

# OCTOBER 2017

## REFLECTIONS ACTIVITIES CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>8:45 <b>Mass At St. Brigid's Chapel (LL) BD</b> 1</p> <p>9:30 What's New in the News? (AR) C</p> <p>10:00 Sunday Morning Stretch (AR) C</p> <p>11:00 Classical Music and Meditation (QR) C</p> <p>11:00 <b>Televised Mass (AR) C</b></p> <p>1:30 Bean Bag Bucket Toss (AR) C</p> <p>2:00 Celebrity Hangman (AR) C</p> <p>2:30 Sundae Social (DR) C</p> <p>3:00 Entertain Your Brain (AR) C</p> <p>3:45 Armchair Travel (AR) C</p> <p>6:30 Food J-I-N-G-O (AR) N</p> <p>7:00 Sunday Evening Movie (AR) N</p>	<p>9:30 Monday Morning Mingle (AR) C 2</p> <p>10:00 Tai Chi Program (AR) C</p> <p>10:30 <b>Musical Performance by John Braco (AR) C</b></p> <p>1:30 <b>Parachute Palooza (AR) C</b></p> <p>2:00 Finish the Proverb (DR) C</p> <p>2:30 Afternoon Social (DR) C</p> <p>3:00 Things That Go Together (AR) C</p> <p>3:45 Name That Tune (AR) C</p> <p>6:30 Number Sorting (AR) T</p> <p>7:00 Evening Serenades (AR) T</p>	<p><b>Beauty Salon and Manicure Day</b> 3</p> <p>9:30 Greet the Day (AR) A</p> <p>10:00 Wake Up and Stretch (AR) A</p> <p>10:00 <b>Communion and Prayers (QR) D</b></p> <p>10:30 Friendly Family Feud (AR) C</p> <p>10:30 Decorating For the Fall (AR) A</p> <p>11:15 Anagram Word Game: AUTUMN (AR) A</p> <p>1:30 <b>Keep it Up! (AR) A</b></p> <p>2:30 Afternoon Social: Tea Tasting (DR) A</p> <p>3:00 Men's Club (P) C</p> <p>3:00 Women's Club (P) A</p> <p>6:30 Words with Friends (AR) E</p> <p>7:00 Movie Night! (AR) E</p>	<p><b>Golden Tone Orchestra Show BD</b> 4</p> <p>9:30 Ask Amanda! (AR) A</p> <p>10:00 Movin' and Groovin' (AR) A</p> <p>10:30 Cooking in the Kitchen: Spider Crackers (AR) A</p> <p>11:00 Kitchen Clean-up Detail (AR) A</p> <p>1:30 Bucket Bean Bag Toss (AR) A</p> <p>2:15 <b>Pumpkin Picking at Hicks Nursery BD</b></p> <p>2:30 Afternoon Social (DR) A</p> <p>3:30 <b>Art Expressions (AR) A</b></p> <p>3:30 <b>Movie Matinee in the Cinema! (AR) C</b></p> <p>6:30 Evening BINGO Games (AR) E</p> <p>7:00 Classical Music and Meditation (AR) E</p>	<p><b>SUKKOT</b> 5</p> <p>9:30 Thursday's Daily Chronical (AR) C</p> <p>10:00 Early Bird Workout (AR) C</p> <p>10:30 You Be the Judge (AR) C</p> <p>11:00 October in History (AR) C</p> <p>1:30 <b>Drum Circle (AR) C</b></p> <p>2:15 <b>Sukkot Celebrations in the Sunroom (SR)</b></p> <p>2:30 Afternoon Social (DR) C</p> <p>3:00 Name that Character (AR) C</p> <p>3:45 Can You Picture This? (AR) C</p> <p>6:30 Go Fish! (AR) E</p> <p>7:00 A Night at the Movies (AR) E</p>	<p>9:30 What's the Good Word? (AR) A 6</p> <p>10:00 Light and Lively (AR) A</p> <p>10:30 Arts and Crafts: Pumpkin Painting (AR) A</p> <p>1:30 