

OCTOBER 2018

REFLECTIONS ACTIVITIES CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Breakfast - 8:00am</i></p> <p><i>Lunch - 12:00pm</i></p> <p><i>Dinner - 5:00pm</i></p>	<p>9:30 Morning Meet & Greet (AR) CH 1</p> <p>10:00 Rhythm & Movement (AR) CH</p> <p>10:30 Comedy Hour (AR) CH</p> <p>11:00 Human Body Trivia (AR) CH</p> <p>1:30 Drum Circle with Chris (AR) CH</p> <p>1:30 Relaxation Music and Coloring (QR) CH</p> <p>2:15 Name that Tune Social Hour (DR) CH</p> <p>3:30 Bingo Bonanza (DR) A</p> <p>4:30 Walk Down Memory Lane (DR) A</p> <p>6:30 Katie's Spa on Wheels (AR)</p> <p>7:00 Music and Meditation (AR) K</p>	<p>BEAUTY SALON AND MANICURE DAY 2</p> <p>9:30 Morning Conversations (AR) A</p> <p>10:00 Communion and Prayers (QR) A</p> <p>10:30 Making Candy Popcorn (AR) A</p> <p>11:00 Soothing Music (QR) A</p> <p>11:00 Adult Coloring (AR) A</p> <p>1:30 Let's Work Out (AR) A</p> <p>2:15 Social Hour with Frank Sinatra (AR) A</p> <p>3:30 Halloween Wreaths (AR) A</p> <p>4:30 High Roller Dice Game (AR) A</p> <p>6:30 Music Styling with Liz (AR) E</p> <p>7:00 Movie Night! (AR) E</p>	<p>9:30 Good Morning America (AR) CH 3</p> <p>10:00 Morning Stretch (AR) CH</p> <p>10:30 Knock-Knock Jokes (AR) CH</p> <p>11:00 Silent Film Comedies w/ Live Music (AR) CH</p> <p>1:30 Get Active (AR) CH</p> <p>2:00 Doughnut Run and Scenic Drive H</p> <p>2:15 Happy Hour Social (DR) CH</p> <p>3:30 Break the Ice (AR) CH</p> <p>4:30 Cool Down! (AR) CH</p> <p>6:30 Independent Stimulus Cart (AR) K</p> <p>7:00 Classical Music and Meditation (AR) K</p>	<p>9:30 Pumpkin Shopping at Hick's H 4</p> <p>9:30 Review the Day (AR) CH</p> <p>10:00 Get Fit (AR) CH</p> <p>10:30 Name 10... (AR) CH</p> <p>11:00 Minute it to Win it! (AR) CH</p> <p>1:30 Floor Hockey (AR) CH</p> <p>2:15 Thursday Social Hour (DR) CH</p> <p>3:15 Piano Performance by John Clancy (AC) CH</p> <p>4:30 Youtube: Cute Puppies (AR) CH</p> <p>6:30 Table Top Games (AR) E</p> <p>7:00 A Night at the Movies (AR) E</p>	<p>9:30 Coffee and Chit Chat (AR) A 5</p> <p>10:00 Staying Fit (AR) A</p> <p>10:30 Cooking Class with Amanda (CK) A</p> <p>10:30 Mandel Coloring (AR) A</p> <p>11:00 Music and Meditation (AR) A</p> <p>1:30 Shabbat Services w/ Rabbi Altman (CI) A</p> <p>2:15 Popcorn and Soda Social (R) A</p> <p>3:30 Friday's Feature Film (AR) A</p> <p>4:30 Movie Review and Recap (AR) A</p> <p>6:30 Independent Stimulus Cart (AR) C</p> <p>7:00 Music and Relaxation (AR) C</p>	<p>9:30 Review the Day (AR) A 6</p> <p>10:00 Morning Warm-Up (AR) A</p> <p>10:30 Balloon Volleyball (DR) E</p> <p>10:30 Relaxation and Coloring (AR) A</p> <p>1:30 Keep it Up (AR) A</p> <p>1:30 Soothing Music (QR) C</p> <p>2:15 Saturday Social (DR) A</p> <p>3:30 Bingo Bonanza (DR) A</p> <p>4:30 Fun Facts (DR) A</p> <p>6:30 Hand Massages with Music (AR) C</p> <p>7:00 Saturday's Classic Movies (AR) C</p>
