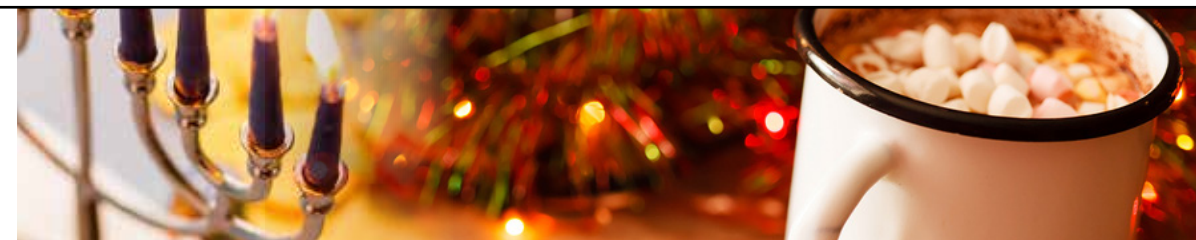


# DECEMBER 2018

## REFLECTIONS ACTIVITIES CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10:00 <b>Catholic Mass at St. Patrick's</b> <b>30</b></p> <p>10:00 Sit and Be Fit with Nancy(DW)</p> <p>10:15 Sunday News Review (AC) R</p> <p>10:30 Smart Board Program (AC) R</p> <p>3:00 Yoga with Nancy (DW)</p> <p>3:00 Sunday Sundaes (DR) R</p> <p>4:00 BINGO with Rosette (DR)</p> <p>6:30 Pictionary (DW) A</p>	<p><b>New Year's Eve Dress to Impress!</b> <b>31</b></p> <p>10:00 Monday Movements With Amanda (DW)</p> <p>10:45 Musical Memories of 2018 (DW) R</p> <p>11:00 New Year's Resolutions (QA) R</p> <p>2:00 Headlines of 2018 (QA) R</p> <p>3:00 <b>Bristol's Rockin' Eve Party with 4 Star Entertainment (BI) X</b></p> <p>4:00 Last B-I-N-G-O Game of 2018 (DR)A</p> <p>7:15 Monday Night Movie (C)</p> <p>7:30 <b>New Years Rockin' Eve (DW)</b></p>	<p><b>OUR TALENTED STAFF</b></p> <p><b>Laura</b> La <b>Lindsay</b> Li</p> <p><b>Kat</b> K <b>Brittany</b> B</p> <p><b>Amanda</b> A <b>Nancy</b> N</p> <p><b>Rosette</b> R <b>Nick</b> Ni</p> <p><b>Julian</b> J <b>Care Aide</b> CA</p> <p><b>Lucila</b> L <b>All</b> X</p>	<p><b>Activity Room Key</b></p> <p><b>AC</b> Arts &amp; Crafts <b>LI</b> Library</p> <p><b>BI</b> Bistro (AL) <b>L</b> Lobby</p> <p><b>CK</b> Country Kitchen <b>DR</b> Dining Room</p> <p><b>DW</b> Dance/WII Area <b>C</b> Cinema</p> <p><b>Q</b> Quiet Room</p> <p><b>PDR</b> Private Dining Room</p>	<p><b>ALL PROGRAMS ARE SUBJECT TO CHANGE WITH NOTICE ON YOUR DAILY ACTIVITY SHEET. ALL OUTDOOR ACTIVITIES AND TRIPS ARE WEATHER PERMITTING.</b></p> <p><b>PLEASE SEE LINDSAY, OUR RECREATION DIRECTOR WITH ANY QUESTIONS REGARDING THE RECREATION CALENDAR</b></p>	<p><b>Happy Holidays</b></p>	<p><b>3 Sisters Neckglass Shop Barber Shop</b> <b>1</b></p> <p>9:00 <b>Temple at Isaiah in Stony Brook</b></p> <p>10:00 Saturday News (DW) B</p> <p>11:00 Welcome December Trivia (QA) B</p> <p>11:00 <b>ZUMBA Fitness with Alyssa (P)</b></p> <p>2:00 Google Map Program (DR) B</p> <p>2:15 <b>Scenic Drive L</b></p> <p>3:00 Sangria &amp; Cheese (DR) B</p> <p>4:00 Stretch it Out (P) B</p> <p>6:30 Jokes with Laura (DW) La</p>
<p><b>Hanukkah Begins at Sundown</b> <b>2</b></p> <p>10:00 <b>Catholic Mass at St. Patrick's L</b></p> <p>10:00 Sit and Be Fit with Nancy (DW)</p> <p>10:15 Sunday News Review (AC) R</p> <p>10:30 Watercolors to Music (AC) R</p> <p>3:00 Sunday Sundaes (DR) R</p> <p>4:00 