Remember When (AR) A</p> <p>1:45 <b>Shabbat Service w/Rabbi Altman (CI) Ma</b></p> <p>2:00 SPOONS! (AR) A</p> <p>2:30 Afternoon Social (DR) A</p> <p>3:00 Friday's Feature Film (AR) A</p> <p>6:30 Scategories (AR) T</p> <p>7:00 Music and Relaxation (AR) T</p>	<p>9:30 Good Morning Conversation (AR) A 7</p> <p>10:00 Let's Get Physical! (AR) A</p> <p>10:30 Balloon Volleyball (AC) A</p> <p>10:30 Sing a Long (AR) Ma</p> <p>11:00 Threptic Coloring (AR) Ma</p> <p>1:30 Rhythm and Movement (AR) A</p> <p>2:00 Decky Match (AR) A</p> <p>2:30 Afternoon Social (DR) A</p> <p>3:00 BINGO BLAST! (AR) A</p> <p>3:45 Puzzles and Ponderings (AR) A</p> <p>6:30 Poetry Corner (AR) T</p> <p>7:00 Saturday's Classic Movies (AR) T</p>
<p>8:45 <b>Mass At St. Brigid's Chapel (LL) BD</b> 8</p> <p>9:30 What's New in the News? (AR) C</p> <p>10:00 Sunday Strength Training (AR) C</p> <p>11:00 Pairing and Sorting (QR)</p> <p>11:00 <b>Televised Mass (AR) C</b></p> <p>1:30 Seated Stretch (AR) C</p> <p>2:00 <b>Protestant Services (CI) Sh</b></p> <p>2:00 Winning Words (AR) C</p> <p>2:30 Sundae Social (DR) C</p> <p>3:00 The Price is Left (AR) C</p> <p>3:45 Armchair Travel (AR) C</p> <p>6:30 Celebrity Name Game (AR) N</p> <p>7:00 Sunday Evening Movie (AR) N</p>	<p><b>COLUMBUS DAY</b> 9</p> <p>9:30 Monday Morning Mingle (AR) C</p> <p>10:00 Tai Chi Program (AR) C</p> <p>10:30 DIY Project: Magnetic Compass (AR) C</p> <p>11:00 Mind Stretch (AR) C</p> <p>1:30 <b>Parachute Palooza (AR) C</b></p> <p>2:00 <b>Columbus Day Discussion and Trivia (AR) C</b></p> <p>2:30 Afternoon Social (DR) C</p> <p>3:00 Who am I? (AR) C</p> <p>3:45 Random Trivia (AR) C</p> <p>6:30 Simple Scrabble (AR) T</p> <p>7:00 Music and Meditation (AR) T</p>	<p><b>Beauty Salon and Manicure Day</b> 10</p> <p>9:30 Greet the Day! (AR) A</p> <p>9:45 Let's Get Moving (AR) A</p> <p>10:00 <b>Communion and Prayers (QR) D</b></p> <p>10:00 <b>Brain Games: Word Association (AR) C</b></p> <p>10:45 Arts and Crafts: Leaf Wreath (AR) A</p> <p>1:30 <b>Keep it Up! (AR) A</b></p> <p>2:15 <b>Scenic Drive to See Halloween Deco BD</b></p> <p>2:30 Afternoon Social (DR) A</p> <p>3:30 Reading Round Table (AR) A</p> <p>3:45 Reminiscing with Vintage Photos (AR) A</p> <p>6:30 Word in a Word Game (AR) E</p> <p>7:00 Movie Night! (AR) E</p>	<p><b>FALL HARVEST FESTIVAL</b> 11</p> <p><b>Non Perishable Food Drive in the Lobby</b></p> <p>9:30 Ask Amanda! (AR) A</p> <p>10:00 Movement with Scarves (AR) A</p> <p>10:15 <b>Trip to the Library BD</b></p> <p>10:30 Cooking in the Kitchen: Ghost Kabobs (AR) A</p> <p>11:00 Kitchen Clean-up Detail (AR) A</p> <p>1:30 Ribbon and Rhythm (AR) A</p> <p>2:30 <b>Apple Cider Social (DR) A</b></p> <p>3:00 <b>Walk and Talk to the Fall Harvest Festival (AC) C</b></p> <p>3:15 <b>Performance By Joey D! (AC) A</b></p> <p>6:30 Evening BINGO Games (AR) E</p> <p>7:00 Favorite Hits: Frank Sinatra (AR) E</p>	<p><b>RELAXANTION AND SPA MORNING</b> 12</p> <p>9:30 <b>Massage Therapy with Fran (AR) C</b></p> <p>10:30 YOGA and Meditation (AR) C</p> <p>11:00 Power Juice Bar (DR) C</p> <p>11:00 Music and Meditation (QR) S</p> <p>1:30 <b>Drum Circle (AR) C</b></p> <p>2:30 Afternoon Social (DR) C</p> <p>3:00 Musical Masterpiece (AR) C</p> <p>3:45 Guess the Soothing Scent (AR) C</p> <p>6:30 Card Match Game (AR) E</p> <p>7:00 A Night at the Movies (AR) E</p>	<p>9:30 What's the Good Word? (AR) A 13</p> <p>10:00 Light and Lively (AR) A</p> <p>10:30 Arts and Crafts: Mascaraed Masks (AR) A</p> <p>1:30 Remember When (AR) A</p> <p>1:45 <b>Shabbat Service w/Rabbi Altman (CI) Ma</b></p> <p>2:00 SPOONS! (AR) A</p> <p>2:30 Afternoon Social (DR) A</p> <p>3:00 Friday's Feature Film (AR) A</p> <p>6:30 JENGA! (AR) T</p> <p>7:00 Reminiscing with Music (AR) T</p>	<p>9:30 Good Morning Conversation (AR) A 14</p> <p>10:00 Let's Get Physical! (AR) A</p> <p>10:30 Balloon Volleyball (AC) A</p> <p>10:30 Sing a Long (AR) Ma</p> <p>11:00 Music and Mandalas (AR) Ma</p> <p>1:30 Afternoon Stretch (AR) A</p> <p>2:00 Gone Fishing (AR) A</p> <p>2:30 Afternoon Social (DR) A</p> <p>3:00 BINGO BLAST! (AR) A</p> <p>3:45 Minute to Win It! (AR) A</p> <p>6:30 Random Trivia (AR) T</p> <p>7:00 Saturday's Classic Movies (AR) T</p>
<p>8:45 <b>Mass At St. Brigid's Chapel (LL) BD</b> 15</p> <p>9:30 What's New in the News? (AR) C</p> <p>10:00 Morning Stretch (AR) C</p> <p>11:00 Nostalgic Hits (QR) Sh</p> <p>11:00 <b>Televised Mass (AR) C</b></p> <p>1:30 Chair Dancing (DR) C</p> <p>2:00 Name 10 (AR) C</p> <p>2:30 Sundae Social (DR) C</p> <p>3:00 Let's Make a Trivial Deal (AR) C</p> <p>3:45 Armchair Travel (AC) C</p> <p>6:30 Dominoes (AR) N</p> <p>7:00 Sunday Evening Movie (AR) N</p>	<p>9:30 Monday Morning Mingle (AR) C 16</p> <p>10:00 Tai Chi Program (AR) C</p> <p>10:30 Make a Word (AR) C</p> <p>11:00 It Happened In October (AR) C</p> <p>1:30 <b>Music Therapy with Patty Kaiser (AR) C</b></p> <p>2:30 Afternoon Social (DR) C</p> <p>3:00 <b>Parachute Palooza (AR) C</b></p> <p>3:45 Finish the Lyric (AR) C</p> <p>6:30 Guess the Music (AR) T</p> <p>7:00 Evening Serenades (AR) T</p>	<p><b>Beauty Salon and Manicure Day</b> 17</p> <p><b>WEAR YOUR FAVORITE SWEATER</b></p> <p>9:30 Greet the Day! (AR) A</p> <p>10:00 Tuesday's Tone and Trim (AR) A</p> <p>10:00 <b>Communion and Prayers (QR) D</b></p> <p>10:30 <b>Cranium Crunches: Homonyms (AR) C</b></p> <p>10:30 Color By Numbers (QR) A</p> <p>11:00 Supermarket Math Mania (AR) A</p> <p>1:30 <b>Keep it Up! (AR) A</b></p> <p>2:15 <b>Scenic Drive To Bayville BD</b></p> <p>3:00 Can You Picture This? (AR) A</p> <p>3:00 <b>Sweater Weather Social (DR) A</b></p> <p>3:45 Reading Round Table (P) A</p> <p>6:30 Words Beginning With... (AR) E</p> <p>7:00 Movie Night! (AR) E</p>	<p>9:30 Ask Amanda! (AR) A 18</p> <p>10:00 <b>Puppies Visit From North Shore (AR) A</b></p> <p>10:30 Music and Movement (AR) A</p> <p>11:00 Cooking in the Kitchen: Graveyard Pudding Cups (AR) A</p> <p>11:30 <b>Lunch Outing : TGI Friday's BD</b></p> <p>11:30 Kitchen Clean-up Detail (AR) A</p> <p>1:30 Dancing Through the Decades (AR) A</p> <p>2:30 Afternoon Social (DR) A</p> <p>3:30 <b>Art Expression (AR) A</b></p> <p>3:30 <b>Movie Matinee in the Cinema! (LL) C</b></p> <p>6:30 Evening BINGO Games (AR) E</p> <p>7:00 Favorite Hits: Rodgers and Hammerstein (AR) E</p>	<p>9:30 Thursday's Daily Chronical (AR) C 19</p> <p>10:00 Early Bird Workout (AR) C</p> <p>10:30 Word in a Word Game (AR) C</p> <p>11:00 This Day in History (AR) S</p> <p>1:30 <b>Drum Circle (AR) C</b></p> <p>2:30 Afternoon Social (DR) C</p> <p>3:00 Finish the Rhyme (AR) C</p> <p>3:45 Find the Word (AR) C</p> <p>6:30 Table Topics (AR) E</p> <p>7:00 A Night at the Movies (AR) E</p>	<p>9:30 What's the Good Word? (AR) A 20</p> <p>10:00 Light and Lively (AR) A</p> <p>10:30 Arts and Crafts: Ceramics (AR) A</p> <p>1:30 Remember When (AR) A</p> <p>1:45 <b>Shabbat Service w/Rabbi Altman (CI) Ma</b></p> <p>2:00 SPOONS! (AR) A</p> <p>2:30 Afternoon Social (DR) A</p> <p>3:00 Friday's Feature Film (AR) A</p> <p>6:30 I Hear Memories (AR) T</p> <p>7:00 Music and Relaxation (AR) T</p>	<p>9:30 Good Morning Conversation (AR) A 21</p> <p>10:00 Let's Get Physical! (AR) A</p> <p>10:30 Balloon Volleyball (AC) A</p> <p>10:30 Sing a Long (AR) Ma</p> <p>11:00 Coloring Scenic Stencils (AR) Ma</p> <p>1:30 Mind and Body Exercise (AR) A</p> <p>2:00 The Price is Right (AR) A</p> <p>2:30 Afternoon Social (DR) A</p> <p>3:00 BINGO BLAST! (AR) A</p> <p>3:45 Cut the Cards (AR) A</p> <p>6:30 Favorite Card Games (AR) T</p> <p>7:00 Saturday's Classic Movies (AR) T</p>
<p>8:45 <b>Mass At St. Brigid's Chapel (LL) Sh</b> 22</p> <p>9:30 What's New in the News? (AR) C</p> <p>10:00 Stretch it Out! (AR) C</p> <p>11:00 Bird Watching (P) Sh</p> <p>11:00 <b>Televised Mass (AR) C</b></p> <p>1:30 Soccer Circle (AR) C</p> <p>2:00 <b>Protestant Services (CI) Sh</b></p> <p>2:00 Words Beginning with... (AR) C</p> <p>2:30 Sundae Social (DR) C</p> <p>3:00 Alphabetic Trivia (AR) C</p> <p>3:45 Armchair Travel (AR) C</p> <p>6:30 Deck Match (AR) N</p> <p>7:00 Sunday Evening