

DECEMBER 2018

REFLECTIONS ACTIVITIES CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 Sunday Happy News (DR) K 10:20 Catholic Services (AC) C 10:35 Collages (DR) K 11:15 Sun Salutation Stretch (DR) C 2:00 Head Banz (C) C 2:30 Pet Therapy with Mira the Siberian Husky (C) C 3:10 Afternoon Social (DR) C 3:30 Parachute Games (DR) C 4:15 Biography: Walt Disney (C) C 6:00 Left Right Center with Carolyn (AQ)	NEW YEAR'S EVE ~Wear Sequins or Sparkles~ 10:30 New Year's Eve Bash with Entertainment by Dave Patrick (DR) R 2:00 New Year's Craft (AQ) K 2:00 Singing with Wendy (C) S 2:45 Afternoon Social (C) S 3:00 Winter Wonderland Volleyball (DR) K, S 4:00 Men's Club: Road Maps (AQ) S 4:10 Armchair Traveler (C) K 6:00 Holiday Movie (C)	Our Talented Staff J Jennifer Su Sue S Soline D Dorothy C Carolyn K Kanchan Ct Cathy B Brigid N Nicole Q Queen H Hank R Rec Team	Dining Hours: Breakfast 8:00 Lunch 12:00 Dinner 5:00 Please call Jennifer Kongevold in Recreation with any recreation questions at 516-804-7196 All programs are subject to change with notice Outdoor Programs and Trips are Weather Permitting	Room Key and Location AC Activity Center First Floor AR Activity Room AQ Aquarium AS Art Studio Lower Level BR Bingo Room 1st floor C Cinema in Reflections W Wall Street Room 2nd Level CLL Cinema Lower Level CYLL Courtyard Lower Level DR Dining Room FL Front Desk Lobby LL Lower Level OR Quiet Room PDR Private Dining Room Lower Level L Library 2nd Floor CY Courtyard programs weather permitting	Conversations with Caregivers Support Group Every 3rd Wednesday of the month Unless noted * 7pm-8pm in the Wall Street Room Please RSVP to Doris	10:00 Fit & Dance (DR) B 10:30 Folding the Laundry (AQ) B 11:15 Knockdown Cans (DR) B 2:00 Men's Club: Getting to Know You (AQ) 2:00 Sing-a-Longs (C) B 2:30 Warm Cookie Social (C) S 3:00 Miss Marlene's Dance Group (AC) B, H 4:00 Gratitude Moments (C) B 4:00 Mad Libs (AQ) H 6:30 Hanukkah Celebration with Entertainment by Everett Greenberg (AC) B
HANUKKAH BEGINS AT SUNDOWN ~Wear Blue~ 10:00 Good News Discussion (DR) K 10:20 Catholic Services (AC) C 10:35 Caffeine and Coloring (DR) K 11:15 Chair Dancing (DR) C 2:00 Mensch on a Bench (C) C 2:00 Hanukkah Craft (AQ) K 2:30 Pet Therapy with Mira the Siberian Husky (C) C 3:10 Afternoon Social (DR) C 3:30 Parachute Games (DR) C, K 4:15 Light the Menorah Social (R) K 4:15 Biography: Julie Harris (C) C 6:00 Left Right Center with Carolyn (AQ)	10:00 Laugh and Stretch (DR) K 10:45 Crafters Corner: Holiday Ornaments (AQ) K 2:00 Tree Trimming with Dave Patrick (C) K 2:30 Afternoon Social (C) K 3:15 Soccer Circle (DR) K 4:15 Light the Menorah Social (R) K 6:00 Bingo for Gelt (AQ)	BEAUTY SALON DAY 10:00 Exercise with Weights (DR) K 10:50 Spa Pampering (DR) K 11:00 1:1's with Beverly (AQ) 2:00 Dominoes (AC) B 2:00 Virtual Tour: Rockefeller Christmas Tree (C) K 2:45 National Cookie Day Social (C) K 3:15 Bocce Ball (DR) K, B 4:00 Crocheting & Conversations (AQ) K 4:15 Light the Menorah Social (R) B 6:00 After Dinner Birthday Concert with Vance Brescia (DR) K 6:30 Birthday Cake Social (DR) K	10:00 Work Out Central (DR) Ct 10:30 Parachute Fun (DR) C 11:15 