

# MARCH 2019

## ACTIVITIES CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9:45 Meet &amp; Greet (SR) L (AC) S 10:00 Fun n Fitness (SR) L (AC) S 10:30 Word Games (AC) S   Sensory Circle (SR) L <b>Mass at St. Mary's Church B</b> 11:00 <b>Irish Step Dancers Show (CR) L S</b> 1:30 Basketball Challenge (CR) L (SR) S 2:00 <b>Live Music Entertainment W/ George Friedman (DR2) S   Music Appreciation (CR) L</b> 3:30 News Currents (CI) S   Fluff n Fold (SR) L 4:00 Table Topics (AC) L (SR) S 6:30 Remember When (CR) M 7:00 Sports Night TV (SB) M 7:00 Golden Girls Marathon (CI) M</p>	<p><b>ACTIVITY ROOMS</b> 1 <b>SENSORY ROOM</b> <b>ACTIVITY CENTER</b> <b>CINEMA</b> <b>COMMUNITY ROOM</b> <b>COURTYARD</b> <b>DINING ROOM</b> <b>BOWLING ROOM</b> <b>MUSICAL GARDEN</b> <b>MUSICAL LOUNGE</b> <b>PRIVATE DINING ROOM</b> <b>QUIET ROOM</b> <b>SPORTS BAR</b> <b>WALL STREET LOUNGE</b> <b>SPA ROOM</b> <b>FIRST FLOOR</b> SR AC CI CR CY DR BR MG ML PDR QR SB WSL S</p>		<p>ALL PROGRAMS ARE SUBJECT TO CHANGE WITH NOTICE ON DAILY</p> <p>OUTDOOR PROGRAMS ARE WEATHER PERMITTING</p> <p>FOR MORE INFORMATION PLEASE CONTACT THE RECREATION DEPARTMENT AT EXTENTION # 1842</p> <p>COFFEE AND GOOD MORNING AMERICA DAILY AT 7:00 AM AT THE SPORTS BAR</p> <p>MEALTIMES ARE 8:00, 12:00 &amp; 5:00 PM</p> <p>SNACKS AVAILABLE DAILY DURING EVENING HOURS</p>	<p><b>THE TALENTED RECREATION STAFF</b></p> <p><b>Monique M ARCHITA B</b> <b>Dynasty D LAURA L</b> <b>Janelle JA JASON J</b> <b>RITA R SHAMEEKA S</b> <b>LYNN LY ALL A</b> <b>JAN JS VOLUNTEER V</b></p> <p>Join us daily at 3:00 pm for <b>Afternoon Social</b></p> <p><b>Beauty Parlor Every Tuesday &amp; Wednesday</b></p>	<p>9:15 <b>Trip: Concert Performance at Aron School of Music B</b> 1 9:45 <b>Balance &amp; Agility With Mike (AC) LY</b> 10:30 You be the Judge (AC) R   Lynn Says (SR) LY 11:00 Down Memory Lane (AC) R (SR) LY 1:30 Craft Works - Mardi Gras Masks (SR) R 2:00 <b>Shabbat Services with Cantor Moshe (CI) R, LY</b> 2:15 Noodle Hockey (AC) R   Sensory Fun (SR) LY 3:30 <b>Women of Distinction—The Women Living at The Bristol! (CI) R</b> 4:00 Jenga (SR) R   GIANT JENGA (AC) LY 6:30 Family Feud (CR) M 7:00 Friday Night Sports (SB) M 7:00 Friday Night at the Movies (CI) M</p>	<p>9:45 Saturday Inspirations (SR) R (AC) A <b>Trip: Scenic Tour of Little Neck Douglaston Bay B</b> 2 10:00 Saturday Stretch (AC) R (SR) A 10:30 Alphabet Word Race (AC) A (SR) R 11:00 Call Out The Answer! (AC) A (SR) R 1:30 Trivia Challenge (AC) R (SR) A 2:00 <b>Live Music Entertainment (CR) R &amp; A</b> 3:30 Reading Roundtable (CR) R Short Stories (SR) A 4:00 Group Crossword (CR) R   Music and Meditation (SR) A 6:30 Pokeno (CR) A 7:00 Saturday Night at the Movies (CI) A 7:00 Music Appreciation   Classic Country (SB) A</p>
<p>9:45 Meet &amp; Greet (SR) L (AC) S 10:00 