

DECEMBER 2018

REFLECTIONS ACTIVITIES CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>8:30 Mass at St. John Nepomucene M 30</p> <p>10:00 Fun Noodle Fitness (AR) A 10:30 Proverb Bravo! (C) A 11:00 Skee-Ball Challenge (AR) A 2:00 Birthday Bio: Tiger Woods (C) 2:00 Personal Scrapbooking (QR) A 2:00 Sunday Bingo (AR) A 3:00 Sunday Sundaes (DR) C 3:30 Table Top Tennis (DR) C 3:30 Wheel of Fortune (C) A 4:00 Music Appreciation (C) A 4:30 Sunday Senses: Team Trivia (C) N 7:00 Movie Night in the Cinema C</p>	<p>New Year's Eve 31</p> <p>9:30 Protestant Services (RC) 10:00 Rise and Shine Exercise (AR) P 10:30 News Currents (C) P 11:00 Sayville Soccer Team Practice (AR) P 2:00 Balloon Volleyball Practice (AR) P 2:00 The Pirates of Penzance (C) 2:00 Art Expressions (QR) A 3:00 Social & Refreshments (DR) A 3:30 The Worldly Traveler: Siena (C) P 4:00 Visiting Our Puppy Pal, Frida (AR) P 4:30 Music Appreciation (C) P 6:30 New Year's Eve Celebration (B) A 7:00 Film of the Day in the Cinema</p>	<p>ALL PROGRAMS ARE SUBJECT TO CHANGE WITH NOTICE</p> <p>OUTDOOR TRIPS & PROGRAMS ARE WEATHER PERMITTING</p> <p>PLEASE SEE OUR DIRECTOR OF RECREATION, GREG SLINGLUFF WITH ANY QUESTIONS</p>	<p>ACTIVITY OUR TALENTED STAFF</p> <p>The Bistro Café B ALYSSA AL Activity Room AR ALEXA X Quiet Room QR CHRISTINA CH Billiard Room BR DAN D Dining Room DR MEGAN MA Kitchen K MICHAEL M Cinema C PAT PA Country Kitchen CK PATTI P Patio P PATTI P Courtyard CY NICOLETTE N</p>	<p>PLEASE JOIN US FOR</p> <p>OUR MONTHLY CAREGIVERS</p> <p>SUPPORT GROUP HELD ON THE LAST THURSDAY OF EACH MONTH.</p> <p>PLEASE CONTACT</p>		<p>10:00 Weight Wakeup (AR) P 1 10:30 Letter Scramble (C) P 11:00 Balloon Volleyball Practice (AR) P 2:00 Bingo (AR) C 2:00 Table Top Tennis (DR) P 2:00 Cinema History: Whitney Houston 3:00 Pumpkin Muffin Social (DR) P,C 3:30 The Daily Crossword (C) P 3:30 Aromatherapy & Guided Imagery (QR)C 4:00 Music Appreciation (C) P 6:30 Choices in a Jar (DR) P 7:00 Saturday Night at the Movies (C)</p>
<p>Hanukkah Begins at Sundown 2</p> <p>8:30 Mass at St. John Nepomucene M 10:00 Resistance Band Workout (C) A 10:30 Proverb Bravo! (C) A 11:00 Skee-Ball Challenge (AR) A 2:00 Victorian Chorus Caroling (B) A 3:00 Sunday Sundaes (DR) A 3:45 Lighting Of The Menorah (DR) C 4:00 Music Appreciation (C) A 6:30 Sunday Senses: Team Trivia (C) N 7:00 Film of the Day in the Cinema C</p>	<p>9:30 Protestant Services (RC) 3 10:00 Rise and Shine Exercise (AR) P 10:30 News Currents (C) P 11:00 Sayville Soccer Team Practice (AR) P 2:00 Balloon Volleyball Practice (AR) P 2:00 Technicolor History:Toll of the Sea(C) 2:00 Art Expressions (QR) A 3:00 Hanukkah Celebration & Social (B) A 3:45 Lighting Of The Menorah (DR) C 4:00 Visiting Our Puppy Pal, Frida (AR) P 4:30 Music Appreciation (C) P 6:30 