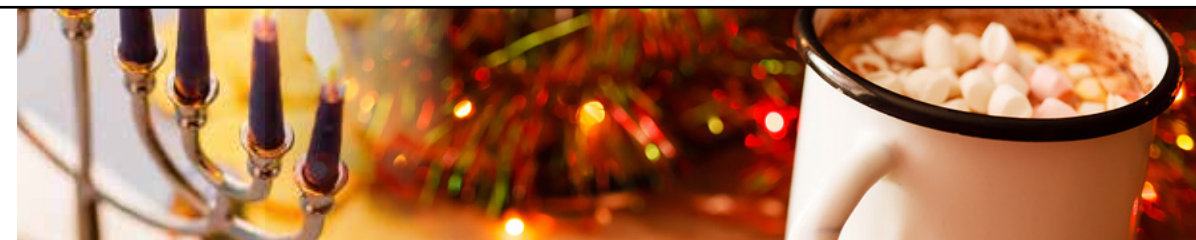


# DECEMBER 2018

## REFLECTIONS ACTIVITIES CALENDAR



| SUNDAY  | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY   |
|---|---|--|--|---|---|--|
| <p>10:00 <b>Catholic Mass at St. Patrick's</b> 30</p> <p>10:00 Sit and Be Fit with Nancy (DW)</p> <p>10:30 Smart Board Program (AC) R</p> <p>3:00 Yoga with Nancy (DW)</p> <p>3:00 Sunday Sundaes (DR) R</p> <p>4:00 BINGO with Rosette (DR)</p> <p>6:30 Pictionary (DW) A</p>  | <p><b>New Year's Eve Dress to Impress!</b> 31</p> <p>10:00 Monday Movements With Nancy (DW)</p> <p>10:45 Musical Memories of 2018 (DW) R</p> <p>11:00 New Years Resolutions (QA) R</p> <p>2:00 Headlines of 2018 (QA) R</p> <p>3:00 <b>Bristol's Rockin' Eve Party with 4 Star Entertainment (BI) X</b></p> <p>4:00 Last B-I-N-G-O Game of 2018 (BR)</p> <p>7:15 Monday Night Movie (C)</p> <p>7:30 <b>New Years Rockin' Eve (DW)</b></p> | <p><b>OUR TALENTED STAFF</b></p> <p>Laura La Lindsay Li<br/>Kat K Brittany B<br/>Amanda A Nancy N<br/>Rosette R Nick Ni<br/>Julian J Care Aide CA<br/>Lucila L All X</p>   | <p><b>Activity Room Key</b></p> <p>AC Arts &amp; Crafts LI Library<br/>BI Bistro (AL) L Lobby<br/>CK Country Kitchen DR Dining Room<br/>DW Dance/WII Area C Cinema<br/>Q Quiet Room<br/>PDR Private Dining Room</p>  | <p><b>ALL PROGRAMS ARE SUBJECT TO CHANGE WITH NOTICE ON YOUR DAILY ACTIVITY SHEET. ALL OUTDOOR ACTIVITIES ARE WEATHER PERMITTING.</b></p> <p><b>PLEASE SEE LINDSAY, OUR RECREATION DIRECTOR WITH ANY QUESTIONS REGARDING THE RECREATION CALENDAR</b></p>  | <p><b>3 Sisters Neckglass Shop Barber Shop</b> 1</p> <p>9:00 <b>Temple at Isaiah in Stony Brook</b></p> <p>10:00 Saturday Singers (DW) K</p> <p>11:00 Welcome December Trivia (QA) K</p> <p>11:00 <b>ZUMBA Fitness with Alyssa (P)</b></p> <p>2:00 Google Map Program (DR) K</p> <p>2:15 <b>Scenic Drive L</b></p> <p>3:00 Sangria &amp; Cheese (DR) L</p> <p>4:00 Stretch it Out (P) K</p> <p>6:30 Jokes with Laura (DW) La</p>                                |  |
| <p><b>Hanukkah Begins at Sundown</b> 2</p> <p>10:00 <b>Catholic Mass at St. Patrick's L</b></p> <p>10:00 Sit and Be Fit with Nancy (DW)</p> <p>10:15 Sunday News Review (AC) R</p> <p>10:30 Watercolors to Music (AC) R</p> <p>3:00 Yoga with Nancy (DW)</p> <p>3:00 Sunday Sundaes (DR) R</p> <p>4:00 BINGO with Rosette (DR)</p> <p>4:00 <b>Lighting the Menorah (L)</b></p> <p>6:30 Pictionary (DW) A</p>                                  | <p>10:00 Monday Movements with Nancy (DW) 3</p> <p>10:30 Winter Anagrams (DW) CA</p> <p>11:00 Table Top Games (DR) CA</p> <p>2:00 Monday Matinee in the Cinema</p> <p>3:00 Gingerbread House Competition (DR) R</p> <p>4:00 Bean Bag Toss (DW) R</p> <p>4:00 <b>Lighting the Menorah (L)</b></p> <p>6:30 Name That Tune (DW) R</p>  | <p><b>Deck Out In Your Favorite Holiday Gear!