Morning Stretch (SR) L (AC) S 10:30 March Anagrams (AC) S   Sensory Circle (SR) L <b>Mass at St. Mary's Church B</b> 11:00 <b>Irish Step Dancers Show (CR) L S</b> 1:30 Basketball Challenge (CR) L (SR) S 2:00 <b>Live Music Entertainment w/ Ciara Green (DR2) S   Music Appreciation (CR) J</b> 3:30 News Currents (CI) L   Puzzles n' Such (SR) S 4:00 Finish the Phrase (AC) L (SR) S 6:30 Remember When (CR) M 7:00 Sports Night TV (SB) M 7:00 Golden Girls Marathon (CI) M</p>	<p>9:45 Sunny Salutations! (SR) S (AC) L 10:00 Fun &amp; Fitness (SR) S (AC) L 10:30 Las Vegas Card Games (AC) L Sensory Circle (SR) S 11:00 Quipoquiz (CR) L   Art &amp; Aromatherapy (SR) S 1:30 <b>Virtual Tour of The French Quarter (CI) L</b> 2:15 At the Races (CR) S   Afternoon Stretch (SR) L 3:30 Finish the Story (CR) S   Short Stories (SR) L 4:00 BINGO (CR) S   Aqua Painting (SR) L 6:30 Round Table Conversation (CR) M 7:00 Men's Group (SB) M 7:00 Movie Musical (CI) M</p>	<p><b>MARDI GRAS—WEAR YOUR PURPLE &amp; GOLD</b> 5 9:45 Morning Wake Up! (SR) L (AC) S 10:00 Jazz-a-size Mardi Gras Style! (SR) L (AC) S 10:30 <b>Beading For Mardi Gras (SR) S</b> <b>Music Therapy with Patty (AC) L</b> 11:30 Trivia Challenge (SR) S (AC) L 1:30 <b>Cooking Club   King Cake (DR) S (SR) L</b> 2:30 Mardi Gras Parade Stroll S L 3:00 <b>Mardi Gras Carnival! (DR1) S L</b> 4:00 Judge Judy on YouTube Case Discussion (AC) L Music &amp; Meditation (SR) S 6:30 Face Time with Family (IC) A 7:00 History Channel (CR) A 7:00 Evening Movie (CI) A</p>	<p><b>ASH WEDNESDAY</b> 6 9:45 Positive Inspirations (SR) L (AC) S 10:00 <b>Zumba Gold Chair With Andrea (AC) L</b> Movin &amp; Groovin (SR) S 10:30 20 Questions (SR) S (AC) L 11:00 <b>Catholic Mass (CI) B</b> Twenty Questions (SR) S (AC) L 1:30 <b>Resident Council Followed By Food Committee Meeting (CI) JS &amp; S</b> 2:15 Movie Matinee (CI) S 4:00 Fun with Alexa (AC) J Sing along (SR) L 6:30 Trivia Challenge (CI) JA 7:00 SPORTS TV (SB) JA 7:00 Movie—Comedy (CI) A</p>	<p>9:45 Morning Meet (SR) S (AC) L 10:00 Fitness &amp; Rhythm Sticks (SR) S (AC) L 10:30 Word Scramble (SR) S   <b>Men's Club (CR) J</b> 11:00 Improv Theater (AC) S   Sensory Sits (SR) L 1:30 Music &amp; Adult coloring (SR) S (AC) L Alene's Card Club (CR) S   BOWLING (AC) L 3:30 Bristol Choir Practice (CI) S, L 4:30 Trivia Challenge! (CI) S 6:30 Smart Board Games (C) JA 7:00 This Old House (SB) JA 7:00 Movie Classic (CI) JA</p>	<p><b>Trip: Morning Dunkin Donuts</b> 8 9:45 Meet &amp; Greet (SR) R (AC) LY 10:00 Fun &amp; Fitness (SR) R (AC) LY 10:30 Touch Board Games (AC) R   Words that Begin With ..... (SR) LY 11:00 <b>Indoor Gardening (SR) J   Zoom in (AC) JS</b> 1:30 Craft Works (AC) R (SR) Y 2:00 <b>Shabbat Services with Cantor Moshe (CI) JS/M</b> 2:15 Group Ring Toss (CR) R   Afternoon Stretch (SR) LY 3:30 