Evening Karaoke & Dance (B) A 7:00 Film of the Day in the Cinema A</p>	<p>SALON DAY 4</p> <p>10:00 Move & Groove Workout (AR) P 10:30 Famous Streets Trivia (C) P 11:00 Skee-Ball Challenge (AR) P 2:00 Birthday Bio: Sally Field (C) 2:00 Music Therapy w Pat Kaiser (AR) P 3:00 Tree Lighting w J.K. Hodge (B) P,G 4:00 Lighting Of The Menorah (DR) C 4:00 Scenic Ride M 4:00 Music Appreciation (C) P 6:30 Word Teasers (DR) C 7:00 Viewing Tonight's Movie (C)</p>	<p>10:00 Moring Observance (C) A 5 10:15 Communion & Prayers (C) A 10:30 Word Search (C) A 11:00 Balloon Volleyball Practice (AR) A 2:00 Jingo (AR) M 2:00 Birthday Bio: Walt Disney 3:00 Afternoon Social (B) C 3:30 Remembering: Holiday Shopping (C) A 3:45 Lighting Of The Menorah (DR) C 4:30 Music Appreciation (C) A 6:30 Mandala Patterns (DR) C 7:00 Cinema Encore</p>	<p>Resident Holiday Gala 6 10:00 Foam Noodle Toning (AR) A 10:00 Dunkin Donuts M 10:30 The Oscars Trivia Challenge (C) A 11:00 Exercise w Michael Levenson (AR) A 2:00 Art History: Leonardo Da Vinci (C) P 2:00 Language Learning: Italian (C) P 2:30 Birthday Bio: Agnes Moorehead (C) 2:30 On the Dot Darts (AR) P 3:00 Baked Cookie Social (DR) P 3:45 Lighting Of The Menorah (DR) C 4:00 Music Appreciation (C) P 5:00 Resident's Cocktail Hour 5:15 Selfies w Santa 6:00 Resident's Dinner 7:30 Mary Solitto Live in the Dining Room</p>	<p>9:00 Shabbat Services in the Library 7 10:00 Sayville Strength & Stretch (AR) A 10:30 Letter Scramble (C) A 2:00 Carvel Outing M 2:00 Christmas Mural w Alexa (AR) 2:00 Birthday Bio: Giovanni Bernini (C) 2:00 Personal Scrapbook Workshop (AR) M 3:00 Afternoon Social Hour (DR) A 3:30 Holiday Hanukkah Anagrams (AR) M 3:45 Lighting Of The Menorah (DR) C 4:00 Music Appreciation (C) A 6:30 Choice Discussions (DR) M 7:00 Film of the Day in the Cinema</p>	<p>10:00 Morning Muscle Hustle (AR) A 8 10:30 Word Search (C) P 11:00 Balloon Volleyball Practice (AR) A 2:00 Bingo (AR) C 2:00 Table Top Tennis (DR) P 2:00 Cinema History: Diego Rivera 3:00 Social and Refreshments (DR) C 3:30 The Daily Crossword (C) P 3:45 Lighting Of The Menorah (DR) C 4:00 Music Appreciation (C) P 6:30 Daily Doses of Nostalgia (DR) P 7:00 Saturday Night at the Movies (C)</p>
<p>Last Night of Hanukkah 9 8:30 Mass at St. John Nepomucene M 10:00 Serenity Stretching (C) A 10:30 Idioms Among Us (C) A 11:30 Skee-Ball Challenge (AR) A 2:00 Sunday Jingo (AR) A 2:00 Personal Scrapbooking (QR) C 2:00 Birthday Bio: Kirk Douglas (C) 3:00 Sunday Sundaes (DR) A,C 3:00 Live Music w Beth Goodrich (B) A 3:45 Lighting Of The Menorah (DR) C 4:00 Music Appreciation (C) A 6:30 Sunday Senses: Team Trivia (C) N 7:00 Movie Screening in the Cinema</p>	<p>9:30 Protestant Services (RC) 10 10:00 Rise and Shine Exercise (AR) P 10:30 News Currents (C) P 11:00 Sayville Soccer