

# JULY 2018

## REFLECTIONS ACTIVITIES CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>8:45 <b>Mass At St. Brigid's Chapel (LL) H</b> 9:30 Today's News Highlights (AR) CH 10:00 Strength and Stretch Sunday (AC) CH 10:30 Brain Games (AR) CH 11:00 *Mandala Art (AR) CH 11:00 <b>Televised Mass (AR) CH</b> 1:45 *Sunday Bristol Stroll with Chris 1:45 <b>Christian Services (CI) K</b> 2:30 Sunday Sundaes Social (AR) C 3:30 <b>Sunday's Scenic Drive H</b> 3:30 *Virtual Tour of Yellow Stone National Park (AR) CH 4:15 Meditation and Relaxation (AR) CH 6:30 Game Night! (AR) C 7:00 Sunday Evening Movie (AR) C</p>	<p>9:30 Music and Motion (AR) CH 10:00 <b>News Currents (AR) CH</b> 11:00 <b>Picnic and Concert by Symphonic Pops at Lido Beach H</b> 1:45 Monday Matinee (AR) L 2:30 Popcorn and Soda Pop Social (AR) L 3:15 <b>Chris's Rhythm and Drum Circle (P) CH</b> 4:00 Name Five (AR) CH 6:30 <b>Katie's Spa on Wheels (AR) K</b> 7:00 Music and Meditation (AR) K</p>	<p><b>BEAUTY SALON AND MANICURE DAY</b> 9:30 Today's Agenda Review (AR) A 10:00 <b>Communion and Prayers (QR) A</b> 10:15 Fifteen Minute Fitness (AR) A 10:30 <b>Culinary Club (AR) A</b> 1:45 Beach Ball Volley (P) A 2:30 Patio Social and Refreshments (AR) A 3:15 Fun Sponge Fireworks Art Project (P) A 3:15 *Soundscapes and Aroma Therapy (AR) A 4:00 Remembering Beach Days (AC) A 6:30 Word Searching for Summer (AR) E 7:00 Movie Night! (AR) E</p>	<p><i>Forth of July</i> 9:30 Let's Review Our Day! (AR) CH 9:45 Firecracker Fitness (AR) CH 10:30 <b>Garden Club with Rob (P) CH</b> 10:30 <b>Patriotic Performance by the Bay City Ramblers! (AC) CH</b> 12:00 <b>4th of July BBQ on the Patio!</b> 1:45 Noodling Around (P) CH 2:30 Red White and Blue Ices Social (P) CH 3:15 4th of July Trivia (AR) CH 4:00 An Independence Day Discussion (AR) CH 6:30 Who Am I (AR) K 7:00 Classical Music and Meditation (AR) K</p>	<p>9:30 Greet the Day! (AR) C 10:00 Rise &amp; Shine Stretch (AR) C 10:30 Attach the Match Game (AR) C 11:00 Words with Friends (AR) C 11:30 <b>Men's Club Lunch Outing to The Green Turtle H</b> 1:45 <b>Parachuting on the Patio (P) C</b> 2:30 Social Snacks and Conversation (P) C 3:15 <b>Reading Round Table (AR) C</b> 4:00 Life Skills Stations (AR) C 6:30 Category Word Game: SWIM (AR) E 7:00 A Night at the Movies (AR) E</p>	<p>9:30 Greet the Month (AR) A 10:00 Friday Fit Express (AR) A 10:30 Star of the Month—Sylvester Stallone (AR) A 1:45 Keep it Up! (AR) A 1:45 *A Very Broadway Sing A Long (QR) C 1:45 <b>Shabbat Service w/Rabbi Altman (CI) A</b> 2:30 Popcorn and Soda Pop Social (DR) A 3:00 Friday's Feature Film: ROCKY (AR) A 4:15 Movie Review and Recap (AC) A 6:30 Puzzles and Ponderings (AR) CH 7:00 Music and Relaxation (AR) CH</p>	<p>9:30 Good Morning Conversation (AR) A 10:00 Morning Warm Up (AR) A 