Women of Distinction—Mother Theresa (CI) R 4:00 At the Races! (CR) R   Chicken Soup Stories (SR) LY 6:30 Jeopardy (CR) M 7:00 Friday Night Sports (SB) M 7:00 Bristol On Broadway (CI) M</p>	<p>9:45 Saturday Inspirations (SR) R (AC) A 10:00 Morning Stretch (SR) R (AC) A 10:30 Name 10 (AC) R (SR) A 11:00 Horticulture Club (AC) R   Sensory Garden (SR) A 11:15 <b>Trip: Group Lunch to Olive Garden B</b> 1:30 Finish The Phrase (AC) A (SR) R 2:00 <b>March Birthday Celebration With Music By Vic Vincent (CR) R &amp; A</b> 3:30 Reading Roundtable (CR) R Chicken Soup for the Soul (SR) A 4:00 BINGO (CR) A   Music &amp; Meditation (SR) R 6:30 Las Vegas Card Games (CR) A 7:00 Saturday Night at the Movies (CI) A 7:00 Music Appreciation   Jazz (SB) A</p>
<p><b>DAYLIGHT SAVINGS—SPRING AHEAD</b> 10 9:45 Greet The Day! (SR) S (AC) L 10:00 Exercise Class (SR) S (AC) L 10:30 Creative Writing Group (AC) L   Fluff n' Fold (SR) S <b>Mass at St. Mary's Church B</b> 11:15 Table Topics (SR) S (AC) L 1:30 Name 10! (SR) S (CR) L 2:00 <b>Live Music Entertainment w/ Mark Eismann (DR2) S   Music Appreciation (CR) L</b> 3:30 News Currents (CI) S   World Games (AC) L 4:00 Darts (CR) S   Sensory Nature View (AC) L 6:30 Remember When (CR) M 7:00 Sports Night TV (SB) M 7:00 I love Lucy Marathon (CI) M</p>	<p>9:45 Morning Words of Inspiration (SR) L (AC) S 10:00 Workout Arthritis with SOCA (SR) L (CA) S 10:30 Chicken Soup for the Soul &amp; Discussion Group (SR) L (AC) S 11:00 <b>Bristol Helping Hands (AC) L</b>   Sort it Out (SR) S 1:30 <b>Virtual Tour of Ireland (CI) S</b> 2:15 Octoband Stretch (SR) S   Parachute Fun (AC) L 3:30 JOKES with Alexa (AC) L   Adult Coloring (SR) S 4:00 BINGO (CR) L   Pointillism Painting (SR) S 6:30 Hot Topics Conversation (CR) M 7:00 Men's Group (SB) M 7:00 Musical Movie (CI) M</p>	<p>9:45 Rise &amp; Shine (SR) S (AC) L 10:00 Exercise 101 (SR) S (AC) L 10:30 Word Ladder (SR) S <b>MUSIC THERAPY WITH PATTI (AC) L</b> 11:00 Ask Alexa (SR) S 1:30 <b>Cooking Club   Irish Soda Bread (DR) S (SR) L</b> 2:30 Table Tennis (DR) L Table Volley (SR) S 3:30 Judge Judy on YouTube Case Discussion (AC) L Music &amp; Meditation (SR) S 4:30 Two Truths and a Lie (SR) S (AC) L 6:30 Face Time with Family (IC) A 7:00 History Channel (SB) A 7:00 Evening Movie (CI) A</p>	<p>9:45 Morning Meet (SR) L (AC) S 10:00 Movin &amp; Groovin (SR) L (AC) S 10:30 Fill in The Blank (SR) L (AC) S 11:00 Thinkers (SR) L (AC) S 12:00 <b>Private Dining (PDR) R</b> 1:30 Watercolors to Music (SR) L   Sensory Experience (AC) S 2:15 Name 10! (AC) S (SR) L 4:00 Bristol Bowl (BR) L   Activity Clusters (SR) S 6:30 Spring Anagrams (CR) JA 7:00 SPORTS TV (SB) JA 7:00 Movie—Comedy (CI) JA</p>	<p><b>Pi DAY 3.14</b> 14 9:45 Greet The Day (SR) S (AC) L 10:00 Morning Stretch (SR) S (AC) L 10:30 World Map—Have You