Yoga with Nancy (DW)</p> <p>4:00 <b>Lighting the Menorah (L)</b></p> <p>6:30 Pictionary (DW) A</p>	<p>10:00 Monday Movements with Amanda (DW) <b>3</b></p> <p>11:00 Table Top Games (DR) A</p> <p>2:00 Monday Matinee in the Cinema</p> <p>3:00 Gingerbread House Competition (DR) R</p> <p>4:00 Bean Bag Toss (DW) A</p> <p>4:00 <b>Lighting the Menorah (L)</b></p> <p>6:30 Name That Tune (DW) R</p>	<p><b>Deck Out In Your Favorite Holiday Gear!</b> <b>4</b></p> <p>10:00 <b>Deck The Halls—Final Touches X</b></p> <p>2:30 <b>Volleyball Match Against Sayville NI</b></p> <p>3:00 Chefs Appetizers (DR) A</p> <p>4:00 Bingo (DR) A</p> <p>4:00 <b>Lighting the Menorah (L)</b></p> <p>6:30 Peace Is In Every Breath: Conversations on Mindfulness (DW) K</p>	<p><b>Pat Sommers Holiday Gift Shop</b> <b>5</b></p> <p>10:00 Wednesday Weights (DW) A</p> <p>10:30 <b>Catholic Communion (C) A</b></p> <p>11:00 Decking Out Our Doors (AC) A</p> <p>12:00 <b>Luncheon in the Private Dining Room K, A</b></p> <p>2:00 Afternoon Walk (DW) A, R</p> <p>3:00 Social Hour (DR) A, R</p> <p>4:00 <b>Lighting the Menorah (L)</b></p> <p>6:30 Stories Before Bed: Reading Chicken Soup for the Soul (DR) R</p>	<p><b>Resident Holiday Party Dress to Impress Beauty Parlor Day</b> <b>6</b></p> <p>10:00 Thursday Fitness Class (DW) N</p> <p>10:30 Arts &amp; Crafts: Snow Globes (AC) A, R</p> <p>11:00 B-I-N-G-O A, R</p> <p>2:00 Technology Class: Google Maps (QA) K</p> <p>3:00 Primping and Party Prepping (DR) R</p> <p>4:00 <b>Lighting the Menorah (L)</b></p> <p>4:00 <b>Cocktail Hour</b></p> <p>5:00 <b>Holiday Dinner in the Dining Room Dinner Music by Johnny Wimple</b></p> <p>6:30 <b>Holiday Party and Dancing with New York To Hollywood (1 floor)</b></p>	<p><b>Happy Birthday Maureen!</b> <b>7</b></p> <p>10:00 Fit Fridays (DW) K</p> <p>11:00 Autumn Anagrams (QA) K</p> <p>2:00 Friday Films in the Cinema K</p> <p>3:00 Afternoon Social (DR) La</p> <p>4:00 Relaxing Yoga with Nancy (DW)</p> <p>4:00 <b>Lighting the Menorah (L)</b></p> <p>4:15 <b>Shabbat with Rabbi Altman (S) La</b></p> <p>6:30 Sing—A—Long (DR) B</p>	<p>9:00 <b>Temple at Isaiah in Stony Brook</b> <b>8</b></p> <p>10:00 What's in the News (DW) B</p> <p>11:00 Conversation Starts (QA) B</p> <p>11:00 <b>ZUMBA Fitness with Alyssa (P)</b></p> <p>2:00 Saturday Stories (QA) B</p> <p>3:00 Sangria and Cheese Social (DR) B</p> <p>4:00 <b>Lighting the Menorah (L)</b></p> <p>6:30 Watercolors (AC) La</p>