Movie (AR) N</p>	<p>9:30 Monday Morning Mingle (AR) C 23</p> <p>10:00 Tai Chi Program (AR) C</p> <p>10:30 Mind Benders (AR) C</p> <p>11:00 Creative Writing (AR) C</p> <p>1:30 <b>Parachute Palooza (AR) C</b></p> <p>2:30 Afternoon Social (DR) C</p> <p>3:00 Knock, Knock Jokes (AR) C</p> <p>3:45 Friendly Family Feud (AR) C</p> <p>6:30 Category Trivia (AR) T</p> <p>7:00 Music and Meditation (AR) T</p>	<p><b>Beauty Salon and Manicure Day</b> 24</p> <p>9:30 Greet the Day! (AR) A</p> <p>10:00 Wake up and Work Out (AR) A</p> <p>10:00 <b>Communion and Prayers (QR) D</b></p> <p>10:15 <b>Scenic Drive To See Foliage Change BD</b></p> <p>10:15 <b>Hofstra BBU: Halloween (CI) C</b></p> <p>11:45 Fine Dining (PDR) A</p> <p>1:30 <b>Keep it Up! (AR) A</b></p> <p>2:00 <b>Sing A Long with Joe Mulligan (AR) A</b></p> <p>2:30 Afternoon Social (DR) A</p> <p>3:30 Reading Round Table (P) A</p> <p>6:30 Spelling Bee Practice (AR) E</p> <p>7:00 Movie Night! (AR) E</p>	<p>9:30 Ask Amanda! (AR) A 25</p> <p>10:00 Fit Express (AR) A</p> <p>10:30 Cooking in the Kitchen: Mummy Pizza (AR) A</p> <p>11:00 Kitchen Clean-up Detail (AR) A</p> <p>11:30 <b>Lunch Trip To Friendly's BD</b></p> <p>1:30 Chair Dancing Around the World (AR) A</p> <p>2:30 Afternoon Social (DR) A</p> <p>3:30 <b>Art Expressions (AR) A</b></p> <p>3:30 <b>Movie Matinee in the Cinema! (LL) C</b></p> <p>6:30 Evening BINGO Games (AR) E</p> <p>7:00 Favorite Hits: Broadway Classics (AR) E</p>	<p>9:30 Thursday's Daily Chronical (AR) C 26</p> <p>10:00 Early Bird Workout (AR) C</p> <p>10:30 Sights and Smells of Fall (AR) C</p> <p>10:30 <b>Chef Rob's Cooking Demonstration (AR) S</b></p> <p>1:30 <b>Drum Circle (AR) C</b></p> <p>2:00 The Guessing Game (AR) C</p> <p>2:30 Afternoon Social (DR) C</p> <p>3:00 Noodling Around (AR) C</p> <p>3:45 Round Robin Stories (AR) C</p> <p>6:30 Category Word Game (AR) E</p> <p>7:00 A Night at the Movies (AR) E</p>	<p>9:30 What's the Good Word? (AR) A 27</p> <p>10:00 Light and Lively (AR) A</p> <p>10:30 Arts and Crafts: Watercolors (AR) A</p> <p>1:30 Remember When (AR) A</p> <p>1:45 <b>Shabbat Service w/Rabbi Altman (CI) Ma</b></p> <p>2:00 SPOONS! (AR) A</p> <p>2:30 Afternoon Social (DR) A</p> <p>3:00 Friday's Feature Film (AR) A</p> <p>6:30 Who Am I? (AR) T</p> <p>6:30 <b>Monthly Care Giver's Support Group (AR)</b></p> <p>7:00 Reminiscing with Music (AR) T</p>	<p>9:30 Good Morning Conversation (AR) A 28</p> <p>10:00 Let's Get Physical! (AR) A</p> <p>10:30 Balloon Volleyball (AC) A</p> <p>10:30 Sing a Long (AR) Ma</p> <p>11:00 Freehand Drawing (AR) RCA</p> <p>1:30 30 Minute Meditation (AR) A</p> <p>2:00 <b>Bananagram Spelling Bee (AR) A</b></p> <p>2:30 Afternoon Social (DR) A</p> <p>3:00 BINGO BLAST! (AR) A</p> <p>3:45 Giant Word Search (AR) A</p> <p>6:30 Who, What, When (AR) T</p> <p>7:00 Saturday's Classic Movies (AR) T</p>