Cooking Club (DR) Ct 11:15 Mother's Corner (AQ) C 2:00 Remember When.... (C) C 2:45 Cooking Club Social (DR) Ct 3:15 Volleyball Challenge (DR) Ct, C 4:10 Light the Menorah Social (R) C 4:10 Resident Meeting (C) Ct 6:00 Carolyn's JINGO (AQ) C	10:00 Feel the Teal Exercises (DR) C 10:30 Music Therapy with Patty Kaiser (DR) C 12:00 Pizza Kitchen Reservations (B) C 1:45 Movie Matinee (C) C 2:00 Joggin Your Noggin (AC) C 2:30 Mocktail Happy Hour Social (C) C 3:00 Pet Therapy with Carol & Ella (C) C 3:30 Skills Stations (DR) 4:15 Light the Menorah Social (R) C 6:00 Music Appreciation: Andre Rui (C) C	PEARL HARBOR REMEMBRANCE DAY 10:00 Rise & Shine Stretches (DR) B 10:30 Art Expression (AQ) K 10:40 Down Memory Lane (C) B 11:25 Hanukkah Mad Libs (C) B 1:45 Shabbat Services with Rabbi Vernon (W) B 2:00 YouTube: Laughing Babies (C) K 2:30 Afternoon Social (DR) K 2:45 Entertainment by Olivia Lu, Harpist (AC) K, B 4:15 Light the Menorah Social (R) B 4:15 Songs From The Heart (C) K 6:00 Wind Down the Day Stretches (C) Ct	~ARMY VS NAVY DAY~ ~Wear GREEN for Army or BLUE for Navy~ 10:00 Stretching with Streamers (DR) S 10:30 Heirloom Reminiscing (AQ) B 11:00 Devotion and Prayer Time (LR) S 11:10 GIANT Jenga Toppler (DR) B 1:15 Gemini Journey Presents Movie Music Magical at Amityville Library with Q, B 2:00 Men's Club: Connect Four (AQ) H 2:00 Sing From the Heart (C) S 2:45 Warm Cookie Social (C) S 3:15 Army vs. Navy Volleyball (DR) S, H 4:15 Light the Menorah Social (R) S 4:15 Tunes on the Victrola (C) H 6:00 Las Vegas Card Games (DR) B
10:00 Warm Sunshine Stretch (DR) K 10:20 Catholic Services (AC) C 10:35 Clipping and Sorting Coupons (DR) K 11:15 Sun Salutation Stretch (DR) C 1:15 Long Island Classic Jazz at Farmingdale Library with Su, K 2:00 Down Memory Lane (AC) C 3:00 Pet Therapy with Mira the Siberian Husky (C) C 3:10 Afternoon Social (DR) C 3:30 Horseshoeing (DR) C 4:15 Light the Menorah Social (R) C 6:00 Dominoes and Cards with Carolyn (AQ)	10:00 Tai Chi with Marie (DR) S 10:45 Crafters Corner: Snowmen (AQ) K 11:00 Keep it UP! Noodle Fun (DR) S 2:00 Singing with Wendy (C) K 2:45 Afternoon Social (C) K 3:15 Winter White Volleyball (DR) K, S 4:15 Armchair Traveler (C) K 4:15 Puzzles and Lacing (AQ) S 6:00 Twilight Chat with Soline (C)	BEAUTY SALON DAY 10:00 Spa Pampering (DR) K 11:00 1:1's with Beverly (AQ) 11:00 Michael's Rehab Pro Exercise (DR) K 2:00 Elf on the Shelf (C) K 2:00 Mother's Reminiscing Corner (AQ) B 2:45 Fresh Fruit Social (C) K 3:15 USTA Tennis Workout (DR) B, K 4:00 Crocheting & Conversation (AQ) K 4:15 Virtual Look: Babies Laughing (C) B 6:00 Stories and S'mores (DR) K	10:00 Loosen Up Stretches (DR) Ct 10:30 This and That Trivia (DR) C 11:00 Lunch Trip to the Milleridge Shops with Su 11:15 Men's Club: Gone Golfing! (AQ) Ct 11:15 Cooking Club (DR) C 2:00 Remember When.... (C) C 2:45 Cooking Club Social (DR) C 3:15 Bowling Strikes (DR) C 4:10 Hallmark Holiday Movie (C) C	10:00 Morning Workout (DR) C 10:30 Puppet Therapy with Dayle Friedman (C) C 11:00 Quilting with Sue Selfridge (AC) D 12:00 Pizza Kitchen Reservations (B) C 2:00 Sing-a-Long Songs with Carolyn (C) 2:30 Mocktail Happy Hour Social (C) C 3:00 