

MAY 2019

REFLECTIONS ACTIVITIES CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>Activity Room Key</u></p> <p>AC Arts & Crafts BI Bistro (AL) CK Country Kitchen DR Dining Room DW Dance/WII Area L Lobby Q Quiet Room</p> <p>LI Library QA Quiet Activity PDR Private Dining Room C Cinema P Parlor</p>	<p><u>OUR TALENTED STAFF</u></p> <p>Laura La Kat K Amanda A Rosette R Julian J Lucila L Julia Ju</p> <p>Lindsay Li Brittany B Nancy N Nick Ni Care Aide CA All X Ju</p>	<p>PLEASE SEE LINDSAY NAVETTA, OUR RECREATION DIRECTOR WITH ANY QUESTIONS REGARDING THE RECREATION CALENDAR</p> <p>ALL PROGRAMS ARE SUBJECT TO CHANGE.</p> <p>ALL OUTDOOR ACTIVITIES ARE WEATHER PERMITTING.</p>	<p>May Day 1</p> <p>Wear Your Favorite Hawaiian Shirt</p> <p>10:00 Baking Club: Cupcakes (CK) R 11:00 Spring Scattergories (DW) A, R 2:00 Afternoon Stroll (DW) A, R 2:30 May Day Entertainment with New York to Hollywood (BI) X 3:00 Social Hour & Tunes (DR) A, R 4:00 Chair Yoga (QA) A, R 6:00 Topple (DR) J</p>	<p>Beauty Parlor Day 2</p> <p>10:00 Thursday Fitness Class (DW) N 10:30 Current Events (DW) A 11:00 Penny Ante Game (DW) R 2:00 Musical Match (DW) A, R 3:00 Thirsty Thursday Happy Hour (DR) A 4:00 Aromatherapy (QA) A, R 6:00 Finish The Phrase (DR) B</p>	<p>Happy Birthday Lainie!! 3</p> <p>10:00 Friday Stretches (DW) La 10:30 What's in the News? (QA) La 11:00 Hollywood Trivia (DW) La 2:00 Friday Films in the Cinema La 3:00 Aromatherapy (QA) La 4:00 Relaxing Yoga with Nancy (DW) 4:15 Shabbat With Rabbi Altman (S) La 6:00 You Be The Judge (DR) Ju</p>	<p>Star Wars Day 4</p> <p>9:30 Temple at Isaiah in Stony Brook 10:00 Star Wars Word Games (DW) B 11:00 Coloring Mandalas with Brittany (AC) B 11:00 ZUMBA Fitness with Alyssa (P) 2:00 Drive Through Port Jefferson L, B 2:00 Saturday Stories with Brittany (QA) 3:00 Sangria and Cheese Social (DR) L 4:00 Finish The Phrase (QA) B 6:00 Jokes With Laura (QA)</p>
<p>Cinco de Mayo 5</p> <p>Wear Green, White or Red</p> <p>10:00 Catholic Mass at St. Patrick's L 10:30 Morning Stretch (DW) 11:00 Johnny Wimple Performs (Second Floor DW) Lb 1:30 Mambo Loco Plays @ Sachem Library L 2:00 Salsa Silent Disco (DW) La 3:00 Cinco de Mayo Social (DR) La 4:00 Would You Rather (QA) La 6:00 Pictionary (DW) A</p>	<p>Happy Birthday Marie!! 6</p> <p>10:00 Monday Movements with Amanda (DW) 10:30 May Word Pictures (QA) A 11:00 Table Top Games (DR) A 2:00 Trip to the Duck Pond Ni A 2:00 Afternoon Mind Joggers (QA) A 3:00 Octoband Hour (DW) A 4:00 Magazine Hunt (DW) R 6:00 Name That Tune (DW) R</p>	<p>Drive—In Walker Clinic & Inspection In The Bistro 7</p> <p>10:00 Tuesday Tone Up (DW) N 10:30 Friendly Chats with Amanda (QA) 11:00 Name 10 Game (QA) A 2:00 After Lunch Stroll (DW) A 3:00 Chef's Appetizers (DR) A 3:30 Puppet Show with Dayle (DW) A 6:00 Peace Is In Every Breath: Conversations on Mindfulness (DW) K</p>	<p>8</p> <p>10:00 Morning Exercise (DW) R 10:30 Catholic Communion (C) A 11:00 Crosswords on the Smart Board (AC) A, R 11:30 Pet Therapy (DW) A, R 2:30 May Birthday Party with New York To Hollywood (2nd Floor DW)X 3:00 Let's Eat Cake! (DR) K, A, R 4:00 Mid—Week Stretch (DW) R 6:00 Stories Before Bed: Reading Chicken Soup for the Soul (DR) J</p>	<p>Beauty Parlor Day 9</p> <p>10:00 Thursday Fitness Class (DW) N 10:30 Bulletin Board Trivia (QA) A 11:00 Sing—A—Long (DW) A 2:00 After Lunch Stroll (DW) A, R 2:30 Afternoon Darts! (DW) A, R 3:00 Thirsty Thursday Happy Hour (DR) A 4:00 Hand Massages (QA) A 6:00 Stories with Brittany (DW) B</p>	<p>10</p> <p>10:00 Friday Stretches (DW) La 10:30 What's in the News (QA) La 11:00 Music Therapy with Patty (1st Floor DW) K 2:00 Open Art Studio (AC) La 3:00 Coffee And Jokes with Laura (QA) 4:00 Relaxing Yoga with Nancy (DW) 4:15 Shabbat With Rabbi Altman (S) La 6:00 Picture Discussion (DR) Ju</p>	<p>11</p> <p>9:30 Temple at Isaiah in Stony Brook 10:00 Morning Stretch! (DW) B 11:00 ZUMBA Fitness with Alyssa (P) 11:00 Conversation Starters (QA) B 2:00 You be The Judge (QA) B 3:00 Sangria and Cheese Social (DR) B 4:00 Afternoon Trivia (QA) B 6:00 Watercolors (AC) La</p>
<p>Mother's Day 12</p> <p>10:00 Catholic Mass at St. Patrick's L 10:30 Morning Stretch (DW) 11:00 Mother's Day Memories (QA) 2:00 Mother's Day Entertainment with Baron (BI) X 3:00 Mother's Day Social (DR) La 4:00 Finish That Phrase (QA) La 6:00 Family Feud (DW) A</p>	<p>13</p> <p>10:00 Monday Movements with Amanda (DW) 10:30 Name That Singer (DW) A 11:00 Indoor Golf (DW) A 2:00 Afternoon Stroll (DW) A 2:30 Monday Matinee with Popcorn! (C) A 4:00 Monday Meditation (QA) A 5:45 Dinner Music with Vance (DR) R 6:00 Beauty Tips with Rosette (DW)</p>	<p>14</p> <p>10:00 Tuesday Tone Up (DW) N 10:30 Daily Horoscopes (QA) A 11:00 Bowling Practice (DW) A 2:00 Trivia Challenge (QA) R 3:00 Chef's Appetizers and Music (DR) X 4:00 Aromatherapy (DW) R 6:00 Music Trivia (DW) K</p>	<p>15</p> <p>10:00 Baking Club: Chocolate Chip Cookies (CK) R 10:30 Catholic Communion (C) A 11:00 Aromatherapy (QA) R 2:00 Balloon Volleyball (DW) R 3:00 Social Hour & Oldies Tunes (DR) R 4:00 Afternoon Meditation (QA) R 6:00 UNO and Other Table Games (DR) J</p>	<p>National Mimosa Day 16</p> <p>Wear Yellow Today</p> <p>Beauty Parlor Day</p> <p>10:00 Thursday Fitness Class (DW) N 10:30 Charades (DW) R 11:00 Conductor—Size (DW) A 2:00 Afternoon Stroll (DW) A, R 2:30 Badminton Faceoff (DW) A, R 3:00 Thirsty Mimosa Thursday! (DR) R 4:00 Rachel & Zach Perform (BI) R 6:00 Coloring with Brittany (DW)</p>	<p>Happy Birthday Julie!! 17</p> <p>10:00 Fit Friday with Laura (DW) 10:30 Spring Poems (QA) La 11:30 Reminiscing Corner (QA) La 2:00 Afternoon Jokes (DW) La 3:00 Open Art Studio (AC) La 4:00 Yoga with Nancy (DW) 4:15 Shabbat With Rabbi Altman (S) La 6:00 Word Games (DW) Ju</p>	<p>Happy Birthday Barbara!! 18</p> <p>Armed Forces Day</p> <p>9:30 Temple at Isaiah in Stony Brook 10:00 Morning Stretch (DW) B 11:00 Open Art Studio (AC) B 11:00 ZUMBA Fitness with Alyssa (P) 2:00 Afternoon Walk (DW) B 2:30 Entertainment with Naomi (BI) X 3:00 Sangria and Cheese Social (DR) B 4:00 Finish The Phrase (QA) B 6:00 Table Games (DR) La</p>
<p>19</p> <p>10:00 Catholic Mass at St. Patrick's L 10:30 Sunday Morning Stretch (DW) 11:00 All Mulad Come to The Bristol (BI) X 1:30 Shtrykov—Tanaka Duo Performs @ Sachem Library L 2:00 Afternoon Movie & Popcorn (C) La 3:00 Sunday Sundays (DR) La 4:00 You Be The Judge (QA) La 6:00 Hang Man (DW) A</p>	<p>20</p> <p>10:00 Monday Movements with Amanda (QA) A 10:30 Monday Morning News (QA) A 11:00 Name 10 Game (DW) A 2:00 Afternoon Stroll (DW) A 2:30 Volleyball Match vs. Sayville Bristol! (DW) A, R 