Team Practice (CY) P 2:00 Balloon Volleyball Practice (AR) P 2:00 Birthday Bio: Frank Sinatra (C) 2:00 Art Expressions (QR) A 3:00 Hot Chocolate Social (DR) A 3:30 The Worldly Traveler: Norway (C) P 4:00 Visiting Our Puppy Pal, Frida (AR) P 4:30 Music Appreciation (C) M 6:30 Evening Karaoke & Dance (B) A 7:00 Film of the Day in the Cinema</p>	<p>SALON DAY 11 10:00 Tai-Chi-Inspired Exercises (AR) P 10:30 Fine Feline Trivia (C) P 11:00 Buster Keaton Film w J.K. Hodge (C) 2:00 You be the Judge (AR) P 2:00 Seasonal Foliage Painting (QR) C 2:00 Birthday Bio: Diego Rivera 3:00 Afternoon Social 3:30 Scenic Ride M 4:00 Sensory Cart Workshop (DR) C 4:00 Music Appreciation (C) P 6:30 Word Teasers (AR) C 7:00 Viewing Tonight's Movie (C)</p>	<p>10:00 Morning Observance (C) A 12 10:15 Communion & Prayers (C) A 10:30 Word Search (C) A 11:00 Balloon Volleyball Practice (AR) A 2:00 Birthday Party w Alex Alexander (B) A 3:00 Birthday Social (B) A 3:30 Remembering: Holiday Desserts (C) A 4:00 Music Appreciation (C) A 6:30 Commercial Jingles (DR) C 7:00 Movie Screening in the Cinema</p>	<p>10:00 Foam Noodle Toning (AR) A 13 10:00 Dolci Momenti Bakery M 10:30 Famous Streets (C) A 11:00 The Bristol Bowling Alley (AR) A 2:00 Language Learning: Italian (C) P 2:00 Birthday Bio: Frank Sinatra (C) 3:00 Social and Refreshments (DR) P 3:30 Virtual Museum Masterpieces (C) G 4:00 I Love Lucy: Dog Appreciation (AR) A 4:30 Music Appreciation (C) P 6:30 Word Teasers (C) P 7:00 Evening Movie in the Cinema</p>	<p>9:00 Shabbat Services in the Library 14 10:00 Strength at Arms Length (AR) A 10:30 Word Search (C) A 11:00 Basketball Hoops (AR) A 2:00 Christmas at Hick's Nursery M 2:00 Making Christmas Cards w Alexa (AR) 2:00 Birthday Bio: Gustave Eiffel (C) 2:00 Personal Scrapbook Workshop (AR) M 3:00 Classical Music Social (DR) A 3:30 Webster's Choice Spelling (C) M 3:30 SkeeBall Challenge (AR) A 4:00 Music Appreciation (C) A 6:30 Funny Sayings (DR) M 7:00 Film of the Day in the Cinema</p>	<p>10:00 Rise & Jazzercise (AR) A 15 10:30 Letter Scramble (C) A 11:00 Balloon Volleyball Practice (AR) A 2:00 Bingo (AR) C 2:00 Table Top Tennis (DR) P 2:00 Birthday Bio: J. Paul Getty (C) 3:00 Afternoon Social Hour (DR) C 3:30 The Daily Crossword (C) P 3:30 Aromatherapy & Guided Imagery (QR) C 4:00 Music Appreciation (C) P 6:30 Choices in a Jar (DR) P 7:00 Saturday Night at the Movies (C)</p>