<p>8:45 Mass At St. Brigid's Chapel H 7</p> <p>9:30 What's New in the News? (AR) CH</p> <p>10:00 Exercise with Music (AR) CH</p> <p>10:30 What in the World (AR) CH</p> <p>11:00 Reminiscing on Youtube (QR) C</p> <p>11:00 Televised Mass (AR) CH</p> <p>1:30 Keyboard Performance (AR) CH</p> <p>2:15 Sunday Sundae Social (DR) CH</p> <p>3:00 Famous Movie Titles (DR) C</p> <p>3:15 Sunday's Scenic Tour H</p> <p>3:30 Virtual Tour (AR) CH</p> <p>4:00 Crosswords (AR) CH</p> <p>4:30 Meditation and Relaxation (AR) C</p> <p>6:55 Game Night! (AR) C</p> <p>7:00 Sunday Evening Movie (AR) C</p>	<p>COLUMBUS DAY 8</p> <p>9:30 Morning Mingle (AR) CH</p> <p>10:00 Tai Chi with a Beat (AR) CH</p> <p>10:30 Family Feud (AR) CH</p> <p>11:00 Columbus Day Trivia (AR) CH</p> <p>1:30 Drum Circle with Chris (AR) CH</p> <p>1:30 Relaxation Music and Coloring (QR) CH</p> <p>2:15 Music and Social Hour (DR) CH</p> <p>3:30 Bingo Bonanza (AR) A</p> <p>4:30 High Roller Dice Game (AR) A</p> <p>6:30 Katie's Spa on Wheels (AR)</p> <p>7:00 Music and Meditation (AR) K</p>	<p>BEAUTY SALON AND MANICURE DAY 9</p> <p>9:30 Good Morning Bristol (AR) A</p> <p>10:00 Communion and Prayers (QR) A</p> <p>10:30 Lets Make Ghost Kebabs (AR) A</p> <p>11:00 Soothing Music (QR) A</p> <p>11:00 Adult Coloring (AR) A</p> <p>1:30 Afternoon Fitness (AR) A</p> <p>2:15 Social Hour with Dean Martin (DR) A</p> <p>3:30 Popsicle Stick Scare Crow (AR) A</p> <p>4:30 Table Topic (AR) A</p> <p>6:30 Music Styling with Liz (AR) E</p> <p>7:00 Movie Night (AR) E</p>	<p>9:30 Rise and Shine Conversations (AR) CH 10</p> <p>10:00 Men's Club with Henri (BR) H</p> <p>10:00 Morning Stretch (AR) CH</p> <p>10:30 Puppy Therapy with NSAL (AR) CH</p> <p>11:00 Current Events with Chis (AR) CH</p> <p>1:30 Get Active (AR) CH</p> <p>2:00 Afternoon Scenic Drive H</p> <p>2:15 Happy Hour Social (DR) CH</p> <p>3:30 Lets Bowl! (AR) CH</p> <p>4:30 Word Searches (AR) CH</p> <p>6:30 Independent Stimulus Cart (AR) K</p>	<p>9:30 Trip for a Planetarium and Dome Theater Show H 11</p> <p>9:30 Coffee and Headlines (AR) CH</p> <p>10:00 Parachute Ball (AR) CH</p> <p>10:30 Deck Match (AR) CH</p> <p>11:00 Geography Quiz (AR) CH</p> <p>1:30 Strong Seniors (AR) CH</p> <p>2:15 Thursday Social Hour (DR) CH</p> <p>3:15 Accordion Performance