</b> 4</p> <p>10:00 <b>Deck The Halls—Final Touches X</b></p> <p>2:30 <b>Volleyball Match Against Sayville NI</b></p> <p>3:00 Chefs Appetizers (DR) R</p> <p>4:00 Bingo (DR) A</p> <p>4:00 <b>Lighting the Menorah (L)</b></p> <p>6:30 Peace Is In Every Breath:</p>  | <p><b>Pat Sommers Holiday Gift Shop</b> 5</p> <p>10:00 Wednesday Weights (DW) N</p> <p>10:30 <b>Catholic Communion (C) A</b></p> <p>11:00 Decking Out Our Doors (AC) K</p> <p>12:00 <b>Luncheon in the Private Dining Room K, A</b></p> <p>2:00 Afternoon Walk (DW) K</p> <p>3:00 Social Hour (DR) K</p> <p>4:00 <b>Lighting the Menorah (L)</b></p> <p>6:30 Stories Before Bed: Reading Chicken Soup for the Soul (DR) R</p>  | <p><b>Resident Holiday Party Dress to Impress Beauty Parlor Day</b> 6</p> <p>10:00 Thursday Fitness Class (DW) K</p> <p>10:30 Arts &amp; Crafts: Snow Globes (AC) K</p> <p>11:00 Technology Class: Google Maps (QA) K</p> <p>2:00 B-I-N-G-O (DR) K</p> <p>3:00 Primping and Party Prepping (DR) R</p> <p>4:00 <b>Lighting the Menorah (L)</b></p> <p>4:00 <b>Cocktail Hour</b></p> <p>5:00 <b>Holiday Dinner in the Dining Room</b></p> <p>6:30 <b>Dinner Music by Johnny Wimble</b></p> <p><b>Holiday Party and Dancing with New York To Hollywood (1 floor)</b></p> | <p><b>Happy Birthday Maureen!</b> 7</p> <p>10:00 Fit Fridays with Nancy (DW)</p> <p>10:30 What's in the News (QA) K</p> <p>11:00 Autumn Anagrams (QA) K</p> <p>2:00 Friday Films in the Cinema K</p> <p>3:00 Afternoon Social (DR) K</p> <p>3:00 Relaxing Yoga with Nancy (DW)</p> <p>4:00 <b>Lighting the Menorah (L)</b></p> <p>4:15 <b>Shabbat with Rabbi Altman (S) S</b></p> <p>6:30 Sing—A—Long (DR) B</p>  | <p>9:00 <b>Temple at Isaiah in Stony Brook</b> 8</p> <p>10:00 Saturday Singers (DW) K</p> <p>11:00 Conversation Starts (QA) K</p> <p>11:00 <b>ZUMBA Fitness with Alyssa (P)</b></p> <p>2:00 Saturday Stories with Kat (QA)</p> <p>3:00 Sangria and Cheese Social (DR) L</p> <p>4:00 <b>Lighting the Menorah (L)</b></p> <p>6:30 Watercolors (AC) La</p>  |
