

# MAY 2019

## REFLECTIONS ACTIVITIES CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Our Talented Staff</b></p> <p>J Jennifer Su Sue S Soline D Dorothy C Carolyn K Kanchan Ct Cathy B Brigid Q Queen Ca Carla R Rec Team</p>	<p><b>Room Key and Location</b></p> <p>AC Activity Center First Floor AR Activity Room AQ Aquarium AS Art Studio Lower Level BR Bingo Room 1st floor C Cinema in Reflections W Wall Street Room 2nd Level CLL Cinema Lower Level CYLL Courtyard Lower Level DR Dining Room FL Front Desk Lobby FL Lower Level OR Quiet Room PDR Private Dining Room Lower Level CY Library 2nd Floor CY Courtyard programs weather permitting</p>	<p><b>Room Key and Location</b></p> <p>AC Activity Center First Floor AR Activity Room AQ Aquarium AS Art Studio Lower Level BR Bingo Room 1st floor C Cinema in Reflections W Wall Street Room 2nd Level CLL Cinema Lower Level CYLL Courtyard Lower Level DR Dining Room FL Front Desk Lobby FL Lower Level OR Quiet Room PDR Private Dining Room Lower Level CY Library 2nd Floor CY Courtyard programs weather permitting</p>	<p>10:00 <b>Gold Tones Orchestra Senior Dance at Merrick Clubhouse with Su</b> 1</p> <p>10:00 Burn Off the Calories with Cathy (DR)</p> <p>10:40 Tongue Twisters (DR) C</p> <p>11:15 <b>Cooking Club with Cathy (DR)</b></p> <p>11:15 Folding Laundry (AQ) C</p> <p>2:00 Remember When.... (C) C</p> <p>2:45 <b>Cooking Club Social (DR) C</b></p> <p>3:15 Bowling Strikes (DR) Ct, C</p> <p>4:10 Variety Show Practice (C) Ct, C</p> <p>6:00 Joggin Your Noggin (AQ) C</p>	<p><b>HOLOCAUST REMEMBRANCE DAY</b> 2</p> <p>10:00 Rhythm &amp; Movement Exercise (DR) Ca</p> <p>10:30 <b>Lunch and Bingo at Tanner Park Senior Center with Su</b></p> <p>10:40 Parachute Pop (DR) C, Ca</p> <p>11:30 Think Fast Trivia! (DR) Ca</p> <p>12:00 <b>Pizza Kitchen Reservations (B) C</b></p> <p>2:00 Holocaust Remembrance (C) C</p> <p>2:00 Mother's Corner (QR) S</p> <p>2:30 <b>Mocktail Happy Hour Social (C) C</b></p> <p>3:00 <b>Pet Therapy with Carol &amp; Ella (C) C</b></p> <p>3:40 Board Games (DR) C, S</p> <p>4:20 Karaoke Sing-a-Long (C) C</p> <p>4:20 Building Walk with Soline (All Floors)</p> <p>6:00 Music Appreciation and Massage (C) C</p>	<p>10:00 Morning Greetings and Mail (DR) B</p> <p>10:00 <b>Visit from our friends from Bridges Academy—songs and games (AC) K</b> 3</p> <p>10:30 Stretching to the Beat (DR) B</p> <p>11:00 Virtual Look: Babies Laughing (C) B</p> <p>1:45 <b>Shabbat Services with Rabbi Vernon (W) B</b></p> <p>2:00 Sing-a-Long Songs (C) K</p> <p>2:45 <b>Afternoon Social (DR) B</b></p> <p>3:30 Floor Hockey (DR) B, K</p> <p>4:15 Whiteboard Games (C) B</p> <p>4:15 <b>Men's Club: Road Map (AQ) K</b></p> <p>6:00 Catherine's Relaxation Chair Yoga (C) Ct</p>	<p><b>KENTUCKY DERBY</b> 4</p> <p>10:00 Warm Sunshine