by Greg (AC) CH</p> <p>4:30 Youtube: Funny Babies (AR) CH</p> <p>6:30 Finish the Lyric (AR) E</p> <p>7:00 A Night at the Movies (AR) E</p>	<p>9:30 What's the Good Word? (AR) A 12</p> <p>10:00 Fit Express (AR) A</p> <p>10:30 Oktoberfest Collages (AC) A</p> <p>11:00 Music and Meditation (AR) A</p> <p>1:30 Shabbat Services w/ Rabbi Altman (CI) A</p> <p>2:00 Pet Land Animal Show (DR) A</p> <p>2:15 Popcorn and Soda Social (DR) A</p> <p>3:30 Friday's Feature Film (AR) A</p> <p>4:30 Movie Review and Recap (AR) A</p> <p>6:30 Independent Stimulus Cart (AR) C</p> <p>7:00 Music and Relaxation (AR) C</p>	<p>9:30 Greet the Day (AR) A 13</p> <p>10:00 Morning Warm-Up (AR) A</p> <p>10:30 Balloon Volleyball (DR) E</p> <p>10:30 Music and Coloring (AR) A</p> <p>1:30 Chair Exercise (AR) A</p> <p>1:30 Soothing Music (QR) C</p> <p>2:15 Saturday Social (DR) A</p> <p>3:30 Bingo Bonanza (DR) A</p> <p>4:30 Fall Trivia (AR) A</p> <p>6:30 Free-Hand Art (AR) C</p> <p>7:00 Saturday's Classic Movies (AR) C</p>
<p>8:45 Mass At St. Brigid's Chapel H 14</p> <p>9:30 What's New in the News? (AR) CH</p> <p>10:00 Exercise with Music (AR) CH</p> <p>10:30 Work your Brain (AR) CH</p> <p>11:00 Remember When (QR) AR</p> <p>11:00 Televised Mass (AR) CH</p> <p>1:30 Keyboard Performance (AR) CH</p> <p>2:15 Sunday Sundae Social (DR) AR</p> <p>3:00 Music Therapy (DR) AR</p> <p>3:15 Sunday's Scenic Tour H</p> <p>3:30 Virtual Tour (AR) CH</p> <p>4:00 Crosswords (AR) CH</p> <p>4:30 Table Topics</p> <p>6:55 Game Night! (AR) C</p> <p>7:00 Sunday Evening Movie (AR) C</p>	<p>9:30 Morning Meet & Greet (AR) CH 15</p> <p>10:00 Rhythm & Movement (AR) CH</p> <p>10:30 Price Is Right (AR) CH</p> <p>11:00 Spot The Difference (AR) CH</p> <p>1:30 Music Therapy with Patty Kaiser (DR) CH</p> <p>1:30 Relaxation Music and Coloring (QR) CH</p> <p>2:15 Name that Tune Social Hour (DR) CH</p> <p>3:30 Bingo Bonanza (AR) A</p> <p>4:30 Mandala Art (AR) A</p> <p>6:30 Katie's Spa on Wheels (AR)</p> <p>7:00 Music and Meditation (AR) K</p>	<p>BEAUTY SALON AND MANICURE DAY 16</p> <p>9:30 Morning Conversations (AR) A</p> <p>10:00 Communion and Prayers (QR) A</p> <p>10:30 Lets Decorate for Halloween (AR) A</p> <p>11:00 Soothing Music (QR) A</p> <p>11:00 Adult Coloring (AR) A</p> <p>1:30 Let's Work Out (AR) A</p> <p>2:15 Social Hour with Doris Day (DR) A</p> <p>3:30 Pumpkin Painting (AR) A</p> <p>4:30 Giant Spoons Game (AR) A</p> <p>6:30 Music Styling with Liz (AR) E</p> <p>7:00 Movie Night (AR) E</p>	<p>OKTOBERFEST 17</p> <p>9:30 Good Morning America (AR) CH</p> <p>10:00 Morning