| <p>10:00 <b>Catholic Mass at St. Patrick's L</b> 9</p> <p>10:00 Sit and Be Fit with Nancy (DW)</p> <p>10:15 News Current Events (AC) R</p> <p>10:30 Word Games (DW) R</p> <p>1:00 <b>Steel Silk Band Christmas Show at Sachem Public Library L, La</b></p> <p>3:00 Yoga with Nancy (DW)</p> <p>3:00 Sunday Sundaes (DR) R</p> <p>4:00 Smart Board Games (DW) R</p> <p>4:00 <b>Lighting the Menorah (L)</b></p> <p>6:30 Family Feud (DW) A</p> | <p>10:00 Monday Movements with Nancy (DW) N 10</p> <p>10:30 Name That Singer (DW) R</p> <p>11:00 Table Top Games (QA) R</p> <p>2:00 Monday Matinee in the Cinema R</p> <p>2:15 What's in the News? (DR) R</p> <p>3:00 Winter Craft (AC) R</p> <p>4:00 Balloon Volleyball Practice (DW) R</p> <p>6:30 Who Sang It? (DW) R</p>  | <p>10:00 Tuesday Tone Up (DW) R 11</p> <p>10:30 Decorating the Cork Board (AC) R</p> <p>11:00 Let's Do Trivia (QA) R</p> <p>2:00 <b>Long Island In The Movies Lecture (C)</b></p> <p>3:00 Chefs Appetizers (DR) R</p> <p>4:00 Dance Party with Amanda and Rosette (First Floor DW)</p> <p>6:30 Music Trivia (DW) K</p>                                       | <p><b>National Gingerbread Day</b> 12</p> <p>10:00 Baking Club: Decorating Gingerbread Cookies (DR) K</p> <p>10:00 Mid—Week Movements (DW) N</p> <p>10:30 <b>Catholic Communion (C) A</b></p> <p>10:30 Chat Packs with Kat (DR)</p> <p>11:00 Arts &amp; Crafts: Bell Bracelets (AC) K</p> <p>2:00 What's Your Zodiac Sign?! (Q) K</p> <p>2:00 <b>Scenic Trip Ni, A</b></p> <p>3:00 Social Hour (DR) K</p> <p>4:00 Wednesday Word Search on the Smart Board (QA) K</p> <p>6:30 UNO and Other Table Games (DR) R</p> | <p><b>Staff Holiday Party: Crazy Sweater Day Beauty Parlor Day</b> 13</p> <p>10:00 Thursday Fitness Class (DW) K</p> <p>10:30 Would You Rather (QA) K</p> <p>11:00 Armchair Travel (DW) A</p> <p>2:00 Thursday Matinee Movie (C) K</p> <p>3:00 Thirsty Thursday (DR) K</p> <p>4:00 Musical Bingo (DR) K</p> <p>6:30 Chatting with Brittany (DW)</p>   | <p>10:00 Fit Fridays with Nancy (DW) 14</p> <p>10:30 Daily Doses of Nostalgia (QA) K</p> <p>11:00 Reminiscing Corner: My Favorite Holiday Memory (QA) K</p> <p>2:00 Friday Films in the Cinema K</p> <p>3:00 <b>Social and Caroling With the Girl Scouts (BI) K</b></p> <p>3:00 Yoga with Nancy (DW)</p> <p>4:00 Musical Memories (QA) K</p> <p>4:15 <b>Shabbat with Rabbi Altman (S) S</b></p> <p>6:30 Word Games (DW) B</p>                                   | <p>9:00 <b>Temple at Isaiah in Stony Brook</b> 15</p> <p>10:00 Saturday Singers (DW) K</p> <p>11:00 What's your Zodiac Sign? (QA) K</p> <p>11:00 <b>ZUMBA Fitness with Alyssa (P)</b></p> <p>2:00 Afternoon Movie in the Cinema K</p> <p>2:00 Vocal Warm Up with Kat (DW)</p> <p>3:00 <b>Holiday Caroling with Kat and JK Hodge (L)</b></p> <p>6:30 Table Games (DR) La</p>                        |