Stretches (DR) S</p> <p>10:40 Let's Ask Alexa: Jokes (DR) B</p> <p>11:00 <b>Devotion and Prayer (LR) S</b></p> <p>11:10 Southern Belle Derby Hats (DR) B</p> <p>2:00 <b>Men's Club: 'At the Races' (AQ) S</b></p> <p>2:00 Derby Reminiscing, Trivia &amp; Discussion (AC) B</p> <p>2:45 <b>Kentucky Derby Social (C) S</b></p> <p>3:15 Horseshoes Competition (DR) S, B</p> <p>4:15 'My Old Kentucky Home' Sing-a-Long (C) S</p> <p>4:15 Meditation and Massage (AQ) B</p> <p>6:00 <b>Popcorn and a Movie: Secretariat (C) B</b></p>
<p><b>CINCO DE MAYO</b> 5</p> <p>10:00 Good News Stories (DR) K</p> <p>10:20 <b>Catholic Services (AC) C</b></p> <p>10:35 Crafters Corner: Mexican Color Banner (DR) K</p> <p>12:00 <b>Irish Dance at Massapequa Library with Su</b></p> <p>2:00 Happy Songs Sing-a-long (C) C</p> <p>2:00 Uno Cards with Kanchan (AQ)</p> <p>3:15 Sombros &amp; Quesadillas Social (DR) C</p> <p>3:30 Puzzles and Skills Stations (DR) C, K</p> <p>4:15 Fiesta Facts - South of the Border (C) C</p> <p>6:00 'Loteria' (AQ) K</p>	<p>10:00 Balance Exercise (DR) S 6</p> <p>10:30 <b>Open Art Studio with Kanchan (AS)</b></p> <p>11:00 Keep It Up! Noodle Fun (DR) S</p> <p>2:00 Singing with Wendy (C) S</p> <p>2:00 <b>Quilting with Sue Selfridge (LR) K</b></p> <p>2:45 Monday Fun Day Social (C) S</p> <p>3:15 Basketball Skills (DR) S, K</p> <p>4:00 Tunes on the Victrola (QR) S</p> <p>4:00 Armchair Traveler: Places I've Been (C) K</p> <p>6:00 Creative Storytelling (C) K</p>	<p><b>BEAUTY SALON DAY</b> 7</p> <p>10:00 <b>Pen Pal Visit from our friends from Northwest Elementary School (AC) K</b></p> <p>10:00 1:1's with Beverly (AQ)</p> <p>11:00 <b>Michael's Rehab Pro Exercise (DR) K</b></p> <p>2:00 Connect 4 (AQ) B</p> <p>2:00 <b>Artist Biographies (C) K</b></p> <p>2:45 Chef's Choice Social (C) B</p> <p>3:15 Bowling Strikes (DR) K, B</p> <p>4:30 Would You Rather? (DR) B</p> <p>6:00 Color Copy Challenge (AQ) B</p>	<p>10:00 Warm-up Stretch (DR) Ct</p> <p>10:40 Reading Roundtable (DR) C</p> <p>11:15 <b>Cooking Club: Let's Bake Bread (DR) Ct</b></p> <p>12:45 <b>Frank Sinatra Tribute at Seaford Library with Su</b></p> <p>2:00 Remember When.... (C) Ct</p> <p>2:00 Men's Club: Construction Gears and Gadgets (AQ) C</p> <p>2:45 <b>Cooking Club Social (C) Ct</b></p> <p>3:15 Volleyball Challenge (DR) Ct, C</p> <p>4:10 Variety Show Practice (C) C, Ct</p> <p>6:00 <b>After Dinner Birthday Celebration with Vance Brescia (DR) C</b></p> <p>6:15 <b>Birth Day Cake Social (DR) C</b></p>	<p>10:00 <b>Hick's Nursery with Su</b> 9</p> <p>10:00 Spring in Your Step Stretches (DR) C</p> <p>10:40 White Board Games (DR) C</p> <p>11:15 Parachute POP! (DR) Ca, C</p> <p>12:00 <b>Pizza Kitchen Reservations (B) C</b></p> <p>2:00 Down Memory Lane (C) S</p> <p>2:15 <b>Mocktail Happy Hour Social (C) C</b></p> <p>2:30 <b>Pet Therapy with Carol &amp; Ella (C) C</b></p> <p>3:15 <b>Dance Therapy with Lisa (DR) C, S</b></p> <p>4:25 Name 5 (DR) C</p> <p>4:25 Courtyard Walk (CY) S</p> <p>6:00 Music Appreciation and Massage (C) C</p>	<p>10:00 Move and Groove Exercise (DR) B 10</p> <p>10:30 <b>Art Expression (AQ) K</b></p> <p>11:00 <b>Current Events with Rhoda Plotkin (AC) B</b></p> <p>1:45 <b>Shabbat Services (W) B</b></p> <p>2:00 YouTube Videos of Laughing Babies (C) K</p> <p>2:45 <b>Afternoon Social (DR) B</b></p> <p>3:30 Floor Hockey (DR) B, K</p> <p>4:15 Sunshine's Poetry Corner (AQ) K</p> <p>4:15 Songs From The Heart (C) B</p> <p>6:00 Wind Down the Day Stretches (C) Ct</p>	<p>10:00 Exercise to the 70's Music (DR) S 11</p> <p>10:40 French Trivia (DR) B</p> <p>11:00 <b>Devotion and Prayer Time (LR) S</b></p> <p>11:10 Crafters Corner: Mother's Day Plates (DR) B</p> <p>2:00 Google Earth: Let's Travel the World (C) B</p> <p>2:00 Painting with Water Colors (AQ) S</p> <p>2:45 <b>Warm Cookie Social (C) B</b></p> <p>3:15 Basketball Skills (DR) S, B</p> <p>4:15 Reading Roundtable (AQ) B</p> <p>4:15 Love Songs with Soline (C)</p> <p>6:00 <b>Saturday Night at the Movies (C) B</b></p>
<p><b>MOTHER'S DAY</b> 12</p> <p>10:00 Meaningful Morning Greetings (DR) K</p> <p>10:20 <b>Catholic Services (AC) C</b></p> <p>10:35 Mother's Day Craft: Floral Corsages (C) K</p> <p>11:15 White Board Games (C) K, C</p> <p>2:00 <b>Mother's Day Tea Part with Entertainment by John Hughes (C) K</b></p> <p>2:00 Connect 4 (AQ) C</p> <p>3:10 Afternoon Social (DR) K</p> <p>3:30 Bowling Strikes (DR) C, K</p> <p>4:15 Mothers Idioms and What They Mean (C) C</p> <p>4:15 Classic Fairytales (AQ) K</p> <p>6:00 Mother's Day Acrostic Poem (C) K</p>	<p>10:00 <b>Tai Chi with Marie (DR) S</b> 13</p> <p>10:30 <b>Open Art Studio with Kanchan (AS)</b></p> <p>11:00 Keep It Up! Noodle Fun (DR) S</p> <p>2:00 Crocheting &amp; Conversations (AQ) K</p> <p>2:00 Singing with Wendy (C) S</p> <p>3:00 Afternoon Social (DR) K</p> <p>3:15 Bowling Strikes (DR) K, S</p> <p>4:15 Mothers Corner (AQ) S</p> <p>4:15 Reminiscing: Children's Pastimes (C) K</p> <p>6:00 Famous Faces (C) K</p>	<p><b>BEAUTY SALON DAY</b> 14</p> <p>10:00 Tone-Up Tuesday (DR) K</p> <p>10:00 1:1's with Beverly (AQ)</p> <p>10:50 Spa Pampering (DR) K</p> <p>2:00 Gratitude Moments (C) B</p> <p>2:00 <b>Crafters Corner (AQ) K</b></p> <p>2:45 Chef's Choice Social (C) B</p> <p>3:15 Floor Hockey (DR) B</p> <p>3:15 <b>Robotics Club Demonstration from Walt Whitman HS (AC) K</b></p> <p>4:00 Unwind and Relax (AQ) B</p> <p>4:15 Biography: Charles Darwin Birthday (C) K</p> <p>6:00 Color Copy Challenge (AQ) B</p>	<p>10:00 Burn Off the Calories with Cathy (DR)</p> <p>10:45 <b>Bristol Better University Lecture Series with Hofstra: Will Robots Rule the