Stretch (AR) CH</p> <p>10:30 Knock-Knock Jokes (AR) CH</p> <p>11:00 Current Events with Chis (AR) CH</p> <p>12:00 Oktoberfest Luncheon (DR)</p> <p>1:30 Get Active (AR) CH</p> <p>2:15 Pretzels Social (DR) CH</p> <p>3:15 Performance by The Bay City Ramblers (AC) CH</p> <p>4:30 Fall Anagrams (AR) CH</p> <p>6:30 Independent Stimulus Cart (AR) K</p> <p>7:00 Classical Music and Meditation (AR) K</p>	<p>9:30 Review the Day (AR) CH 18</p> <p>10:00 Get Fit (AR) CH</p> <p>10:30 Performance by John Brocco (AR) CH</p> <p>11:30 Which Animal Am I? (AR) CH</p> <p>1:30 Floor Hockey (AR) CH</p> <p>2:15 Thursday Social Hour (AR) CH</p> <p>3:30 Bingo Bonanza (AR) CH</p> <p>4:30 Youtube: Funny Videos (AR) CH</p> <p>6:30 Fun Facts about October (AR) E</p> <p>7:00 A Night at the Movies (AR) E</p>	<p>9:30 Coffee and Chit Chat (AR) A 19</p> <p>10:00 Staying Fit (AR) A</p> <p>10:30 Cooking Class with Amanda (CK) A</p> <p>11:00 Music and Meditation (AR) A</p> <p>1:30 Shabbat Services w/ Rabbi Altman (CI) A</p> <p>2:15 Popcorn and Soda Social (AR) A</p> <p>3:30 Friday's Feature Film (AR) A</p> <p>4:30 Movie Review and Recap (AR) A</p> <p>6:30 Independent Stimulus Cart (AR) C</p> <p>7:00 Music and Relaxation (AR) C</p>	<p>9:30 Review the Day (AR) A 20</p> <p>10:00 Morning Warm-Up (AR) A</p> <p>10:30 Balloon Volleyball (DR) E</p> <p>10:30 Relaxation and Coloring (AR) A</p> <p>1:30 Keep it Up (AR) A</p> <p>1:30 Soothing Music (QR) C</p> <p>2:15 Saturday Social (DR) A</p> <p>3:30 Bingo Bonanza (DR) A</p> <p>4:30 Halloween Trivia (AR) A</p> <p>6:30 Hand Massages with Music (AR) C</p> <p>7:00 Saturday's Classic Movies (AR) C</p>
<p>8:45 Mass At St. Brigid's Chapel H 21</p> <p>9:30 What's New in the News? (AR) H</p> <p>10:00 Exercise with Music (AR) CH</p> <p>10:30 Alphabetic Trivia (AR) CH</p> <p>11:00 Can You Picture This (QR) AR</p> <p>11:00 Televised Mass (AR) CH</p> <p>1:30 Keyboard Performance (AR) CH</p> <p>2:15 Sunday Sundae Social (DR) CH</p> <p>3:00 Guess the President (DR) CH</p> <p>3:15 Sunday's Scenic Tour H</p> <p>3:30 Virtual Tour (AR) CH</p> <p>4:00 Crosswords (AR) CH</p> <p>4:30 Comedy Hour (AR)</p> <p>6:55 Game Night! (AR) C</p> <p>7:00 Sunday Evening Movie (AR) C</p>	<p>9:30 Morning Mingle (AR) CH 22</p> <p>10:00 Tai Chi with a Beat (AR) CH</p> <p>10:30 King Pinball Club (AR) CH</p> <p>11:00 Name Five (AR) H</p> <p>1:30 Drum Circle with Chris (AR) CH</p> <p>1:30 Relaxation Music and Coloring (QR) CH</p> <p>2:15 Music and Social Hour (DR) CH</p> <p>3:30 Bingo Bonanza (AR) A</p> <p>4:30 Walk Down Memory Lane (AR) A</p> <p>6:00 After Dinner Concert with Vance (DR) K</p> <p>7:00 Music and Meditation (AR) K</p>	<p>BEAUTY SALON AND MANICURE DAY 23</p> <p>9:30 Good Morning Bristol (AR) A</p> <p>10:00 Communion and Prayers (QR) A</p> <p>10:30 Lets Make Mummy Pizza (AR) A</p> <p>11:00 Soothing Music (QR) A</p> <p>11:00 Adult Coloring (AR) A</p> <p>1:30 Afternoon Fitness (AR) A</p> <p>2:15 Social Hour with Nat King Cole (DR) A</p> <p>3:30 Stamped Pumpkin (AR) A</p> <p>4:30 Deck Match (AR) A</p> <p>6:30 Music Styling with Liz (AR) E</p> <p>7:00 Movie Night (AR) E</p>	<p>9:30 Rise and Shine Conversations (AR) CH 24</p> <p>10:00 Morning Fitness (AR) CH</p> <p>10:30 Halloween Jinglo! (AR) CH</p> <p>11:00 Current Events with Chis (AR) CH</p> <p>1:30 Get Active (AR) CH</p> <p>2:00 Doughnut Run and Scenic Drive H</p> <p>2:15 Happy Hour Social (DR) CH</p> <p>3:30 Lets Bowl (AR) CH</p> <p>4:30 Word Searches (AR) CH</p> <p>6:30 Independent Stimulus Cart (AR) K</p> <p>7:00 Classical Music and Meditation (AR) K</p>	<p>HAPPY BIRTHDAY OCTOBER BABIES 25</p> <p>9:30 Coffee and Headlines (AR) A</p> <p>10:00 Parachute Ball (AR) CH</p> <p>10:30 Name 10... (AR) CH</p> <p>11:00 Job Quiz (AR) CH</p> <p>1:30 Strong Seniors (AR) CH</p> <p>2:15 Birthday Cake Social (AR) CH</p> <p>3:15 Birthday Party with George & Wendy (AC) CH</p> <p>4:30 Youtube: Animal Humor (AR) CH</p> <p>6:30 Facts about Today (AR) E</p> <p>7:00 A Night at the Movies (AR) E</p>	<p>9:30 What's the Good Word? (AR) A 26</p> <p>10:00 Fit Express (AR) A</p> <p>10:30 Halloween Collage (AC) A</p> <p>11:00 Music and Meditation (AR) A</p> <p>1:30 Shabbat Services w/ Rabbi Altman (CI) A</p> <p>2:15 Popcorn and Soda Social (DR) A</p> <p>3:30 Friday's Feature Film (AR) A</p> <p>4:30 Movie Review and Recap (AR) A</p> <p>6:30 Independent Stimulus Cart (AR) C</p> <p>7:00 Music and Relaxation (AR) C</p>	<p>9:30 Greet the Day (AR) A 27</p> <p>10:00 Morning Warm-Up (AR) A</p> <p>10:30 Balloon Volleyball (DC) E</p> <p>10:30 Music and Coloring (AR) A</p> <p>1:30 Chair Exercise (AR) A</p> <p>1:30 Soothing Music (QR) C</p> <p>2:15 Saturday Social (DR) A</p> <p>3:30 Bingo Bonanza (DR) A</p> <p>4:30 Lets Talk about Halloween (AR) A</p> <p>6:30 Free-Hand Art (AR) C</p> <p>7:00 Saturday's Classic Movies (AR) C</p>