Pet Therapy with Carol & Ella (C) C 3:40 Tally Oop Toss (DR) C 4:30 Extreme Rhythm Dance Academy (AC) C 6:00 Music Appreciation: Three Tenors (C) C	10:00 Balance Exercise (DR) B 10:30 Art Expressions (AQ) K 10:40 Reindeer and Winter Animals (C) B 11:25 I Should Have Known That Trivia (C) B 1:45 Shabbat Services (W) B 2:00 Scentscapes: At Home (AQ) B 2:00 Google Earth: Our Old Stomping Grounds (C) K 2:45 Afternoon Social (C) B 3:30 Visit from Bridges Academy School for Concert and Games (AC) B, K 6:00 Catherine's Relaxation Chair Yoga (C)	10:00 Exercise for Vitality (DR) S 10:30 Name that Song (DR) B 10:30 Men's Club: Construction & Gears (AQ) H 11:00 Massapequa Community Girl's Group Visit for Songs and Crafts (AC) S 11:15 Knock Down Cans (DR) B 2:00 Reflections Holiday Party with the Sweet Lorraine Duo. Refreshments will be served. Families welcome! (DR) S, B, H 3:00 Selfies with Santa (DR) R 4:15 Holiday Hangman (C) S 6:00 Saturday Night Dance Party (C) B
10:00 Good News Discussion (DR) B 10:20 Catholic Services (AC) C 10:30 The Nutcracker at Hofstra University with Su, N 10:35 Collages (DR) B 11:15 Soccer Circle (DR) C 2:00 Men's Club: Map It! (AQ) B 2:00 This and That Trivia (C) C 2:30 Pet Therapy with Mira the Siberian Husky (C) C 3:10 Afternoon Social (C) B 3:30 Popcorn Parachute (DR) C, B 4:15 Biography: Jane Austen, British Novelist (C) C 4:15 Building Walk with Brigid (All Floors) 6:00 Joggin Your Noggin (C) C 6:45 Holiday Carols with the Community United Methodist Church (AC) C, B	10:00 Warm-up Stretches (DR) K 10:45 Crafters Corner: Santa Stockings (AQ) K 11:00 Massapequa Holiday Performance with Su 2:00 Singing with Wendy (C) K 2:45 Monday Funday Social (C) K 3:15 Bowling Strikes (DR) K 4:00 Armchair Traveler (C) K 4:00 Heirloom Reminiscing (AQ) S 6:00 Cookie Bingo with Soline (AQ)	BEAUTY SALON DAY 10:00 Jump and Jive Exercise (DR) K 10:50 Spa Pampering (DR) K 11:00 1:1's with Beverly (AQ) 2:00 Virtual Look: Holidays around the World (C) K 2:00 Dominoes (AQ) B 2:45 Fresh Fruit Social (C) K 3:15 Snowflake Craft (DR) B, K 4:10 Crocheting & Conversation (AQ) K 4:10 Christmas Karaoke Fun (C) B 6:00 Tuesday Comedy Night Jokes and Popcorn (C) K	10:00 Power Training (DR) Ct 10:30 White Board Games (DR) C 11:15 Crockpot: Hot Cocoa (DR) Ct 11:15 Building Walk with Cathy (All Floors) 2:00 Matinee Movie (C) C 2:00 Afternoon Entertainment with Jacques LeBas (AC) R 2:35 Afternoon Social (C) C 3:15 Tally Oop Toss (DR) Ct, C 4:10 Mindfulness Coloring (AQ) Ct 4:10 Remember When.... (C) C 6:00 Carolyn's JINGO (C) C	10:00 Three Cheers Stretch (DR) C 10:30 Music Therapy with Patty Kaiser (DR) C 12:00 Pizza Kitchen Reservations (B) C 2:00 Joggin Your Noggin (C) C 2:30 Mocktail Happy Hour Social (C) C 3:00 Pet Therapy with Carol & Ella (C) C 3:30 Scenic Holiday Lights Tour with Su 3:30 Puzzle Mania (DR) C 4:00 Adam's Rib-It Ball (C) C 5:45 Home for the Holiday Movie (C) 6:00 Music Appreciation: Celtic Women (AQ) C	WINTER BEGINS 10:00 Stretching to the Beat (DR) B 10:30 Art Expressions (AQ) K 10:40 YouTube: Puppies and Kittens (C) B 11:25 Talking Toucan (C) B 1:45 Shabbat Services With Rabbi Vernon (W) B 2:00 Reminiscing