Future? (CLL) C</b> 15</p> <p>11:15 <b>Cooking Club: Sensory Crock Pot (DR) Ct</b></p> <p>11:15 Reading Roundtable (AQ) C</p> <p>11:30 <b>Lunch at the Diner with Su</b></p> <p>2:00 Remember When.... (C) Ct</p> <p>2:00 Creative Story Bag (AC) C</p> <p>2:45 <b>Afternoon Social (DR) C</b></p> <p>3:15 USTA Tennis (DR) Ct, C</p> <p>4:10 Connect Four (AQ) Ct</p> <p>4:10 The History of Ellis Island (C) C</p> <p>6:00 Carolyn's JINGO Fun! (AQ) C</p>	<p>10:00 Meaningful Morning Greetings (DR) R</p> <p>10:30 <b>Music Therapy with Patty (DR) C</b> 16</p> <p>11:40 Think Fast Trivia! (DR) Ca</p> <p>12:00 <b>Pizza Kitchen Reservations (B) C</b></p> <p>2:00 Virtual Look: Puppies and Kittens (C) C</p> <p>2:00 <b>Entertainment by TLC Combo (AC) C</b></p> <p>3:00 <b>Pet Therapy with Carol &amp; Ella (C) C</b></p> <p>3:15 <b>Afternoon Social (DR) C</b></p> <p>3:40 Flower Arranging Fun (DR) C, S</p> <p>4:20 Word Games (C) S</p> <p>4:20 Dominoes (AQ) C</p> <p>6:00 Music Appreciation and Massage (C) C</p> <p>7:00 <b>Conversation with Caregivers Support Group (W)</b></p>	<p>9:30 <b>Concert at Tanner Park Senior Center with Q, C</b> 17</p> <p>10:00 Warm Stretches (DR) B</p> <p>10:30 <b>Art Expressions (AQ) K</b></p> <p>11:30 Let's Ask Alexa: Jokes and Riddles (DR) B</p> <p>2:00 Scentscapes: At Home (AQ) B</p> <p>2:00 This Day in History (C) K</p> <p>2:45 <b>Afternoon Social (C) B</b></p> <p>3:15 Basketball Bounce (DR) B, K</p> <p>4:15 Men's Club: Construction Sets (AQ) K</p> <p>4:15 Karaoke Corner (C) B</p> <p>6:00 Catherine's Relaxation Chair Yoga (C)</p>	<p>10:00 Pledge of Allegiance and Armed Forces Salute (DR) S 18</p> <p>10:30 <b>Puppet Therapy with Dayle (AC) B</b></p> <p>11:00 <b>Devotion and Prayer Time (LR) S</b></p> <p>11:30 <b>Pet Therapy with Ella (C) B</b></p> <p>2:00 Variety Show Rehearsal (AC) S, B</p> <p>2:30 <b>Sweet Treat by Jorge (DR) S, B</b></p> <p>4:15 Month of May Trivia (C) S</p> <p>4:15 <b>Sensory Science (AQ) B</b></p> <p>6:00 <b>Popcorn and a Movie (C) B</b></p>
<p>10:00 Good News Stories (DR) K</p> <p>10:20 <b>Catholic Services (AC) C</b> 19</p> <p>10:35 Making Easter Bonnets (DR) K</p> <p>11:15 Sing-a-Long Songs (DR) K, C</p> <p>12:00 <b>Neil Stuart &amp; The Empire State at Massapequa Library with Su, K</b></p> <p>2:00 Virtual Tour: National Parks (C) C</p> <p>2:30 <b>Pet Therapy with Mira the Siberian Husky (C) C</b></p> <p>3:00 Afternoon Social (DR) C</p> <p>4:15 Biography: Audrey Hepburn (C) C</p> <p>4:15 Meditation and Massage (AQ) K</p> <p>6:00 Left Right Center (C) K</p>	<p>10:00 Balance Exercise (DR) S 20</p> <p>10:30 <b>Open Art Studio with Kanchan (AS)</b></p> <p>11:00 Keep It Up! Noodle Fun (DR) S</p> <p>2:00 <b>Crocheting with Sue Selfridge (LR) K</b></p> <p>2:00 Singing with Wendy (C) S</p> <p>2:45 Afternoon