10:30 <b>Balloon Volleyball (AC) A</b> 10:30 *Adult Coloring (AR) M 1:45 Billiards Club (BR) A 1:45 *Giant Ring Toss (P) C 2:30 Homemade Social (AR) C 3:15 BINGO BLAST! (AR) A 4:00 Topic Train (AR) A 6:30 Spa Evening with Cloe (AR) C 7:00 Saturday's Classic Movies (AR) C</p>
<p>8:45 <b>Mass At St. Brigid's Chapel (LL) H</b> 9:30 News and Views (AR) CH 10:00 Strength and Stretch Sunday (AC) CH 10:30 Entertain Your Brain (AR) CH 11:00 *RELAX and Adult Color (AC) CH 11:00 <b>Televised Mass (AR) CH</b> 1:45 Sunday Bristol Stroll with Chris 2:30 Sunday Sundaes Social (AR) C 3:30 <b>Sunday's Scenic Drive H</b> 3:30 *Virtual Tour of Costa Rica (AR) CH 4:15 Meditation and Relaxation (AR) CH 6:30 Game Night! (AR) C 7:00 Sunday Evening Movie (AR) C</p>	<p>9:30 Greet the Day! (AR) CH 10:00 Music and Movement (AR) CH 10:30 <b>News Currents Sr. (AR) CH</b> 11:00 <b>Remember When (AR) CH</b> 1:30 <b>Music Therapy with Patty Kaiser (AR) CH</b> 2:30 Arnold Palmer's and Soft Pretzels Social Hour (AR) CH 3:15 Mad Science (AC) CH 4:00 Name Ten (AR) CH 6:30 <b>Katie's Spa on Wheels (AR) K</b> 7:00 Music and Meditation (AR) K</p>	<p><b>BEAUTY SALON AND MANICURE DAY</b> 9:30 Good Day New York (AR) A 10:00 <b>Communion and Prayers (QR) A</b> 10:15 Fifteen Minute Fitness (AR) A 10:30 <b>Culinary Club (AR) A</b> 1:45 Movin' and Groovin' (P) A 2:30 Patio Social and Refreshments (P) A 3:15 Wonderful Watercolors Workshop (P) A 3:15 *Independent Leisure (AR) A 4:00 Table Topics (AR) A 6:30 Music Stylings with Liz (AR) E 7:00 Movie Night! (AR) E</p>	<p>9:30 Morning Mingle (AR) CH 10:00 Working it Out Wednesday (AR) CH 10:30 Deck Match (AR) CH 11:00 <b>Picnic and Noontime Concert with TANGERINE at Eisenhower Park H</b> 1:45 Soccer Circle (P) CH 2:30 Hydration Station Social and Snack (P) CH 3:15 *Men's Club (AR) CH 3:15 *Women's Club (QR) M 4:00 Everyday Trivia (AR) CH 6:30 Rhyme Time (AR) K 7:00 Classical Music and Meditation (AR) K</p>	<p>9:30 Daily Chronicle (AC) C 10:00 Morning Stretch (AR) C 10:30 <b>Reading Round Table (AR) C</b> 11:00 Spelldown Challenge (AR) C 1:45 Star Spangled Banner Crossword (AC) C 2:30 Social Snacks and Conversation (P) C 3:15 <b>Dance and Movement Therapy with Lisa Wisel (AR) C</b> 4:15 Therapeutic Rest and Relaxation (AC) C 6:30 Name a Word (AR) E 7:00 A Night at the Movies (AR) E</p>	<p>9:30 What's the Good Word? (AR) A 10:00 Keeping Fit (AR) A 10:30 <b>Violin Performance by Albert Mulad (AC) A</b> 1:45 *Gentle Toss and Talk (QR) C 1:45 Keep it Up! (AR) A 1:45 <b>Shabbat Service w/Rabbi Altman (CI) C</b> 2:30 Chips and Dip Social (DR) A 3:00 Friday's Feature Film (AR) A 4:15 Movie Review and Recap (AC) A 6:30 Puzzles and Ponderings (AR) CH 7:00 Music and Relaxation (AR) CH</p>	<p><b>SHARK AWARENESS DAY</b> 9:30 Good Morning Conversation (AR) A 10:00 Morning Warm Up (AR) A 10:30 <b>Making Shark and Seafoam Jell-O Cups (AC) A</b> 11:00 Best of Shark Week (AR) M 1:45 Crafting Shark Fin Headbands (AR) A 1:45 Fun Facts About Sharks (AR) C 2:30 Jell-O Cup Social (AR) A 3:15 BINGO BLAST! (AS) A 4:00 Puzzles and Ponderings (AR) A 6:30 The High/Low Game (AR) C 7:00 Saturday's Classic Movies (AR) C</p>