Holiday Traditions (C) K 2:45 Hot Cocoa Delight Social (C) B 3:15 Girl Scout Troop 2110 Sing-a-Long (AC) B, K 4:15 The Art Traveler with Kanchan (C) 4:15 Reading Roundtable (AQ) B 6:00 Wind Down the Day Stretches (C) Ct	10:00 Stretching with Streamers (DR) S 10:30 Heirloom Reminiscing (AQ) K 11:00 Devotion and Prayer Time (LR) S 11:10 GIANT Jenga Toppler (DR) K 1:00 Stan Wiest Holiday Sing-a-Long at Copiaque Library with Q, K 2:00 Men's Club: Connect Four (AQ) H 2:00 Sing From the Heart (C) S 2:45 Warm Cookie Social (C) S 3:15 Basketball Skills (DR) S, H 4:15 Meditation & Massage (C) S 4:15 Tunes on the Victrola (QR) H 6:00 Las Vegas Card Games (DR) K
10:00 Sunday Happy News (DR) K 10:20 Catholic Services (CLL) C 10:35 Mindfulness Coloring (DR) K 11:15 Winter Themed Hangman (DR) C 2:00 Flower Arranging (AQ) K 2:00 Name 5 (C) C 2:30 Pet Therapy with Mira the Siberian Husky (C) C 3:10 Afternoon Social (DR) C 3:30 Tally Oop Toss (DR) C 4:15 Biography: Alexander I of Russia (C) C 6:00 Dominoes and Cards with Carolyn (AQ)	CHRISTMAS EVE ~Wear Red or Green~ 10:00 Tai Chi with Marie (DR) C 10:45 Craft Corner: Winter Scene (AQ) K 11:00 Keep it UP! Noodle Fun (DR) C 2:00 Singing with Wendy (C) K 2:00 Building Walk (All Floors) C 2:45 Afternoon Social (C) K 3:15 Hat Chat Drama (DR) K, C 4:15 Twas the Night Before Christmas (C) K 4:15 Puzzles and Lacing (AQ) C 6:00 Holiday Movie Night (C)	CHRISTMAS DAY ~Dress Your Best~ 10:00 Jingle Bell Rock Exercise (DR) S 11:00 What's Under the Christmas Tree White Board Game (C) S 2:00 Christmas Carols (C) S 2:45 Christmas Day Social (C) S 3:30 Red & Green Balloon Pop (DR) S 4:15 Holiday Sing-a-Long (C) S 6:00 Holiday Movie Night (C)	10:00 Rockin' Robin Exercise (DR) Ct 10:30 Exploring Science (DR) C 10:45 Funniest Holiday Videos (C) Ct 11:15 Sensory Crockpot (DR) C 12:30 'A Christmas Story' at the Bayway Theater with Su, H 2:00 Head Banz Fun (C) C, Ct 2:45 Afternoon Social (C) C 3:15 Bean Bag Toss (DR) C, Ct 4:10 Remember When.... (C) Ct 4:10 Reading Roundtable (AQ) Ct 6:00 Carolyn's JINGO (AQ) C 7:00 Doris's Caregiver Support Group (W) *	9:30 Dogability Center with Su 10:00 Moving to the Beat (DR) C 10:40 Soccer Circle (DR) C 11:00 Crocheting with Sue Selfridge (AC) Su 11:10 Name that Song (DR) C 12:00 Pizza Kitchen Reservations (B) C 1:45 Movie Matinee (C) C 2:00 Broadway and Beyond with Angela and Tom Stallone (AC) C 3:00 Pet Therapy with Carol & Ella (C) C 3:00 Movie Matinee (C) C 3:00 GIANT Jenga (AC) C 4:20 Sing-a-Longs with Carolyn (C) C 6:00 Music Appreciation: Yanni (C) C	10:00 Twist & Shout Stretch (DR) K 10:30 Matinee Movie (C) K 10:40 Art Expressions (AQ) K 1:45 Shabbat Services (W) Ct 2:00 Reminiscing Fish Bowl (C) K 2:45 Afternoon Social (C) K 3:00 Set and Pass (DR) K 4:15 The Art Traveler with Kanchan (C) 6:00 Wind Down the Day Stretches (C) Ct	10:00 Power House Stretch (DR) S 10:30 Corn Hole Toss (DR) S 11:00 Devotion and Prayer Time (LR) S 2:00 Men's Club: Card Games (AQ) H 2:00 Getting to know you Toss (C) S 2:45 Warm Cookie Social (C) S 3:15 Volleyball Challenge (DR) S, H 4:15 Tunes on the Victrola (QR) H 4:15 Singing and Dancing (C) S 6:00 Holiday Movie (C)