Social (C) S</p> <p>3:15 Basketball Skills (DR) S, K</p> <p>4:00 Armchair Traveler: Where Have You Been? (C) K</p> <p>4:00 JENGA Toppler (QR) S</p> <p>6:00 Sunshine's Poetry Corner (C) K</p>	<p><b>BEAUTY SALON DAY</b> 21</p> <p>10:00 1:1's with Beverly (AQ)</p> <p>10:00 Strawberry Bubble Wrap Prints (DR)</p> <p>11:00 <b>Michael's Rehab Pro Exercise (DR) K</b></p> <p>2:00 Vintage Strawberry Shortcake Reminiscing (C) K</p> <p>2:00 Reminiscent Sensory Dough (AQ) B</p> <p>2:45 Strawberry Social (C) K</p> <p>3:00 Variety Show Practice (C) B, K</p> <p>4:00 Creative Storytelling (AQ) K</p> <p>4:00 Sing-a-long Songs (C) B</p> <p>6:00 Strawberry Acrostic Poem (C) B</p>	<p>10:00 Vet2Vet Pet Therapy (DR) Ct</p> <p>10:00 Soak up the Sun Stretches (DR) Ca</p> <p>11:15 Garden Club Walk (CY) Ca</p> <p>11:15 <b>Cooking Club with Cathy (DR)</b></p> <p>2:00 Mother's Club (AQ) Ca</p> <p>2:00 Remember When.... (C) Ct</p> <p>2:45 <b>Afternoon Social (C) Ca</b></p> <p>3:15 Parachute Pop! (DR) Ca, Ct</p> <p>4:10 Variety Show Practice (C) Ca</p> <p>4:10 Reading Round Table (AQ) Ct</p> <p>6:00 Carolyn's JINGO Fun! (AQ) Ca</p>	<p>10:00 <b>Scenic Tour by Water with Su</b> 23</p> <p>10:00 Spring in Your Step Stretches (DR) Ca</p> <p>10:40 Reminiscing: Symbolic Birds (DR) Ca</p> <p>11:15 Soccer Circle (DR) Ca</p> <p>12:00 <b>Pizza Kitchen Reservations (B) Ca</b></p> <p>2:00 <b>Crocheting with Sue Selfridge (LR) S</b></p> <p>2:00 Word Games (C) K</p> <p>2:30 <b>Mocktail Happy Hour Social (C) K</b></p> <p>3:00 <b>Pet Therapy with Carol &amp; Ella (C) K</b></p> <p>3:40 Adam's Rib-it Ball (DR) K, S</p> <p>4:20 Virtual Look: Italy (C) K</p> <p>4:20 Music on the Victrola (QR) S</p> <p>6:00 Music Appreciation and Massage (C) K</p>	<p>10:00 Rhythm &amp; Movement Exercise (DR) B</p> <p>10:30 <b>Crafters Corner (AQ) K</b> 24</p> <p>10:40 Scentscapes: At Home (DR) B</p> <p>11:15 Talking Toucan (C) B</p> <p>1:45 <b>Shabbat Services (W) B</b></p> <p>2:00 Reminiscing Fish Bowl (C) K</p> <p>2:45 <b>Afternoon Social (C) B</b></p> <p>3:15 Set and Pass (DR) B, K</p> <p>4:00 Laughter is the Best Medicine (C) K</p> <p>4:00 Men's Club: Pipeline Puzzles (AQ) B</p> <p>6:00 Wind Down the Day Stretches (C) Ct</p>	<p>10:00 'Busy as a Bee' Stretches (DR) S 25</p> <p>10:40 Beehive Idioms (DR) B</p> <p>11:00 <b>Devotion and Prayer Time (LR) S</b></p> <p>11:00 Crafters Corner: Handmade 'Bee' Cards (DR) B</p> <p>1:15 <b>Entertainment by Les Degan at Amityville Library with Q, B</b></p> <p>2:00 Spelling "Bee" Competition (C) S</p> <p>2:30 Warm Cookie Social (DR) S</p> <p>3:15 Basketball Skills (DR) S</p> <p>4:15 Virtual Look: Bee-Keepers (C) B</p> <p>4:15 Honey Songs (AQ) S</p> <p>6:00 Saturday Night at the Movies (C) B</p>