4:00 Hand Massages and Music (QA) A 6:00 Uno (QA) R</p>	<p>21</p> <p>10:00 Tuesday Tone Up (DW) N 11:00 News & Review (QA) A 12:00 Private Dining (PDR) 2:00 Scavenger Hunt Scenic Drive Ni, R 2:30 Horoscopes (QA) A 3:00 Chef's Appetizers (DR) A 4:00 Meditation (QA) R 6:00 Piano and Songs with Kat (DW) K</p>	<p>Support The Bristol Bombers & Wear Your Blue 22</p> <p>10:00 Baking Club: Chef's Choice (CK) R 10:30 Catholic Communion (C) A 11:00 Musical Match (AC) R 2:00 Pokeno (QA) K 2:00 Bowling Ni 3:00 Social Hour & Music (DR) R 4:00 Chair Yoga (QA) A, R 6:00 Dominos and Other Games (DR) J</p>	<p>Pink Flamingo Day 23</p> <p>Wear Your Best Pink Outfit!</p> <p>Beauty Parlor Day</p> <p>10:00 Thursday Fitness Class (DW) N 11:00 All About Flamingos (DW) A, R 2:00 Afternoon Stroll (DW) A, R 3:00 Happy Hour & Chef Mark's Homemade Cooking Demo (BI) R 4:00 Hand Massages (QA) R 6:00 This Day in History (QA) B</p>	<p>24</p> <p>10:00 Fit Fridays with Laura (DW) 10:30 Biography of the Day (QA) La 11:00 Music Therapy with Patty (2nd Floor DW) La 2:00 Balloon Volleyball (DW) La 3:00 Finish The Lyrics (DW) La 4:00 Relaxing Yoga with Nancy (DW) 4:15 Shabbat With Rabbi Altman (S) La 6:00 Famous Faces (DW) Ju</p>	<p>25</p> <p>9:30 Temple at Isaiah in Stony Brook 10:00 Saturday Singers (DW) K 11:00 ZUMBA Fitness with Alyssa (P) 2:00 Scenic Drive L 2:15 Name 10 Game (QA) B 3:00 Sangria & Cheese (DR) B 4:00 Chats with Kat (QA) 6:00 Evening Stretches (DW) La</p>
<p>26</p> <p>10:00 Catholic Mass at St. Patrick's 10:30 Sit and Be Fit with Lisa (DW) 11:00 What's in the News? (DR) 2:00 Afternoon Beach Trip L 2:00 Finish the Phrase (QA) La 3:00 Sundae Sundays with Laura (DR) 4:00 You Be The Judge (QA) La 6:00 Card Games (DR) A</p>	<p>Happy Birthday Margareth!! 27</p> <p>Memorial Day</p> <p>Wear Red, White & Blue</p> <p>10:00 Monday Movements with Amanda (DW) 10:30 Table Top Games (DR) A 11:00 Jewelry Making (AC) A 12:00 Memorial Day BBQ 2:00 Monday Matinee & Popcorn in the Cinema R 2:00 Horse Racing (DW) A 3:00 Smart Board Games (DW) A 4:00 This Was The Year (QA) A 6:00 Beauty Tips with Rosette (QA) R</p>	<p>28</p> <p>10:00 Tuesday Tone Up (DW) N 11:00 Drum Circle (DW 1st Floor) A, R 2:00 Ping Pong Tournament (DW 2nd Floor) A, R 3:00 Chef's Appetizers (DR) A 4:00 Variety Show Rehearsal (DW) A 6:00 Table Games (QA) K</p>	<p>29</p> <p>10:00 Baking Club: Sugar Cookie Blossoms (CK) R 10:30 Catholic Communion (C) A 11:00 Musart Music School Performs (BI) X 2:00 Variety Show (BI) X 3:00 Social Hour & Music (DR) A, R 4:00 Afternoon Meditation (QA) R 6:00 Dominos and Other Games (DR) J</p>	<p>Beauty Parlor Day 30</p> <p>10:00 Pet Therapy with Kiow(DW) 10:00 Thursday Fitness Class (DW) N 11:00 Improv Program (DW) A, R 2:00 Kick Off to Summer Party with John Ciotta (First Floor DW) X 3:00 Kick Off to Summer Social (DR) A 4:00 Hand Massages (QA) R 6:00 Hot Topics with Brittany (QA)</p>	<p>31</p> <p>10:00 Fit Fridays with Laura (DW) 10:30 Biography of the Day (QA) La 11:00 Mandala's & Aromatherapy (QA) La 2:00 Afternoon Walk (DW) La 3:00 Finish The Lyrics (DW) La 4:00 Relaxing Yoga with Nancy (DW) 4:15 Shabbat With Rabbi Altman (S) La 6:00 Famous Faces (DW) Ju</p>	<p><i>Caregiver Conversations Support Group at The Bristol Lake Grove Thursday May 16, 2019 7-8pm</i></p>