<p>8:45 <b>Mass At St. Brigid's Chapel (LL) H</b> 9:30 What's New in the News? (AR) CH 10:00 Strength and Stretch Sunday (AC) CH 10:30 Cranium Crunches (AR) CH 11:00 *Paint by Numbers (AC) CH 11:00 <b>Televised Mass (AR) CH</b> 1:45 *Sunday Bristol Stroll with Chris 1:45 <b>Christian Services (CI) K</b> 2:30 Sunday Sundaes Social (AR) C 3:30 <b>Sunday's Scenic Drive H</b> 3:30 *Virtual Tour of the Bahamas (AR) CH 4:15 Meditation and Relaxation (AR) CH 6:30 Game Night! (AR) C 7:00 Sunday Evening Movie (AR) C</p>	<p>9:30 Music and Motion (AR) CH 10:00 <b>News Currents Sr. (AR) CH</b> 11:00 <b>Picnic and Concert by John Ciotta at Lido Beach H</b> 1:45 Monday Matinee (AR) L 2:30 Popcorn and Soda Pop Social Hour (AR) L 3:15 <b>Chris's Rhythm and Drum Circle (P) CH</b> 4:00 Name Fifteen (AR) CH 6:30 <b>Katie's Spa on Wheels (AR) K</b> 7:00 Music and Meditation (AR) K</p>	<p><b>BEAUTY SALON AND MANICURE DAY</b> 9:30 Today Is... (AR) A 10:00 <b>Communion and Prayers (QR) A</b> 10:15 Fifteen Minute Fitness (AR) A 10:30 <b>Culinary Club (AR) A</b> 1:45 Bocce Ball (P) A 2:30 Patio Social and Refreshments (P) M 3:15 Crafting Clothespin Planters (P) A 3:15 *Bird Watching (AR) A 4:00 Round Robin Stories (P) A 6:00 The Chat Pack (AR) E 7:00 Movie Night! (AR) E</p>	<p>9:30 Our Day in Review (AR) CH 10:00 Work it Out Wednesday (AR) CH 10:30 Horse Racing (AR) CH 11:00 Category Word Game (AR) CH 11:30 <b>Lunch Trip to Mama Theresa's H</b> 1:45 Bean Bag Toss (P) CH 2:30 Afternoon Social (P) CH 3:15 Music Meets Science (AR) CH 3:15 *One on One with Marianna (QR) 4:00 <b>Technology Class (AR) CH</b> 6:30 Oh the Places I've Been (AR) K 7:00 Classical Music and Meditation (AR) K</p>	<p>9:30 Rise and Shine Conversations (AR) C 10:00 Octoband Stretch (AR) C 10:30 Brain Quiz—Guess the Word (AR) C 11:00 <b>Reading Round Table (AR) C</b> 1:45 <b>Parachuting on the Patio (P) C</b> 2:30 Social Snacks and Conversation (P) C 3:00 <b>Summer Fashion Show with Laverne (AR) C</b> 4:00 Relaxing to Smooth Jazz (AC) C 6:30 Today in History (AR) E 7:00 A Night at the Movies (AR) E</p>	<p>9:30 Coffee and Chit Chats (AR) A 10:00 Fitness 101 (AR) A 10:30 <b>Vet2Vet Meeting (AC) C</b> 10:30 *Reminiscing with the Senses (AR) A 1:45 Keep it Up! (AR) A 1:45 *Soothing Hand Massages (AR) C 1:45 <b>Shabbat Service w/Rabbi Altman (CI) C</b> 2:30 Popcorn and Soda Pop Social (DR) A 3:00 Friday's Feature Film (AR) A 4:15 Movie Review and