<p>8:30 Mass at St. John Nepomucene M 16 10:00 Fun Noodle Fitness (AR) A 10:30 Proverb Bravo! (C) A 11:00 Skee-Ball Challenge (AR) A 2:00 Birthday Bio: Ludwig Beethoven (C) 2:00 Personal Scrapbooking (QR) C 2:00 Sunday Bingo (AR) A 3:00 Sunday Sundaes (DR) A,C 3:30 Table Top Tennis (DR) C 3:30 Virtual Museum Masterpieces (C) G,A 4:00 Music Appreciation (C) A 6:30 Sunday Senses: Team Trivia (C) N 7:00 Movie Night in the Cinema</p>	<p>9:30 Protestant Services (RC) 17 10:00 Resistance Strength Stretching (AR)P 10:30 News Currents (C) P 11:00 Sayville Soccer Team Practice (CY) P 2:00 Balloon Volleyball Practice (AR) P 3:00 Straight From-The-Oven Social (DR) P 3:30 The Worldly Traveler: Salzburg (C) P 4:00 Quality Time w Frida (AR) P 4:30 Music Appreciation (C) A 6:30 Evening Karaoke & Dance (B) A 7:00 Film of the Day in the Cinema</p>	<p>SALON DAY 18 10:00 Total-Body Toning (AR) P 10:00 Move & Groove Workout (AR) P 10:30 It's a Dog's World Trivia (C) P 11:00 Skee-Ball Challenge (AR) P 2:00 Music Therapy w Pat Kaiser (AR) P 2:00 Cinema History: The Wright Bros (C) 3:00 Afternoon Social (DR) P 3:30 Ornament Decorating (QR) C 3:30 Mapping Our Neighborhoods (C) P 4:00 Holiday Lights Scenic Ride M 4:00 Music Appreciation (C) P 6:30 Funny Sayings (DR) C 7:00 Movie Encore in the Cinema</p>	<p>10:00 Morning Observance (C) A 19 10:15 Communion & Prayers (C) A 10:30 Word Search (C) A 11:00 Balloon Volleyball Practice (AR) A 2:00 Holiday Music w Lou Esposito (B) D 3:00 Social and Refreshments (DR) C 3:30 Remember When: Holiday Décor (C) A 4:00 Music Appreciation (C) A 6:30 Hand Massages (QR) C 7:00 Cinema Movie Screening (C)</p>	<p>10:00 Children's Holiday Chorus w Sicamore Avenue Elementary (B) P 20 10:00 Coffee & Bagel Outing M 10:30 The Oscars Trivia Challenge (C) A 11:00 Exercise w Michael Levenson (AR) A 2:00 Dan's Creative Writing Workshop (QR) 2:00 Cinema History: It's a Wonderful Life 2:30 Finish the Phrase (AR) P 3:00 Hot Chocolate Social w Pat (DR) P 3:30 Art History: Frida Kahlo (C) A 4:00 I Love Lucy: Doggie Visit (AR) A 4:30 Music Appreciation (C) P 6:30 Funny Sayings (C) P 7:00 Movie Encore in the Cinema</p>	<p>First Day of Winter 21 9:00 Shabbat Services in the Library 10:00 Sayville Style exercise (AR) A 10:30 Letter Scramble (C) A 11:00 Basketball Hoops (AR) A 2:00 Ornament Making w Alexa (AR) 2:00 Birthday Bio: Jane Fonda (C) 2:00 Personal Scrapbook Workshop (AR) M 3:00 Winter Solstice Social (DR) M 3:30 Snow Scapes Water Coloring (QR) M 3:30 SkeeBall Challenge (AR) A 4:00 Music Appreciation (C) M 6:30 Choice Discussions (DR) M 7:00 Film of the Day in the Cinema</p>	<p>10:00 Chair Aerobics (AR) A 22 10:30 Word Search (C) A 11:00 Balloon Volleyball Practice (AR) A 2:00 Bingo (AR) C 2:00 Table Top Tennis (DR) P 2:00 Birthday Bio: Giacomo Puccini (C) 3:00 Getting to Know You Social (AR) A 3:30 The Daily Crossword (C) P 3:30 Mandala Expressions (QR) C 4:00 Music Appreciation (C) P 6:30 Daily Doses of Nostalgia (QR) P 7:00 Saturday Night at the Movies (C)</p>