Been here? (AC) S (SR) L 11:00 Smart Board Games (AC) S   Finish The Phrase (SR) L 12:00 <b>Pizza Pi Luncheon (DR) R</b> 1:30 Virtual Tour of Israel (CI) S 2:15 Fly Swatter Volley Ball! (AC) L Table Volley (SR) S 3:00 <b>Pi Social (DR) S, L</b> 3:30 Bristol Choir Practice (CI) S, L 4:30 Trivia Challenge! S 6:30 Pie Face Game (CR) JA 7:00 HDTV Viewing (SB) JA 7:00 Movie Classic (CI) JA</p>	<p><b>Trip: Hicks Nursey Flower Show B</b> 15 9:45 <b>Balance &amp; Agility with Mike (AC) JA</b> 10:30 Call out the Answer! (SR) R (AC) LY 11:15 "In the Jar" Fun! (AC) R (SR) LY 1:30 Craft Works (AC) R (SR) LY 2:00 <b>Shabbat Services w/ Cantor Moshe (CI) JA</b> 2:15 March Trivia Challenge (CI) R (SR) LY 3:30 Women of Distinction—Opra Winfrey (CI) R 4:00 Creative Writing (SR) R (AC) LY 6:30 Password (CR) M 7:00 Friday Night Sports (SB) M 7:00 Bristol on Broadway (CI) M</p>	<p>9:45 Saturday Inspirations (AC) R (SR) A 10:00 Talley Opp! (SR) R   Conversation Ball (AC) A 10:30 Head Band (AC) R   Mindful Meditation (SR) A 11:15 Volley Ball (AC) R   Painting Flowers (SR) A 1:00 <b>Trip: Jazz Concert at Elmont Library</b> 1:30 Activity Circles (SR) R   Horticulture Club (CR) A 2:00 <b>Live Entertainment By Lewis Brothers (CR) A</b> 3:30 Reading Roundtable (CR) R   Short Stories (SR) A 4:00 BINGO (CR) A 6:30 Scategories (CR) A 7:00 Saturday Night at the Movies (CI) A 7:00 Music Appreciation   Opera (SB) A</p>
<p><b>ST. PATRICK'S Wearing of the Green! NCAA March Madness Begins</b> 17 9:45 Top O' the Morning! (SR) L (AC) S 10:00 Movement with Scarves (SR) L (AC) S 10:30 What Would You Like to See at the End of the Rainbow? (SR) S (AC) L <b>Mass at St. Mary's Church B</b> 11:15 Scatagories All Things Irish (SR) L (AC) S 1:30 Conversation Cards (CR) L (SR) S 2:00 <b>Live Music Entertainment w/ Mark Eismann (DR2) S   Music Appreciation (CR) L</b> <b>Luck of the Irish Social (DR1) L S</b> 3:30 News Currents (CI) L Afternoon Spa (SR) S 4:00 Bowling (CR) L Conversation Ball (SR) S 6:30 Remember When (CR) M 7:00 Sports Night TV (SB) M 7:00 Happy Days Marathon (CI) M</p>	<p>9:45 Greet The Day (SR) S (AC) L 10:00 <b>Tai Chi with Marie (AC) S</b> <b>Jazzercise (SR) L</b> 10:30 World Map—Have You Been here? (AC) L World View (SR) S 11:00 Name That Tune (SR) S (AC) L 1:30 <b>Virtual Tour of Israel (CI) S</b> 2:15 Fly Swatter Volley Ball! (SR) L (AC) S 3:30 Ask Alexa-Play My Song! (AC) S Sensory Box (SR) L 4:00 BINGO (CR) S   Activity Stations (SR) L 6:30 Round Table Conversation (CR) M 7:00 Men's Group (SB) M 7:00 Musical Movie (CI) M</p>	<p>9:45 Morning Motivation (SR) L (AC) S 10:00 Stretch &amp; Shine (SR) L (AC) S 10:30 Word Games (SR) L (AC) S 11:00 Working with Pastels (SR) S You Tube Fun (AC) L 1:30 <b>Cooking Club   Hamantaschen (SR) L (AC) S</b> 2:30 Basketball (SR) S Magnetic