<p>10:00 <b>Catholic Mass at St. Patrick's L</b> <b>9</b></p> <p>10:00 Sit and Be Fit with Nancy (DW)</p> <p>10:30 Word Games (DW) R</p> <p>1:00 <b>Steel Silk Band Christmas Show at Sachem Public Library L, La</b></p> <p>3:00 Sunday Sundaes (DR) R</p> <p>4:00 Yoga with Nancy (DW)</p> <p>4:00 <b>Lighting the Menorah (L)</b></p> <p>6:30 Family Feud (DW) A</p>	<p>10:00 Monday Movements with Amanda (DW) A <b>10</b></p> <p>10:30 What's in the News (QA) A</p> <p>11:00 Table Top Games (QA) A</p> <p>2:00 Monday Matinee in the Cinema A</p> <p>2:15 Name That Singer (DW) A</p> <p>3:00 Winter Craft (AC) A</p> <p>4:00 Balloon Volleyball Practice (DW) A</p> <p>6:30 Who Sang It? (DW) R</p>	<p>10:00 Tuesday Tone Up (DW) N <b>11</b></p> <p>10:30 Decorating the Cork Board (AC) A</p> <p>11:00 Let's Do Trivia (QA) A</p> <p>2:00 <b>Long Island In The Movies Lecture (C)</b></p> <p>3:00 Chefs Appetizers (DR) A</p> <p>4:00 Dance Party with Amanda and Rosette (First Floor DW)</p> <p>6:30 Music Trivia (DW) K</p>	<p><b>National Gingerbread Day</b> <b>12</b></p> <p>10:00 Baking Club: Decorate Ginger Bread Men Cookies</p> <p>10:30 <b>Catholic Communion (C) A</b></p> <p>11:00 Arts &amp; Crafts: Bell Bracelets (AC) A</p> <p>2:00 What's Your Zodiac Sign?! (QA) R</p> <p>2:00 <b>Scenic Trip Ni, A</b></p> <p>3:00 Social Hour (DR) R</p> <p>4:00 Wednesday Word Search on the Smart Board (QA) R</p> <p>6:30 <b>Holiday Lights Outing Ni</b></p>	<p><b>Staff Holiday Party: Crazy Sweater Day Beauty Parlor Day</b> <b>13</b></p> <p>10:00 Thursday Fitness Class (DW) N</p> <p>10:30 Would You Rather (QA) A, R</p> <p>11:00 Armchair Travel (DW) A</p> <p>2:00 Thursday Matinee Movie (C) A, R</p> <p>3:00 Thirsty Thursday (DR) A, R</p> <p>4:00 Musical Memories (DW) A, R</p> <p>6:30 Chatting with Brittany (DW)</p>	<p>10:00 Fit Fridays (DW) K <b>14</b></p> <p>11:00 Reminiscing Corner: My Favorite Holiday Memory (QA) K</p> <p>2:00 Friday Films in the Cinema K</p> <p>3:00 <b>Social and Caroling With the Girl Scouts (BI) La</b></p> <p>4:00 Yoga with Nancy (DW)</p> <p>4:15 <b>Shabbat with Rabbi Altman (S) La</b></p> <p>6:30 Word Games (DW) B</p>	<p>9:00 <b>Temple at Isaiah in Stony Brook</b> <b>15</b></p> <p>10:00 Saturday News (QA) B</p> <p>11:00 What's your Zodiac Sign? (QA) B</p> <p>11:00 <b>ZUMBA Fitness with Alyssa (P)</b></p> <p>2:00 Afternoon Movie in the Cinema K</p> <p>3:00 <b>Holiday Caroling with Kat and JK Hodge (L)</b></p> <p>6:30 Table Games (DR) La</p>