<p><b>BIRTHDAY PARTY!</b> 29</p> <p>8:45 <b>Mass At St. Brigid's Chapel (LL) Sh</b></p> <p>9:30 What's New in the News? (AR) C</p> <p>10:00 Seated Yoga (AR) C</p> <p>11:00 Body and Soul Meditation (QR) Sh</p> <p>11:00 Televised Mass (AR) C</p> <p>1:30 Mindful Stretch (AR) C</p> <p>2:00 Birthday Quiz (AR) C</p> <p>2:30 <b>Birthday Cake Social (DR) C</b></p> <p>3:00 <b>Performance by Everett Greenberg (AR) C</b></p> <p>6:30 Sequencing (AR) N</p> <p>7:00 Sunday Evening Movie (AR) N</p>	<p>9:30 Monday Morning Mingle (AR) C 30</p> <p>10:00 Tai Chi Program (AR) C</p> <p>10:30 Chris' Music Class (AR) C</p> <p>11:15 Musical Performances (AR) C</p> <p>1:30 <b>Music Therapy with Patty Kaiser (AR) C</b></p> <p>2:30 Afternoon Social (DR) C</p> <p>3:00 <b>Parachute Palooza (AR) C</b></p> <p>3:45 Rhyme Time (AR) C</p> <p>6:30 Uno Card Game (AR) T</p> <p>7:00 Evening Serenades (AR) T</p>	<p><b>Beauty Salon and Manicure Day</b> 31</p> <p><b>HALLOWEEN</b></p> <p>9:30 Greet the Day! (AR) A</p> <p>10:00 Witch Workout (AR) A</p> <p>10:00 <b>Communion and Prayers (QR) D</b></p> <p>10:30 Discussion: Superstition Origins (AR) A</p> <p>11:00 Name That Halloween Tune! (AR) A</p> <p>1:30 <b>Amanda's Halloween Costume Bar (AR) A</b></p> <p>2:30 Afternoon Social (DR) A</p> <p>3:00 Walk and Talk to the Halloween Party (AR) A</p> <p>3:15 <b>Halloween Party, Costume Contest and Performance by the Bay City Ramblers (AR) A</b></p> <p>4:00 Reading Round Table: Short Story by Shell Silverstein (AR) A</p> <p>6:30 Movie Night: Hocus Pocus (AR) E</p>	<p><b>Our Talented Staff</b></p> <p>AMANDA A</p> <p>BUS DRIVER BD</p> <p>CHRIS C</p> <p>ELIZABETH E</p> <p>KATIE K</p> <p>MARIANNA M</p> <p>MARTHA Ma</p> <p>NATALIE N</p> <p>RESIDENT LED RL</p> <p>SHIRBY Sh</p> <p>TRACY T</p>	<p><b>ACTIVITY ROOM KEY</b></p> <p>Sun Room—SR</p> <p>The Bistro Café—BC</p> <p>Activity Room—AR</p> <p>Quiet Room—QR</p> <p>Billiard Room—BR</p> <p>Dining Room—DR</p> <p>Cinema—CI</p> <p>Activity Center Lower Level—AC</p> <p>Patio—P</p> <p><b>Bus Trip</b></p>	<p><b>ALL TRIPS ARE WEATHER PERMITTING</b></p> <p><b>PROGRAMS ARE SUBJECT TO CHANGE WITH NOTICE. PLEASE REFER TO THE DAILY ACTIVITY SHEET LOCATED OUTSIDE OF OUR DINING ROOM FOR ANY UPDATES</b></p> <p><b>Please Contact Marianna Triolo, Recreation Director, with any questions.</b></p> <p><b>516.918.4010</b></p>	<p><b>SPECIAL EVENTS</b></p> <p><b>FALL HARVEST FESTIVAL 10/11</b></p> <p><b>BIRTHDAY PARTY 10/29</b></p> <p><b>Halloween Spooktacular 10/31</b></p>