:00 Debate & Discuss: Ralph Cohen (CI) SH 2:00 Bridge Club (2nd Floor) PA 2:00 What Would You Do? (B) SL 2:00 Crossword Gang (BR) PA 2:15 Stay On Page Poetry Group (AS) SH 3:15 Breezing Through May Social (B) PA 3:45 Lady Luck Bingo! PA 7:00 Riddles & Jokes (B) K</p>	<p>10:00 Trader Joe's / Marshalls G 10:00 Balance & Step: Rehab Pro (BR) PA 10:15 Finishing Lines & Lyrics (B) SL 11:00 Virtual Field Trip: Niagara Falls & Discussion (CI) PA 2:00 Bridge Club (2nd Floor) SL 2:00 Paws To Help Pet Therapy: Mariana & Nelson (C) M 2:00 Artist Studio: Madelyn Silverstein (AS) SL 2:15 Presidents & Vice Presidents (B) PA 2:15 Got Paddles? Table Tennis (BR) SH 2:15 Board Games / Cards (CGR) SL 3:15 Appetizers & Smooth Jazz Social (B) SL 4:00 CVS In The Afternoon G 7:00 Bonus Bingo (BR) SH</p>	<p>10:00 Embrace The Power Fitness (BR) SL 11:00 Big White Book Of Trivia (BR) SL 2:00 Play / Learn Rummikub: Audrey (B) M 2:00 Anagram Puzzles (BR) J 2:15 Famous Pairs? (B) SL 2:30 Shabbat Worship Service: Rabbi Tamar Crystal (AS) J 3:00 Furry Tales Pet Therapy: Shirley/Leo (C) J 3:15 Friday Afternoon Social (B) SL 7:00 The Common Factor (B) J</p>	<p>9:30—10:00 Services At Temple Kol Ami / Temple Israel S 10:15 In Shape Workout: Weights (BR) J 11:00 Banking / Post Office Outing S 11:00 Morning Brain Teasers (BR) J 11:00 Biography.com: Donald Trump - U.S. Presidency, Family & Businesses (C) J 2:00 Let's Play Poker! Guy (CGR) M 2:00 Melody Makers Singing Group (BR) J 2:15 Uno Challenge / Board Games (B) S 3:15 Ice Cream Parlor Sundae Social (B) J</p>
<p>CINCO DE MAYO</p> <p>9:25 St. Barnabas / St. Bartholomew's G 10:00 Mass at St. Anthony's Church G 10:15 Cinco De Cardio Workout (BR) PA 11:00 Words In Words (BR) PA 2:00 Westchester Oratorio Society: The Creation By Haydn—Chappaqua PAC G 2:00 Furry Tails Pet Therapy: Karli/Olivia (C) PA 2:15 So Festive Cooking Club: Fajitas (B) PA 2:15 Rummikub Club (CGR) PA 3:15 Viva Mexico Appetizer Social (B) PA</p>	<p>10:00 Bed, Bath & Beyond / Harmons G 10:15 Pump It Up Fitness (BR) PA 10:30 Catholic Roundtable Discussion (BR) PA 11:00 Catholic Communion (BR) PA 11:00 Master Mind Trivia (AS) PA 2:00 Bridge Club (2nd Floor) PA 2:15 Your Inner Artist: Pastels (AS) PA 3:15 Monday Social (B) PA</p>	<p>ORIGAMI OWL 10 AM—4 PM</p> <p>10:00 Let's Go Shopping: CVS G 10:00 Board Of Elections: Voting (C) SL 10:15 Pump It Up Fitness (BR) SL 11:00 Summer Safety Tips: Sara (BR) SH 12:00 Just The Girls: Cheesecake Factory \$\$\$ G 1:45 HeLP—The Health for Life Program: Marikay Capasso (CI) SL 2:00 Quality Service Ping Pong (BR) SH 2:00 Falls Prevention: Alice (AS) PA 2:15 Scrabble Anyone? (CGR) PA 2:45 Place Your Bets Bingo (BR) SL 3:45 Afternoon Movie (CI) PA 3:15 Get