<p>10:00 <b>Catholic Mass at St. Patrick's L</b> <b>16</b></p> <p>10:00 Sit and Be Fit with Nancy (DW)</p> <p>10:15 What's New? (AC) R</p> <p>10:30 Google This (DW) R</p> <p>3:00 Sundae Sundays (DR) R</p> <p>4:00 Beginners Yoga with Nancy (DW)</p> <p>6:30 Hang Man (DW) A</p>	<p><b>Happy Birthday Theresa!</b> <b>17</b></p> <p>10:00 What's in the News? (QA) A</p> <p>10:30 Table Top Games (QA) A</p> <p>11:00 Drum Circle (RW) A</p> <p>2:00 Monday Matinee in the Cinema A</p> <p>2:15 Musical Trivia (DW) A</p> <p>3:00 Ping Pong Match (1st Floor DW) R</p> <p>4:00 Winter Memories (AQ) A</p> <p>6:30 Uno (QA) R</p>	<p><b>Happy Birthday Theresa!</b> <b>18</b></p> <p>10:00 Tuesday Tone Up (DW) N</p> <p>10:30 News &amp; Reviews (QA) A</p> <p>11:00 Musical Trivia (QA) A</p> <p>2:00 Balloon Volleyball (DW) A</p> <p>3:00 <b>Staff Cookie Competition (BI) X</b></p> <p>4:00 Dance Party with Amanda and Rosette (Second Floor DW)</p> <p>6:30 Piano and Song with Kat (DW) K</p>	<p>10:00 Wednesday Weights (DW) A <b>19</b></p> <p>10:30 <b>Catholic Communion (C) A</b></p> <p>10:30 Stretch it Out (DW) CA</p> <p>11:15 Holiday Craft (AC) A</p> <p>2:30 December Birthday Party <b>Entertainment with Bay City Ramblers (1st Floor DW) X</b></p> <p>4:00 Celebrities Born This Month (QA)A</p> <p>6:30 Dominos and Other Games (DR) R</p>	<p><b>Beauty Parlor Day</b> <b>20</b></p> <p>10:00 Thursday Fitness Class (DW) N</p> <p>10:30 Musical Memories (AC) A, R</p> <p>11:00 December Trivia (DW) A, R</p> <p>2:00 December Trivia (DW) K</p> <p>3:00 Thirsty Thursday (DR) K</p> <p>5:00 <b>Dinner Hour Music by Vance (DR)</b></p> <p>6:30 Hot Topics with Brittany (QA)</p>	<p><b>Happy Birthday Mary! First Day of Winter</b> <b>21</b></p> <p>10:00 Fit Fridays (DW)</p> <p>11:00 Winter Memories (QA) K</p> <p>2:00 Friday Films in the Cinema K</p> <p>2:00 UNO (QA) La</p> <p>3:00 <b>Winter Party With Entertainment by John Bracco (DW 2nd floor) K</b></p> <p>4:00 Relaxing Yoga with Nancy (DW)</p> <p>4:15 <b>Shabbat with Rabbi Altman (S) La</b></p> <p>6:30 Famous Faces (DW) B</p>	<p><b>Happy Birthday Maria!</b> <b>22</b></p> <p>9:00 <b>Temple at Isaiah in Stony Brook</b></p> <p>10:00 Saturday Stories (QA) B</p> <p>11:00 <b>ZUMBA Fitness with Alyssa (P)</b></p> <p>2:15 Balloon Volleyball with Our Friends on the First Floor B, K</p> <p>3:00 Sangria &amp; Cheese B</p> <p>4:00 Chats with Brittany (QA)</p> <p>6:30 Evening Stretches (DW) La</p>