Recap (AC) A 6:30 Puzzles and Ponderings (AR) CH 7:00 Music and Relaxation (AR) CH</p>	<p>9:30 Good Morning Conversation (AR) A 10:00 Morning Warm Up (AR) A 10:30 <b>Balloon Volleyball (AC) A</b> 10:30 *Person, Place or Thing (AR) M 1:45 <b>Zumba with Millie! (AR) A</b> 2:30 Sweet Saturday Social (P) A 3:15 BINGO BLAST! (P) A 4:00 June in History (AR) A 6:30 Hand Massages and Classical Music (AR) C 7:00 Saturday's Classic Movies (AR) C</p>
<p>8:45 <b>Mass At St. Brigid's Chapel (LL) BD</b> 9:30 Coffee and Headlines (AR) C 10:00 Strength and Stretch Sunday (AC) CH 10:30 Mind Your Mind (P) CH 11:00 *Mandala Art (P) CH 11:00 <b>Televised Mass (AR) CH</b> 1:45 Sunday Bristol Stroll with Chris 2:30 Sunday Sundaes Social (AR) C 3:30 <b>Sunday Scenic Ride H</b> 3:30 *Virtual Tour of the Morocco (AR) CH 4:15 Meditation and Relaxation (AR) CH 6:30 Game Night! (AR) C 7:00 Sunday Evening Movie (AR) C</p>	<p>9:30 Morning Meet and Greet (AR) CH 10:00 Music and Movement (AR) CH 10:30 <b>News Currents Sr. (AR) CH</b> 11:00 <b>Remember When (AR) CH</b> 1:30 <b>Music Therapy with Patty Kaiser (AR) C</b> 2:30 Fruit Infused Water Social (DR) CH 3:15 Mad Science (AC) CH 4:00 Name Twenty! (AR) CH 6:30 <b>Katie's Spa on Wheels (AR) K</b> 7:00 Music and Meditation (AR) K</p>	<p><b>BEAUTY SALON AND MANICURE DAY</b> 9:30 Today's Agenda Review (AR) A 10:00 <b>Communion and Prayers (QR) A</b> 10:15 Trim Down Tuesday (AR) A 10:30 <b>Culinary Club (AR) A</b> 1:45 Ladder Ball (P) A 2:30 Patio Social and Refreshments (AR) A 3:15 Crafting Hand Fans (P) A 3:15 *Soundscapes of Summer (AR) A 4:00 Never Have I Ever (AR) A 6:00 <b>After Dinner Concert with Vance (AR) E</b> 7:00 Movie Night! (AR) E</p>	<p>9:30 Good Morning America (AR) CH 10:00 Strength and Stretch (AR) CH 10:30 <b>Visit with Puppies from North Shore Animal League (AC) CH</b> 11:00 <b>Picnic and Noontime Concert with Emilio at Eisenhower Park H</b> 1:45 Frisbee Toss (P) CH 2:30 Afternoon Social (P) CH 3:15 A to Z Trivia (AR) CH 3:15 *One on One with Marianna (QR) 4:00 Match the Lyrics (AR) CH 6:30 This Day in History (AR) K 7:00 Classical Music and Meditation (AR) K</p>	<p><b>HAPPY BIRTHDAY JULY BABIES</b> 9:30 Morning Conversations (AR) C 10:00 Stretch it Out (AR) C 10:30 <b>Newcomers Welcome Tea (AR) C</b> 11:00 Getting to Know You Speed Meet (AR) C 1:45 <b>Parachuting on the Patio (P) C</b> 2:30 Birthday Cake Social (AR) C 3:00 <b>Birthday Party Performance by JK Hodges! (AR) C</b> 4:15 After Party Wind Down (AC) C 6:30 <b>Reading Round Table (AC) E</b> 7:00 A Night at the Movies (AR) E <i>Conversations with Caregivers Support Group with Sabrina at 6:00pm</i></p>	<p>9:30 What's the Good Word? (AR) A 10:00 Fit Express (AR) A 10:30 The Syllables Game (AC) A 1:45 Keep it Up! (AR) A 1:45 *Horticultural Club (P) C 1:45 <b>Shabbat Service w/Rabbi Altman (CI) C</b> 2:30 Chips and Dip Social (AR) A 3:00 Friday's Feature Film (AR) A 4:15 Movie Review and Recap (AC) A 6:30 Puzzles and Ponderings (AR) CH 7:00 Music and Relaxation (AR) CH</p>	<p>9:30 Good Morning Conversation (AR) A 10:00 Morning Warm Up (AR) A 10:30 <b>Balloon Volleyball (AC) A</b> 10:30 *The Year Was 1994 (AR) M 1:45 <b>Billiards Club (BR) A</b> 1:45 *Magnetic Darts (AR) C 2:30 Sweet Saturday Social (AR) A 3:15 BINGO BLAST! (CK) A 4:00 Bristol Advice Column (AR) A 6:30 The Name Game (AR) C 7:00 Saturday's Classic Movies (AR) C</p>
<p>8:45 <b>Mass At St. Brigid's Chapel (LL) H</b> 9:30 News and Views (AR) CH 10:00 Strength and Stretch Sunday (AC) CH 10:30 Brain Games (AR) CH 11:00 *Relax and Adult Color (AC) CH 11:00 <b>Televised Mass (AR) CH</b> 1:45 *Sunday Bristol Stroll with Chris 2:30 Sunday Sundaes Social (AR) C 3:30 <b>Sunday's Scenic Drive H</b> 3:30 *Virtual Tour of Cabo Verde (AR) CH 4:15 Meditation and Relaxation (AR) CH 6:30 Game Night! (AR) C 7:00 Sunday Evening Movie (AR) C</p>	<p>9:30 Music and Motion (AR) CH 10:00 <b>News Currents Sr. (AR) CH</b> 11:00 <b>Picnic and Concert by Jim Papa at Lido Beach H</b> 1:45 Monday Matinee (AR) L 2:30 Popcorn and Soda Pop Social Hour (AR) L 3:15 <b>Chris's Rhythm and Drum Circle (P) CH</b> 4:00 Alphabet Word Race (AR) CH 6:00 <b>Katie's Spa on Wheels (AR) K</b> 7:00 Music and Meditation (AR) K</p>	<p><b>BEAUTY SALON AND MANICURE DAY</b> 9:30 Review the Day (AR) A 10:00 <b>Communion and Prayers (QR) A</b> 10:15 Fifteen Minute Fitness (AR) A 10:30 <b>Culinary Club (AR) A</b> 1:45 Horseshoes on the Patio (P) A 2:30 Patio Social and Refreshments (P) A 3:15 Musical Masterpiece Art Class (P) A 3:15 *Color by Number (P) A 4:00 Finish the Melody (AR) A 6:30 White Board Games (AR) E 7:00 Movie Night! (AR) E</p>	<p><b>ALL TRIPS AND PATIO ACTIVITIES ARE WEATHER PERMITTING</b>  <b>PROGRAMS ARE SUBJECT TO CHANGE WITH NOTICE. PLEASE REFER TO THE DAILY ACTIVITY SHEET LOCATED OUTSIDE OF OUR DINING ROOM FOR ANY UPDATES.</b>  <b>Please Contact Marianna Triolo, Recreation Director, with any questions regarding activities 516.918.4010</b></p>	<p><i>Breakfast—8:00am</i>  <i>Lunch—12:00pm</i>  <i>Dinner—5:00pm</i></p>	<p><b>ACTIVITY ROOM KEY</b> Sun Room—SR The Bistro Café—BC Art Studio—AS Activity Room—AR Quiet Room—QR Lobby—L Billiard Room—BR Dining Room—DR Cinema—CI Activity Center Lower Level—AC Patio—P <b>Bus Trip</b></p>	<p><b>Our Talented Staff</b>  Marianna Recreation Director M Amanda Recreation Assistant A Cloe Recreation Assistant, CDP C Chris Recreation Assistant CH Elizabeth Recreation Assistant E Katie Recreation Assistant K Lillian Recreation Assistant L Henri Bus Driver, CDL H Resident Led Resident Run Activity *Parallel Programming RL</p>