Social At The Bristol (B) SH 3:45 Making Strides Walking Club (C) S 4:00 Generations United: WPH High School Honor Society String Ensemble (BR) PA Sangria & Hot Topics: Will Robots Rule The Future? Are Humans Destined To Extinction? (B) PA</p>	<p>10:15 Yoga: Nora LeMorin (BR) SH 11:00 Crossword (BR) SL 11:00 Virtual Field Trip & Discussion: Yellowstone National Park (CI) SH 2:00 Bridge Club (2nd Floor) PA 2:15 Crafty Chicks: Mother's Day Frames (B) PA 2:15 Rhyme & Reason Poetry Group (AS) SH 2:15 Rummikub Club (CGR) SL 2:15 Scrabble Challenge (B) SL 2:30 Shopping At Stop & Shop G 2:30 Pet Therapy: Leslie & Stella (C) M 3:15 Culinary Arts—Chef Rich: Crepes (B) SH 3:45 Billiard Lounge Tournament (BL) S 7:00 Make A Word (B) K 7:00 Philosophy Circle—Manhattanville College: Free Speech—Part 2: Paul K. (AS)</p>	<p>10:00 Trader Joe's / Marshalls G 10:15 Mind & Body Workout (BR) SL 11:00 Word Jumbles (BR) PA 11:00 Scrabble Challenge: Sherry (CGR) SL 2:00 Jewish In America: Living Washington's Promise — Professor Rubin (CI) PA 2:00 Furry Tales: Pet Therapy: Mariana & Nelson (C) M 2:15 Crafty Corner: Mother's Day (BR) PA 2:15 Too Fast Too Furious Ping Pong (B) SH 2:15 Card Sharks (CGR) SL 3:15 A Taste of May Social (B) SH 3:45 Let's Go Shopping: CVS G 7:00 Opposites Attract (B) SH</p>	<p>CM JEWELRY 10 AM—4 PM</p> <p>10:15 Tone Up With Weights (BR) SL 11:00 Book Club: Laurie & Susie (BC) SL 11:00 Brain Teasers: Starts With...? (BR) SL 2:00 Play / Learn Rummikub: Audrey (B) M 2:00 What's My Secret? (B) SL 2:15 Big White Book Of Trivia (BR) J 2:30 Shabbat—Rabbi Tamar Crystal (AS) J 3:15 Meet Me For Social (B) SL 7:00 Synonyms and Antonyms (B) J</p>	<p>9:30—10:00 Temple Kol Ami / Temple Israel 10:15 Fitness For Life (BR) J 10:45 TheraPet: Sir Elton & Lorraine (C) M 11:00 Banking / Post Office Outing S 11:00 Mind Joggers (BR) J 11:00 National Geographic: The Secret Of Antarctica (CI) J 2:00 Let's Play Poker! Guy (CGR) M 2:00 The Bristol Harmonics (BR) SL 2:15 Scrabble Anyone (CGR) J 3:15 Mix & Mingle Social (B) J 7:00 Trivial Pursuit (B) J</p>
<p>MOTHER'S DAY / WEAR PINK DAY</p> <p>9:25 St. Barnabas / St. Bartholomew's G 10:00 Mass at St. Anthony's Church G 10:15 Let's Stay Fit With Weights (BR) PA 11:00 Make A Word 'Today Celebrates & Honors Mothers & Motherhood' (BR) PA 12:00 Mother's Day Brunch (MDR) 2:00 Be Inspired: NY Botanical Gardens: Garden Party \$\$\$ G 2:15 Mother's Day Word Jumbles (B) PA 2:15 Rummikub Club (CGR) PA 3:15 Hugs, Kisses & Appreciation Social (B) PA</p>	<p>10:00 Shopping Christmas Tree/Michaels G 10:00 Fit & Fabulous For Life (BR) PA 11:00 Catholic Service (BR) PA 11:00 Finishing Lines, Lyrics & Words (AS) PA 2:00 TheraPet: Bodie & Rebecca (C) PA 2:00 Bridge Club (2nd Floor) PA 2:15 The Artist Within: Watercolors (AS) PA 3:15 Appetizers & Smooth Jazz Social (B) PA 7:00 The Power Of Positive Thinking: Victoria Assumma — WPH Outreach Program (CI) CO</p>	<p>10:00 CVS Outing G 10:15 Just Keep Moving Fitness (BR) SL 11:00 Math Trees (B) SH 11:00 Therapeutic Music & Memories: Donna Torre (BR) SL 11:45 Let's Do Lunch: Pas-Tina's Ristorante \$\$\$ G 2:00 Sleep Health: Dr. Fulvia Milite—White Plains Hospital Outreach Program (CI) PA 2:00 Apples To Apples (B) SL 2:00 Got Paddles? Table Tennis (BR) SH 2:15 Beaded Creations (AS) PA 3:15 Mix & Mingle Social (B) SH 3:45 Walk This Way Walking Club (C) S 3:45 Feeling Lucky BINGO (BR) PA 7:00 Wine & Hot Topics: Physician Assisted Suicide (B) PA</p>	<p>10:15 Tone & Trim Workout (BR) SL 11:00 Memory Streets (BR) SH 11:00 Values & Ethics: Rabbi Crystal (AS) SH 11:00 Hot Topics Skype Lecture Series (4L) PA 11:00 You Be The Judge? (B) SL 12:00 Just The Boys Lunch Club (PDR) S 1:45 HeLP—The Health for Life Program: Marikay Capasso (AS) SL 2:00 Bridge Club (2nd Floor) PA 2:15 Technology Help Desk: Patricia (BC) PA 2:15 Passion For Poetry (BP) SH 2:15 King Of Pong Table Tennis (BR) SH 2:30 Shop The Westchester Mall G 3:15 Get Social At The Bristol Social (B) PA 5:00 Summer Dinner Buffet (MDR) 7:00 Words That Start With? (B) K</p>	<p>10:00 Trader Joe's / Marshalls G 10:15 Tone & Trim Workout (BR) SL 10:15 Table Talk: What Would You Do? (B) PA 11:00 Sharpen Your Brain: (BR) SL 11:00 Do You Remember? Barbara Murray—WJCS (CI) PA 11:00 You've Been Served Tennis (BR) PA 2:00 Licks Of Love Pet Therapy: Mariana & Nelson (C) 2:00 Live Poet's Society Book Presentation / Fancy Hat & High Tea (BR) SH / SL 2:15 Beaded Creations (AS) PA 3:15 Cocktail Club Social: Margaritas (B) PA 3:45 Gone Shopping: CVS G 7:00 New In The News (BR) SH</p>	<p>10:00 Health Matters: Managing Stress: Greenburgh Library S 10:15 Heart Healthy Workout (BR) SL 11:00 The Logo Game (BR) SL 2:00 Play / Learn Rummikub: Audrey (B) M 2:00 Mind Your Mind (BR) SL 2:15 Palindromes—Thinkers!2 (B) J 2:30 Celebrate Shabbat—Rabbi Crystal (AS) J 3:00 Furry Tales Pet Therapy: Shirley/Leo (C) J 3:15 Let's Get Social (B) J 4:00 Pictionary (BR) SL 7:00 More This & That Trivia (B) J 7:00 Power Of Positive Thinking: WP Hospital Outreach—Victoria Assumma, LCSW (CI) J</p>	<p>9:30—10:00 Temple Kol Ami/Temple Israel S 10:15 Getting Fit Fitness (BR) J 11:00 Off To The Bank / Post Office S 11:00 YouTube.com: Alexander The Great (CI) J 11:00 Categories (BR) J 2:00 Rummikub Club (AS) J 2:00 Poker Gang: Guy (CGR) M 2:00 Make A Word (BR) J 2:15 Uno Competition (CGR) SL 3:15 Last Licks: Banana Split Sundae Social (B) J 7:00 Sing & Swinging: Nicholas King (BR) SL</p>