<p>8:45 Mass At St. Brigid's Chapel H 28</p> <p>9:30 What's New in the News? (AR) CH</p> <p>10:00 Exercise with Music (AR) CH</p> <p>10:30 Work your Brain (AR) CH</p> <p>11:00 Brain Games (QR) AR</p> <p>11:00 Televised Mass (AR) CH</p> <p>1:30 Keyboard Performance (AR) CH</p> <p>2:15 Sunday Sundae Social (DR) AR</p> <p>3:00 Reading Roundtable (DR) AR</p> <p>3:15 Sunday's Scenic Tour H</p> <p>3:30 Virtual Tour (AR) CH</p> <p>4:00 Crosswords (AR) CH</p> <p>4:30 Table Topics (AR) CH</p> <p>6:55 Game Night! (AR) C</p> <p>7:00 Sunday Evening Movie (AR) C</p>	<p>9:30 Morning Meet & Greet (AR) CH 29</p> <p>10:00 Rhythm & Movement (AR) CH</p> <p>10:30 Spooky Stories</p> <p>11:00 What Were You for Halloween?</p> <p>1:30 Music Therapy with Patty Kaiser (AR) CH</p> <p>2:15 Name that Tune Social Hour (AR) CH</p> <p>3:30 Bingo Bonanza (AR) A</p> <p>4:30 Walking Club</p> <p>6:30 Katie's Spa on Wheels</p> <p>7:00 Music and Meditation (AR) K</p>	<p>BEAUTY SALON AND MANICURE DAY 30</p> <p>9:30 Morning Conversations (AR) A</p> <p>10:00 Communion and Prayers (QR) A</p> <p>10:30 Lets Make Monster Cookie Bites (AR) A</p> <p>11:00 Soothing Music (QR) A</p> <p>11:00 Adult Coloring (AR) A</p> <p>1:30 Let's Work Out (AR) A</p> <p>2:15 Social Hour (DR) A</p> <p>3:30 Fall Tree Craft (AR) A</p> <p>4:30 Table Topics (AR)</p> <p>6:30 Music Styling with Liz (AR) E</p> <p>7:00 Movie Night (AR) E</p>	<p>HALLOWEEN 31</p> <p>9:30 Good Morning America (AR) CH</p> <p>10:00 Prep Halloween Goodie Bags (AR) CH</p> <p>10:30 Performance by Dayle Freedman (AR) CH</p> <p>11:00 Current Events with Chis (AR) CH</p> <p>1:30 Dress up for Halloween (AR) CH</p> <p>2:15 Spooky Social Hour (AR) CH</p> <p>3:00 Judge Who Has the Best Costume (AR) CH</p> <p>3:15 Halloween Party and Performance by Sweet Lorraine (AC) CH</p> <p>4:30 Cool Down! (AR) CH</p> <p>6:30 Independent Stimulus Cart (AR) K</p> <p>7:00 Classical Music and Meditation (AR) K</p>	<p>Our Talented Staff</p> <p>Amanda Recreation Assistant A Cloe Recreation Assistant, CDP C Chris Recreation Assistant CH Elizabeth Recreation Assistant E Katie Recreation Assistant K Lillian Recreation Assistant L Henri Bus Driver, CDL H Resident Led Resident Run Activity RL Reflections Staff Reflections Staff RS</p>	<p>ACTIVITY ROOM KEY</p> <p>Sun Room—SR</p> <p>The Bistro Café—BC</p> <p>Art Studio—AS</p> <p>Activity Room—AR</p> <p>Quiet Room—QR</p> <p>Lobby—L</p> <p>Billiard Room—BR</p> <p>Dining Room—DR</p> <p>Cinema—CI</p> <p>Activity Center Lower Level—AC</p> <p>Patio—P</p> <p>Bus Trip</p>	<p>ALL TRIPS AND PATIO ACTIVITIES ARE WEATHER PERMITTING</p> <p>PROGRAMS ARE SUBJECT TO CHANGE WITH NOTICE. PLEASE REFER TO THE DAILY ACTIVITY SHEET LOCATED OUTSIDE OF OUR DINING ROOM FOR ANY UPDATES.</p> <p>Please Contact the Recreation Director, with any questions regarding activities 516.918.4010</p>