Darts (AC) L 3:30 Judge Judy on YouTube Case Discussion (AC) L Music and Meditation (SR) S 4:30 Family Feud (SR) S (AC) L 6:30 Face Time with Family (IC) A 7:00 History Channel (SB) A 7:00 Evening Movie (CI) A</p>	<p><b>First Day of Spring Purim</b> 20 9:45 Greet the Day (SR) L (AC) S 10:00 Resistance Training (SR) L (AC) S 10:30 The Book of Esther (SR) L (AC) S 11:00 <b>BBU: Me Too Movement: Women's Liberation In American Culture (CI) R</b> 1:30 Working with Clay (SR) L   Trivia (SR) S 2:30 <b>Family Purim Celebration (DR) L, S</b> <b>Help our Mitzvah &amp; Bring a Non-Perishable Food Item to Donate to Island Harvest **</b> 4:00 Brain Games (SR) L (AC) R 6:30 Table Topics (CR) JA 7:00 SPORTS TV (SB) JA 7:00 Movie—Comedy Night (CI) JA</p>	<p>9:45 Proverb of the Day! (SR) S (AC) L 10:00 Sit—a—Size! (SR) S (AC) L 10:30 Improv Theater (AC) S   Funniest Home Videos (SR) L 11:30 Truth or Fiction? (AC) S   <b>Men's Club (GR) J</b> 1:30 This or That? (SR) S (AC) L 2:00 Alene's Card Club (CR) L "21" Cards (SR) S (AC) L 3:00 <b>Chef's Demo (SB) R</b> 3:30 Bristol Choir Practice (CI) S, L 4:30 Trivia Challenge (CI) S 6:30 Smart Board Games (CR) JA 7:00 This Old House (SB) JA 7:00 Movie Classic (CI) JA</p>	<p><b>Scenic Tour Of Little Neck Douglaston Bay B</b> 22 9:45 Rise &amp; Shine (SR) R (AC) LY 10:00 Movement with Scarves (AC) R (SR) LY 10:30 Dominoes (SR) R (CR) LY 11:00 <b>Bristol Helping Hands (CR) JA</b> 1:30 Craft Works (AC) R (SR) LY 1:30 <b>Shabbat Services w/ Cantor Moshe Celebrating Purim (CI) JA</b> 2:15 Magnetic Darts (AC) R Table Volley (SR) LY 3:30 Women of Distinction: Barbara Streisand (CI) R 4:00 Golfing (CR) R Sensory Stretch (SR) LY 6:30 Alphabet Word Race! (CR) M 7:00 Friday Night Sports (SB) M 7:00 Bristol on Broadway (CI) M</p>	<p>9:45 Saturday Inspirations (AC) R (SR) A 10:15 <b>Pet Therapy With Frankie (AC) R (SR) A</b> Puppy and Kitten Joy (AC) R (SR) A 11:15 <b>Trip: Shopping Spree at the Dollar Tree</b> 1:30 America's Most Funniest Home Videos (CI) A 2:00 <b>Live Music Entertainment w/ Jimmy Salva (CR) R &amp; A</b> 3:30 Reading Roundtable (SR) R   Short Stories (SR) A 4:00 BINGO (CR) A 6:30 Karaoke (CR) A 7:00 Saturday Night at the Movies (CI) A 7:00 Music Appreciation   Famous Crooners (CR) A</p>
<p>9:45 Greet the Day (SR) S (AC) L 10:00 Working with "Weights" (SR) L (AC) S 10:30 Opposites Attract (SR) L (AC) S <b>Mass at St. Mary's Church B</b> 11:15 Spring Anagrams (SR) L (AC) S 1:30 Pictionary (SR) L (AC) S 2:00 <b>Live Music Entertainment W/ Mark Eisman (DR2) S   Music Appreciation (CR) L</b> 3:30 Name Ten Spring Edition (SR) L (AC) S 4:00 Soccer Circle (AC) L Table Soccer (SR) S 6:30 Remember When (CR) M 7:00 Sports Night TV (SB) M 7:00 Honeymooners Marathon (CI) M</p>	<p>9:45 Rise &amp; Shine (SR) L (AC) S 10:00 Working with "Resistance Bands" (SR) L (AC) S 10:30 Activity Stations (SR) L   Pictionary (AC) S 11:00 Alphabet Word Race (SR) L (AC) S 1:30 <b>Virtual Tour of Spring Gardens (CI) L</b> 2:15 Golfing (CR) L   Table Volley (SR) S 3:30 Ask Alexa Anything! (SR) S   21—Cards (CR) L 4:00 BINGO (CR) S   Mindful Meditation (SR) L 6:30 Hot Topics Conversation (CR) M 7:00 Men's Group (SB) M 7:00 Musical Movie (CI) M</p>	<p>9:45 Rise &amp; Shine (SR) S (AC) L 10:00 Movement with Scarves (AR) S (AC) L 10:30 Short Stories (SR) S   Quipoquiz (AC) L 11:00 Thinkers (SR) S (AC) L 1:30 <b>Cooking Club (DR) L   Cooking Experience (SR) R</b> <b>Fitness By Barrie (AC) S</b> 2:30 YouTube Jeopardy (AC) S   Art Works (SR) L 3:30 Judge Judy On YouTube Case Discussion (AC) S 4:30 Word Challenge! (AC) S (AC) S 6:30 Face Time with Family (IC) A 7:00 History Channel (SB) A 7:00 Evening Movie (CI) A</p>	<p>9:45 Rise And Shine (SR) L (AC) S 10:00 Movin &amp; Groovin (SR) L (AC) S 10:30 Minute to Win it! (AC) J   Sensory Massage (SR) S 11:30 Pictionary (SR) L (AC) S 1:30 Working with Pastels (SR) L   Puzzles n Such (SR) S 2:00 Movie Matinee (CI) R 4:00 Family Feud (SR) S (AC) L 6:30 "WINE"-dallas (CR) JA 7:00 Sports TV (SB) JA 7:00 Movie—Comedy Night (CI) JA</p>	<p><b>Opening Day for Baseball Wear Your Team Jersey!</b> 28 9:45 Morning Inspirations (SR) S (AC) L 10:00 Working with "Weights" (SR) S (AC) L 10:30 Getting to Know You Ball Game (SR) S (AC) L 11:00 Opening Day Anagrams (SR) S (AC) L 1:05 <b>Batter Up—Yankees vs Baltimore Orioles (CR) R</b> <b>Batter Up—Mets vs Washington (2nd fl) L</b> 2:00 Alene's Card Club (CR) S "21" Cards (SR) JA (AC) L 3:00 <b>Welcome Tea (PD2) S, L</b> 3:30 Bristol Choir Practice (CI) S, L 4:30 Trivia Challenge (CI) S 6:30 Growing up a Baseball Fan (CR) JA 7:00 HDTV Viewing (SB) JA 7:00 Movie Classic (CI) JA</p>	<p>9:45 Greet The Day (SR) R (AC) LY 10:00 Octoband Stretch (AC) R (SR) LY 10:30 Ask Alexa (SR) R   Hot Topics (AC) LY 11:15 Smart Board Exploration (AC) R   Word Games (SR) LY 1:30 Who am I? (AC) R   Aroma Therapy (SR) LY 2:00 <b>Shabbat Services with Cantor Moshe (CI) R</b> 2:00 Basketball (CR) L Basketball (SR) LY 3:30 Woman of Distinction: Golda Meir (CI) R 4:00 Spring Collages (SR) R (CR) LY 6:30 Group Crossword Challenge (CR) M 7:00 Friday Night Sports (SB) M 7:00 Bristol on Broadway (CI) M</p>	<p>9:45 Saturday Inspirations (AC) R (SR) A 10:15 <b>Pet Therapy With Frankie (AC) R (SR) A</b> Nature at its Best (AC) R (SR) A 11:15 <b>Trip: Shopping Spree at the Dollar Tree</b> 1:30 America's Most Funniest Home Videos (CI) A 2:00 <b>Live Music Entertainment (CR) R &amp; A</b> 3:30 Reading Roundtable (SR) R   Short Stories (SR) A 4:00 BINGO (CR) A 6:30 Karaoke (CR) A 7:00 Saturday Night at the Movies (CI) A 7:00 Music Appreciation   Rock n' Roll (CR) A</p>