<p>10:00 Positively Positive Greetings (DR) K</p> <p>10:20 <b>Catholic Services (CLL) K</b> 26</p> <p>10:35 Puzzles and Skills Stations (DR) K</p> <p>2:00 Summer Holiday Reminiscing (C) K</p> <p>2:30 <b>Pet Therapy with Mira the Siberian Husky (C) K</b></p> <p>3:10 Afternoon Social (DR) K</p> <p>3:30 Fit Ball Fun (DR) K</p> <p>4:15 Biography: Gary Cooper (C) K</p> <p>6:00 Name the Fairytale (C) K</p>	<p><b>MEMORIAL DAY ~Wear Red, White &amp; Blue~</b> 27</p> <p>10:00 <b>Tai Chi with Marie (DR) S</b></p> <p>10:30 <b>Open Art Studio with Kanchan (AS)</b></p> <p>11:00 Keep it Up! Noodle Fun (DR) S</p> <p>12:00 <b>Barbeque Lunch (DR)</b></p> <p>2:00 Meditation and Moving Art (C) K</p> <p>2:00 <b>Entertainment with Mary Solitto (AC) S</b></p> <p>3:15 Afternoon Patriotic Social (C) S</p> <p>4:15 Reminiscing: Road Trip Memories (C) K</p> <p>4:15 Puzzles, Folding Laundry and Lacing (AQ) S</p> <p>6:00 Famous Faces (C) K</p>	<p><b>BEAUTY SALON DAY</b> 28</p> <p>10:00 Tone-Up Tuesday (DR) K</p> <p>10:50 Spa Pampering (DR) K</p> <p>11:00 1:1's with Beverly (AQ)</p> <p>2:00 Heirloom Reminiscing (AQ) B</p> <p>2:00 Favorite Spring Things: Butterflies (C) K</p> <p>2:30 Chef's Choice Social (C) B</p> <p>3:15 Crafters Corner: Butterflies (DR) B, K</p> <p>4:15 Reading Round Table (C) K</p> <p>6:00 Color Copy Challenge (AQ) B</p>	<p>10:00 Burn Off the Calories with Cathy (DR)</p> <p>10:40 Favorite Spring Things (DR) C</p> <p>11:15 <b>Variety Show Dress Rehearsal (AC) Ct</b> 29</p> <p>11:15 Reading Roundtable (AQ) C</p> <p>2:00 Remember When... (C) Ct</p> <p>2:00 Courtyard Walk (CY) C</p> <p>2:45 <b>Afternoon Social (C) C</b></p> <p>3:30 <b>Horticultural Therapy with Donna (AC) C</b></p> <p>3:30 Skills Stations (DR) Ct</p> <p>6:00 Carolyn's JINGO Fun! (AQ) C</p>	<p>10:00 <b>Dogability Center with Su</b> 30</p> <p>10:00 Meaningful Morning Greetings (DR) R</p> <p>10:30 <b>Music Therapy with Patty (DR) C</b></p> <p>11:40 This and That Trivia (DR) Ca</p> <p>12:00 <b>Pizza Kitchen Reservations (B) C</b></p> <p>2:00 Meditation and Moving Art (C) S</p> <p>2:30 <b>The Bristol Variety Show (AC) R</b></p> <p>4:00 Laughter is the Best Medicine (C) C</p> <p>6:00 Music Appreciation and Massage (C) C</p>	<p>10:00 Warm Stretches (DR) B</p> <p>10:30 <b>Short Story Writing (AQ) K</b> 31</p> <p>11:30 Let's Ask Alexa: Jokes and Riddles (DR) B</p> <p>1:45 <b>Shabbat Services (W) B</b></p> <p>2:00 Scentscapes: At Home (AQ) B</p> <p>2:00 This Day in History (C) K</p> <p>2:45 <b>Afternoon Social (C) B</b></p> <p>3:15 Basketball Bounce (DR) B, K</p> <p>4:15 Men's Club: Construction Sets (AQ) K</p> <p>4:15 Karaoke Corner (C) B</p> <p>6:00 Catherine's Relaxation Chair Yoga (C)</p>	<p><b>Conversations with Caregivers Support Group Every Third Thursday of the month Unless noted* 7p-8p in the Wall Street Room Please RSVP to Front</b></p>