<p>8:30 Mass at St. John Nepomucene M 23 10:00 Fun Noodle Fitness (AR) A 10:30 Proverb Bravo! (C) A 11:00 Skee-Ball Challenge (AR) A 2:00 Birthday Bio: Ludwig Beethoven (C) 2:00 Personal Scrapbooking (QR) C 2:00 Sunday Bingo (AR) A 3:00 Sunday Sundaes (DR) A,C 3:30 Table Top Tennis (DR) C 3:30 Virtual Museum Masterpieces(C) G,A 4:00 Music Appreciation (C) A 6:30 Sunday Senses: Team Trivia (C) N 7:00 Movie Night in the Cinema</p>	<p>Christmas Eve / Salon Day 24 9:30 Protestant Services (RC) 10:00 Healthy Heart Fitness (AR) P 10:30 News Currents (C) P 11:00 Sayville Soccer Team Practice (CY) P 2:00 Balloon Volleyball Practice (AR) P 2:00 Cinema History: Edith Piaf 2:00 Art Expressions (QR) A 3:00 Holiday Tunes & Hot Chocolate (DR) P 3:30 The Worldly Traveler: Rome (C) P 4:00 Visiting Our Puppy Pal, Frida (AR) P 4:30 Music Appreciation (C) A 6:30 Evening Karaoke & Dance (B) A 7:00 Film of the Day in the Cinema</p>	<p>Christmas 25 10:00 Christmas Carols & Egg Nog (B) P 11:00 Christmas Around the World (B) P 11:30 Tis the Season Trivia T (B) P 2:00 Christmas Social Hour (B) P 3:00 Holiday Memories & Discussion (B) D 7:00 Christmas Movie in the Cinema</p>	<p>10:00 Morning Observance (C) A 26 10:15 Communion & Prayers (C) A 10:30 Word Search (C) A 11:00 Balloon Volleyball Practice (AR) A 2:00 Jingo (AR) A 2:00 Radio Theatre: Philadelphia Story (C) 2:00 Afternoon Stretch Session (AR) A 2:30 Bristol Basketball (AR) A 3:00 Afternoon Social (DR) A 3:30 Remember When: Holiday Gifts (C) A 4:00 Music Appreciation (C) A 6:30 Commercial Jingles (DR) C 7:00 Cinema Encore</p>	<p>10:00 Foam Noodle Toning (AR) A 27 10:00 McDonalds Outing M 10:30 Decedent Desserts Trivia (C) A 11:00 The Bristol Bowling Alley (AR) A 2:00 Live Music w Tom Adamo (AR) A 2:00 Language Learning: Italian (C) P 2:30 Cinema History: Howdy Doody 2:30 On the Dot Darts (AR) P 3:00 Warm Apple Cider Social w Pat (DR) P 3:30 Virtual Museum Masterpieces (C) G 4:00 I Love Lucy: Doggie Visit (AR) A 4:00 Music Appreciation (C) A 5:30 Family Support Group (PDR) 6:30 Funny Sayings (C) P 7:00 Movie Encore in the Cinema</p>	<p>9:00 Shabbat Services in the Library 28 10:00 Sayville Style exercise (AR) A 10:30 Letter Scramble (C) A 11:00 Basketball Hoops (AR) A 2:00 Pizza Outing M 2:00 Winter Landscapes w Alexa (AR) 2:00 Birthday Bio: Mary Tylor Moore (C) 2:00 Personal Scrapbook Workshop (AR) M 3:00 Reminiscing Social (DR) M 3:30 Webster's Choice Spelling (C) M 3:30 SkeeBall Challenge (AR) A 4:00 Music Appreciation (C) M 6:30 Choice Discussions (DR) M 7:00 Film of the Day in the Cinema</p>	<p>10:00 Chair Aerobics (AR) A 29 10:30 Word Search (C) A 11:00 Balloon Volleyball Practice (AR) A 2:00 Bingo (AR) C 2:00 Table Top Tennis (DR) P 2:00 Cinema History: On the Town 3:00 Getting to Know You Social (AR) A 3:30 The Daily Crossword (C) P 3:30 Mandala Expressions (QR) C 4:00 Music Appreciation (C) P 6:30 Daily Doses of Nostalgia (QR) P 7:00 Saturday Night at the Movies (C)</p>