| <p>10:00 <b>Catholic Mass at St. Patrick's L</b> 16</p> <p>10:00 Sit and Be Fit with Nancy (DW)</p> <p>10:15 What's New? (AC) R</p> <p>10:30 Google This (DW) R</p> <p>3:00 Beginners Yoga with Nancy (DW)</p> <p>3:00 Sundae Sundays (DR) R</p> <p>4:00 BINGO with Rosette (DR)</p> <p>6:30 Hang Man (DW) A</p>  | <p><b>Happy Birthday Theresa!</b> 17</p> <p>10:00 Current Events (QA) R</p> <p>10:30 Drum Circle (DW) R</p> <p>11:00 Table Top Games (DR) R</p> <p>2:00 Monday Matinee in the Cinema R</p> <p>2:15 Musical Trivia (DW) R</p> <p>3:00 Ping Pong Match (DW) R</p> <p>4:00 Winter Memories (AQ) R</p> <p>6:30 Uno (QA) R</p>   | <p><b>Happy Birthday Theresa!</b> 18</p> <p>10:00 Tuesday Tone Up (DW) R</p> <p>10:30 News &amp; Reviews (QA) R</p> <p>11:00 Musical Trivia (DW) R</p> <p>2:00 Balloon Volleyball (DW) R</p> <p>3:00 <b>Staff Cookie Competition (BI) X</b></p> <p>4:00 Dance Party with Amanda and Rosette (Second Floor DW)</p> <p>6:30 Piano and Song with Kat (DW) K</p> | <p>10:00 Wednesday Weights (DW) N 19</p> <p>10:30 <b>Catholic Communion (C) A</b></p> <p>10:30 Stretch it Out (DW) K</p> <p>11:00 Holiday Craft (AC) K</p> <p>2:30 <b>December Birthday Party with Entertainment with Bay City Ramblers (DW First Floor)</b></p> <p>4:00 Celebrities Born This Month (QA) K</p> <p>6:30 Dominos and Other Games (DR) R</p>   | <p><b>Beauty Parlor Day</b> 20</p> <p>10:00 Thursday Fitness Class (DW) K</p> <p>10:30 Musical Memories (AC) K</p> <p>11:00 Smart Board Games (QA) K</p> <p>2:00 December Trivia (DW) K</p> <p>3:00 Thirsty Thursday (DR) K</p> <p>5:00 <b>Dinner Hour Music by Vance (DR)</b></p> <p>6:30 Hot Topics with Brittany (QA)</p>  | <p><b>Happy Birthday Mary! First Day of Winter</b> 21</p> <p>10:00 Fit Fridays with Nancy (DW)</p> <p>10:30 Biography of the Day (QA) K</p> <p>11:00 Winter Memories (QA) K</p> <p>2:00 Friday Films in the Cinema K</p> <p>2:00 UNO (QA) K</p> <p>3:00 <b>Winter Party with Entertainment by John Bracco (DW 2nd floor) K</b></p> <p>4:00 Relaxing Yoga with Nancy (DW)</p> <p>4:15 <b>Shabbat with Rabbi Altman (S) S</b></p> <p>6:30 Famous Faces (DW) B</p> | <p><b>Happy Birthday Maria!</b> 22</p> <p>9:00 <b>Temple at Isaiah in Stony Brook</b></p> <p>10:00 Saturday Singers (DW) K (DR) K</p> <p>11:00 <b>ZUMBA Fitness with Alyssa (P)</b></p> <p>2:15 Balloon Volleyball with Our Friends on the Second Floor B, K</p> <p>3:00 Sangria &amp; Cheese (DR) K</p> <p>4:00 Chats with Kat (QA)</p> <p>6:30 Evening Stretches (DW) La</p>                     |