<p>9:25 St. Barnabas/St. Bartholomew's G 10:00 Mass at St. Anthony's Church G 10:15 Total Body Workout (BR) PA 11:00 Family Talk (BR) PA 2:00 Explore: Scenic Hudson Riverwalk Park G 2:00 Love On A Leash Pet Therapy: Karli & Olivia (C) PA 2:15 The Bristol Blog (B) PA 2:15 Rummikub Club (CGR) PA 3:15 Sunshine & Cool Breezes Social (B) PA</p>	<p>10:00 Dollar Store Excursion G 10:15 Chair Fitness Tone & Trim (BR) PA 11:00 Catholic Communion (BR) PA 11:00 You Be The Judge? (AS) PA 2:00 Bridge Club (2nd Floor) PA 2:15 The Artful Crafter (AS) PA 2:30 Rummikub Club (CGR) PA 3:15 Afternoon Social (B) PA</p>	<p>10:00 Let's Go Shopping: CVS Outing G 10:15 C.O.R.E. Conditioning (BR) SH 11:00 Words In Words (BR) SL 11:00 Healthy Eating, Nutrition & Diet: Sara (CI) S 11:00 Low Vision Support Group (AS) SH 11:15 Hawaiian Luau Lunch & Entertainment — The Grove At Valhalla G 2:00 Falls Prevention Program: Alice (AS) PA 3:00 Meet Me At The Movies (CI) PA 3:15 This & That Trivia (B) SH 3:15 Gardening Club: Outdoor Pots (BP) PA 3:15 Tuesday Social (B) SH 3:45 Red Hot Chili Steppers Walking Club (C) S 3:45 Place Your Bets Bingo (BR) SH 7:00 Cocktails & Hot Button Topics: The Death</p>	<p>10:15 Total Body Strength Training (BR) SH 10:15 Trivial Pursuit (BR) SL 11:00 Virtual Field Trip & Discussion: Plimoth Plantation (CI) SH 1:45 HeLP—The Health for Life Program: Marikay Capasso (AS) SL 2:00 Bridge Club (2nd Floor) SH 2:15 Live Poets Society (BP) SH 2:15 Technology Help Desk: Patricia (BC) PA 2:15 No Strings Attached Tennis Clinic (BR) SL 2:30 Christmas Tree / Michaels Shopping G Recharge & Relax Social (B) SL 7:00 Crossword (B) K</p>	<p>10:00 Trader Joe's / Marshalls G 10:15 Workout With Weights (BR) PA 10:15 States & Capitals (B) SL 11:00 Let's Get Political: Rhoda Plotkin (CI) PA 2:00 One Paw At A Time Pet Therapy: Mariana & Nelson (C) M 2:15 Just Crafting Around: Memorial Day (AS) PA 2:15 Finishing Lyrics (B) SH 2:15 One Hit Wonder Table Tennis (BR) SH 3:00 New Resident Tea (PDR) M 3:15 Meet Me At Social (B) PA 3:45 Shopping At CVS G 7:00 Wikipedia: Game About Everything (B) SH</p>	<p>10:15 Fitness Fun (BR) SL 11:00 Anagrams (BR) SL 11:00 Book Club: Laurie & Susie (BC) J 2:00 Play / Learn Rummikub: Audrey (B) M 2:00 Words That Start With? (BR) SL 2:15 You Be The Judge? (B) J 2:30 Celebrate Shabbat—Rabbi Crystal (AS) J 3:15 Relax & Recharge Social (B) J 4:00 Uno Challenge (B) SL 7:00 Wine & Crosswords (B) J</p>	<p>9:30—10:00 Services At Temple Kol Ami / Temple Israel S 10:15 Tone & Strengthen (BR) J 11:00 Bank / Post Office Trip S 11:00 Hangman Heaven (BR) J 11:00 TIMELINE: Quest For The Lost City (CI) J 2:00 Let's Play Poker! (CGR) M 2:00 Rummikub Club (CGR) SL 2:00 Thinkers! (B) SL 2:15 Scrabble Group (CGR) SL 3:15 Happy Birthday Cake/Candles Social (B) J 7:00 It's Your Birthday Musical Celebration: Dean (BR) SL</p>