<p>10:00 <b>Catholic Mass at St. Patrick's</b> <b>23</b></p> <p>10:00 Sit and Be Fit with Nancy (DW)</p> <p>11:00 Smart Board Activities (DR) R</p> <p>2:00 Dance Party! (DW) R</p> <p>3:00 Sundae Sundays with Rosette (DR)</p> <p>4:00 Beginners Yoga with Nancy (DW)</p> <p>6:30 Card Games (DR) A</p>	<p><b>Christmas Eve Christmas Eve Mass at St. Patrick's L</b> <b>24</b></p> <p>10:00 Monday Movements (DW)</p> <p>10:30 My Favorite Wish List (QA) A</p> <p>11:00 Table Top Games (DR) CA</p> <p>2:00 Monday Matinee in the Cinema A</p> <p>2:15 Jewelry Making (AC) A</p> <p>3:00 Christmas Eve B-I-N-G-O (DR) R</p> <p>4:00 Meditation (QA) R</p> <p>5:00 Evening Movie (C) R</p>	<p><b>Merry Christmas</b> <b>25</b></p> <p>10:00 Coffee and Yule Log</p> <p>10:00 Tuesday Tone Up (DW) N</p> <p>10:00 <b>Christmas Day Mass at St. Patrick's L</b></p> <p>11:00 Sounds of the Season: Our Favorite Christmas Songs (DW)</p> <p>2:00 Holiday Matinee (C)</p> <p>3:00 Santa Social (DR) R</p> <p>5:00 <b>Christmas Dinner (DR)</b></p> <p>7:15 Table Games (QA) K</p>	<p>10:00 Mid—Week Movements (DW) <b>26</b></p> <p>10:30 <b>Catholic Communion (C) A</b></p> <p>10:30 Name That Tune (QA) A</p> <p>11:00 Post Holiday Discussions (QA) A</p> <p>2:30 <b>Entertainment with Jimmy Salvanni (BI)</b></p> <p>3:00 Cake Cutting (DR)</p> <p>4:00 Musical Bingo (DR) A, R</p> <p>6:30 Karaoke (DW) R</p>	<p><b>Beauty Parlor Day</b> <b>27</b></p> <p>10:00 Thursday Fitness Class (DW) N</p> <p>10:30 Board Games (QA) A, R</p> <p>11:00 Stretch it Out (DW) A, R</p> <p>2:00 <b>Chance to Dance Performs (BI) X</b></p> <p>3:00 The Happiest of Hours (DR) A, R</p> <p>3:30 Karaoke (DW) A, R</p> <p>4:00 Musical Beats (DW) A, R</p> <p>6:30 The News Break with Brittany (DW)</p>	<p>10:00 Fit Fridays (DW) <b>28</b></p> <p>11:00 Magazine Hunt</p> <p>2:00 Friday Films in the Cinema K</p> <p>2:00 Board Games (DR) La</p> <p>3:00 Afternoon Social (DR) La</p> <p>4:00 Relaxing Yoga with Nancy (DW)</p> <p>4:15 <b>Shabbat with Rabbi Altman (S) La</b></p> <p>6:30 Resident's Choice (DW) B</p>	<p>9:00 <b>Temple at Isaiah in Stony Brook</b> <b>29</b></p> <p>10:00 Positive News Headlines QA) B</p> <p>11:00 Saturday Magazine Hunt (QA)B</p> <p>11:00 <b>ZUMBA Fitness with Alyssa (P)</b></p> <p>2:00 Balloon Volleyball with Our Friends on the First Floor (First Floor) B, K</p> <p>3:00 Sangria &amp; Cheese B</p> <p>4:00 Chats with Brittany (QA)</p> <p>6:30 Evening Stretches (DW) La</p>