

Lunch at The Bristol

APPETIZER

French Onion Soup with Parmesan Crouton

Fresh Seasonal Fruit Salad

FEATURED ENTRÉES

Grilled Monte Cristo Sandwich*

Turkey, Ham and Swiss on Sliced

Challah Bread

Served with Tomato Basil Pasta Salad

Rigatoni Bolognese with Sliced Italian Bread

Served with Steamed Broccoli Florets

Lobster and Crab Salad Croissant with Spring Chive Dressing

Served with Tomato-Basil Pasta Salad

♥ Asian Chicken Salad Platter

Served over Crisp Romaine with Matchstick Vegetables, Fried Wonton Noodles and Low Sodium Soy Dressing

♥ Cottage Cheese with Fresh Seasonal Fruit

Low Fat Cottage Cheese with Sliced Seasonal Fresh Fruit and Berries

ACCOMPANIMENTS

Tomato-Basil Pasta Salad

Steamed Broccoli Florets

HOT OFF THE GRILL

Hamburger, Turkey Burger, Veggie Burger, Marinated Chicken Breast, Hebrew National Hot Dog*, Plain Omelette or Grilled Cheese Sandwich

Lettuce, Tomato, Onion, Pickle* and French Fries

THE SANDWICH BOARD

Roast Turkey Breast, Virginia Ham*, Lox* and Cream Cheese,

Tuna, Chicken or Egg Salad Sandwich

Served on Choice of Bread with Lettuce, Tomato, Onion, Pickle* and French Fries

SWEET ENDINGS

Poached Pear ala Mode with Raspberry Drizzle**

Sugar Free Poached Pear ala Mode with Fruit Sauce

Assorted** and Sugar Free Cookies

Jello**, Sugar Free Jello, Ice Cream, No Sugar Added Ice Cream

and Fat Free Soft Serve Yogurt**



♥ Heart Healthy Entrée Salad

*Not appropriate for low sodium diet

**Not appropriate for sugar restricted diet

Where Every Day
Means More™