| <p>10:00 <b>Catholic Mass at St. Patrick's</b> 23</p> <p>10:00 Sit and Be Fit with Nancy (DW)</p> <p>11:00 What's in the News? (DR) R</p> <p>2:00 Dance Party! (DW) R</p> <p>3:00 Yoga with Nancy (DW)</p> <p>3:00 Sundae Sundays with Rosette (DR)</p> <p>4:00 Balloon Volleyball (DW) R</p> <p>6:30 Card Games (DR) A</p>   | <p><b>Christmas Eve Mass at St. Patrick's L</b> 24</p> <p>8:30 <b>Mass at St. Patrick's L</b></p> <p>10:00 Monday Movements with Nancy (DW)</p> <p>10:30 Jewelry Making (AC) R</p> <p>11:00 Table Top Games (DR) CA</p> <p>2:00 Monday Matinee in the Cinema R</p> <p>2:15 My Favorite Wish List</p> <p>3:00 <b>Christmas Eve B-I-N-G-O (DR) R</b></p> <p>4:00 Meditation (QA) R</p> <p>5:00 Evening Movie (C) R</p>                      | <p><b>Merry Christmas</b> 25</p> <p>10:00 Coffee and Yule Log (DW) La</p> <p>10:00 <b>Christmas Day Mass at St. Patrick's L</b></p> <p>11:00 Sounds of the Season: Our Favorite Christmas Songs (DW) La</p> <p>2:00 Holiday Matinee (C) La</p> <p>3:00 <b>Santa Social (DR) La</b></p> <p>5:00 <b>Christmas Dinner (DR)</b></p> <p>7:15 Table Games (QA)</p> | <p>10:00 Mid—Week Movements (DW) 26</p> <p>10:30 <b>Catholic Communion (C) A</b></p> <p>10:30 Sing—A Long (QA) K</p> <p>11:00 Post Holiday Discussions (QA) K</p> <p>2:30 <b>Entertainment with Jimmy Salvanni (BI)</b></p> <p>3:00 Cake Cutting (DR)</p> <p>4:00 Musical Bingo (DR) K</p> <p>6:30 Karaoke (DW) R</p>  | <p><b>Beauty Parlor Day</b> 27</p> <p>10:00 Thursday Fitness Class (DW) K</p> <p>10:30 Board Games (QA) K</p> <p>11:00 Karaoke (DW) K</p> <p>2:00 <b>Chance to Dance Performs (BI) X</b></p> <p>3:00 The Happiest of Hours (DR) K</p> <p>3:30 Stretch it Out (DW) K</p> <p>4:00 Musical Beats (DW) K</p> <p>6:30 The News Break with Brittany (DW)</p>  | <p>10:00 Fit Fridays with Nancy (DW) 28</p> <p>10:30 Singer of The Day (QA) K</p> <p>11:00 Painting Hour (AC) K</p> <p>2:00 Friday Films in the Cinema K</p> <p>2:00 Musical Moments (DW) K</p> <p>3:00 Afternoon Social (DR) K</p> <p>4:00 Relaxing Yoga with Nancy (DW)</p> <p>4:15 <b>Shabbat with Rabbi Altman (S) S</b></p> <p>6:30 Resident's Choice (DW) B</p>   | <p>9:00 <b>Temple at Isaiah in Stony Brook</b> 29</p> <p>10:00 Positive News Headlines QA) K</p> <p>11:00 Saturday Singers (DW) K (DR) K</p> <p>11:00 <b>ZUMBA Fitness with Alyssa (P)</b></p> <p>2:00 Balloon Volleyball with Our Friends on the First Floor (First Floor) B, K</p> <p>3:00 Sangria &amp; Cheese (DR) K</p> <p>4:00 Chats with Kat (QA)</p> <p>6:30 Evening Stretches (DW) La</p> |