<p>9:25 St. Barnabas/St. Bartholomew's JD 10:00 Mass at St. Anthony's Church G 10:15 Sit & Be Fit (BR) PA 11:00 Wikipedia: The Game Of Everything (BR) PA 2:00 Fret Nuts Ukulele Group (AS) PA 2:00 Experience Kykuit: The Rockefeller Estate \$\$\$ G 2:15 Musical Recital: Sophie and Ian (Ambrose Carr's Grandchildren) (BR) PA 3:15 Mix & Mingle Social (B) PA</p>	<p>MEMORIAL DAY / WEAR RED / WHITE & BLUE</p> <p>10:15 Body Sculpt With Weights (BR) PA 11:00 Word Jumbles: Memorial Day (AS) PA 12:00 Memorial Day Buffet & BBQ (MDR & PP) 2:00 Bridge Club (2nd Floor) PA 2:15 The Artist Connection: Patriotic Collage (AS) PA 3:15 Red, White & Blue Dessert Social (B) PA</p>	<p>10:00 CVS Outing G 10:15 Pump It Up Fitness (BR) SL 11:00 What's on Your Mind? Short-term Memory/Long-term Health: Sara (BR) SH 11:00 Fall Prevention Program: Alice (AS) SH 11:00 Pictionary (B) SL 11:45 Let's Do Lunch: City Island \$\$\$ G 2:00 Resident Council (BR) PA / SL 3:15 The Beading Gem Jewelry (AS) PA 3:15 Movie Of The Day (CI) SL 3:15 Opposites Attract (B) SH 3:15 Goodbye May, Hello June Social (B) PA 3:45 Let's Play BINGO, Place Your Bets (BR) SL 7:00 Mimosa's & Hot Topics: Police Body Camera's? (B) PA</p>	<p>10:15 Feeling Fit & Fabulous Fitness (BR) SL 11:00 Word Jumbles (B) SL 11:00 Virtual Field Trip & Discussion: The White House (CI) SH 1:45 HeLP—The Health for Life Program: Marikay Capasso (AS) SL 2:00 Bridge Club (2nd Floor) SH 2:15 Live Poets Society (RP) SH 2:15 Water Aerobics Patricia (Pool) PA 2:30 Pet Therapy: Leslie & Stella (C) PA 2:30 Christmas Tree / Michaels Shopping G 3:15 Recharge & Relax Social (B) SL 5:00 Summer Buffet (MDR) One Seating 7:00 This & That Trivia? (B) K 7:00 Great Dancers Of The Cinema: Michael Gaskin (CI) K</p>	<p>10:00 Trader Joe's / Marshalls G 10:00 Balance & Step: Ruben (BR) PA 10:15 Mind Your Mind (B) SL 11:00 Resident Stories Roundtable: Richard Stout (AS) PA 2:00 One Paw At A Time Pet Therapy: Mariana & Nelson (C) M 2:15 Alive & Kickin' Duo: Pepe (B) SH/PA/SL 3:15 Summer Cocktails & Appetizer Social (B) PA 3:45 Shopping At CVS G 4:00 Scrabble Challenge (B) SL 7:00 Bonus Bingo (B) SH</p>	<p>10:15 Pump It Up Fitness (BR) SL 11:00 399 Games & Puzzles (BR) SL 2:00 Play / Learn Rummikub: Audrey (B) M 2:00 Make A Word (BR) SL 2:15 30 Second Mysteries: Case Files (B) J 2:30 Celebrate Shabbat—Rabbi Crystal (AS) J 3:00 Love On A Leash: Leo & Shirley (C) M 3:15 Relax & Recharge Social (B) J 4:00 Mind Joggers (BR) J 7:00 Sangria & The Logo Game (B) J</p>	

PLEASE NOTE: MOVIES SHOWN AT 2 PM & 7 PM DAILY IN THE CINEMA

BINGO: 3:45 PM DAILY IN BINGO ROOM