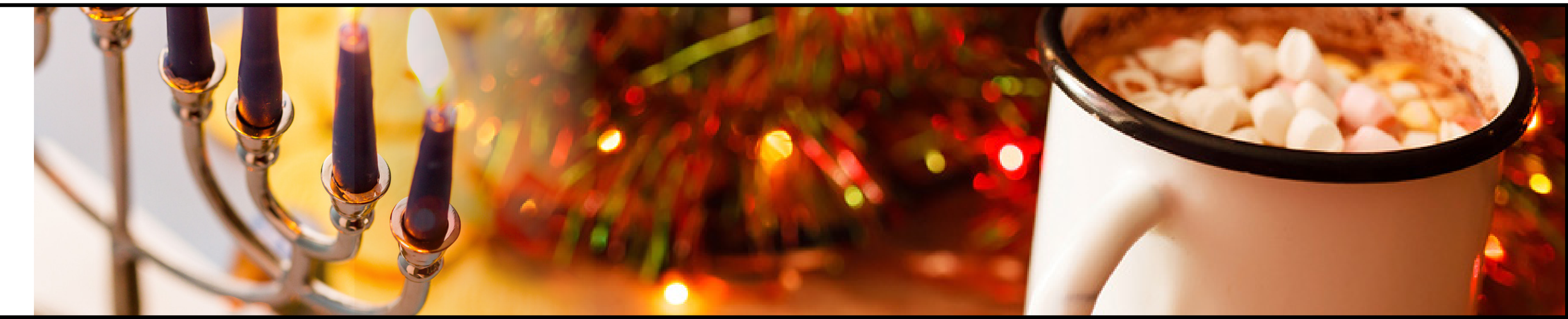


DECEMBER 2018

REFLECTIONS ACTIVITIES CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9:15 Mass at The Good Shepard Church MO 30</p> <p>10:00 Scarf Dancing (SR) M</p> <p>10:00 Life Stories with Matt (B) M</p> <p>10:30 Whiffle Ball Game (SR) M</p> <p>11:15 Catholic Services & Communion (C) H</p> <p>11:30 Everyday Life Trivia (SR) M</p> <p>1:30 Corn Hole Challenge (SR) K</p> <p>2:00 Conversation Ball F-U-N (SR) K</p> <p>3:00 Ice Cream Sundae Bar & Social (B) K</p> <p>3:30 Creativity Corner (AC) K</p> <p>4:30 Daily Doses of Nostalgia... (AC) K</p> <p>6:30 Musical Jukebox (SR) K</p>	<p>NEW YEAR'S EVE *DRESS IN FORMAL PARTY ATTIRE* 31</p> <p>10:00 Giant Beach Ball F-U-N (SR) A</p> <p>11:00 Noon Year's Eve Party with Live Entertainment by The Stallones (B) A</p> <p>1:30 Best of 2018 Photo Montage (SR) M</p> <p>2:00 Monday Movie Matinee (C) A</p> <p>2:00 Ping Pong Match (SR) M & A</p> <p>3:00 Toast In The New Year Social (AC) M</p> <p>3:30 Touchboard: Word Games (AC) M</p> <p>3:30 <i>Fall Sensory Sensations (SR) A</i></p> <p>4:30 Today in History... (AC) A</p> <p>6:30 Rockin' New Year's Eve Music (SR) K</p>	<p>PLEASE SEE OUR RECREATION DIRECTOR JENNIFER MACALUSO, CTRS, LCAT OR HEATHER FRANK, CDP WITH QUESTIONS OR SUGGESTIONS</p> <p>ALL PROGRAMS ARE SUBJECT TO CHANGE WITH NOTICE ON YOUR ACTIVITY DAILY SHEET</p>	<p>OUR TALENTED STAFF</p> <p>J JEN Art Therapist, ATR-BC, CTRS, LCAT</p> <p>MO MOSES Professional Bus Driver, CDL</p> <p>JR JERRY Professional Bus Driver, CDL</p> <p>P PAM Recreation Assistant, CDP</p> <p>M MATT Recreation Assistant, CDP</p> <p>H HEATHER Recreation Assistant, CDP, Lifeguard</p> <p>HA HALLY Recreation Assistant, Music Specialist</p> <p>A ASHELY Recreation Assistant</p> <p>K KARLIE Recreation Assistant</p> <p>RS Recreation Staff</p>	<p>ACTIVITY ROOMS & KEY</p> <p>AC ACTIVITY CENTER</p> <p>AR ARTS AND CRAFTS STUDIO</p> <p>B BISTRO</p> <p>BI BILLIARDS ROOM</p> <p>BR BINGO ROOM</p> <p>C CINEMA</p> <p>CK COUNTRY KITCHEN</p> <p>DR DINING ROOM</p> <p>FS FITNESS STUDIO</p> <p>IC INTERNET CAFE</p> <p>L LOBBY</p> <p>LI LIBRARY</p> <p>LR LIVING ROOM</p> <p>MG MUSICAL GARDEN</p> <p>P PATIO & POOL</p> <p>PDR PRIVATE DINING ROOM</p> <p>SR SITTING ROOM</p>	<p>ALTERNATE, PARALLEL PROGRAMS ARE AVAILABLE DAILY & INDICATED BY ITALICS</p> <p>PROGRAMS MAY BE ADDED</p>	<p>10:00 Tennis Match (SR) P 1</p> <p>10:30 Reminiscing: The Holidays (SR) P</p> <p>11:30 Celebrity Quiz (SR) P</p> <p>1:30 Weekend Positive Thoughts (SR) HA</p> <p>2:00 Dance Party Time (SR) HA</p> <p>3:00 Cheese & Cracker Social (AC) HA</p> <p>4:00 Musical Improvisation (AC) HA</p> <p>4:30 History Highlights... (AC) HA</p> <p>6:30 Ukulele Rhythms & Song (SR) HA</p>
<p>HANUKKAH BEEGINS *DRESS IN BLUE & WHITE* 2</p> <p>9:15 Mass at The Good Shepard Church MO</p> <p>10:00 Tennis Practice (SR) M</p> <p>10:30 Hat Chat Happenings (SR) M</p> <p>11:15 Catholic Services & Communion (C) H</p> <p>11:30 Finishing Lines (SR) M</p> <p>1:30 Putt-Putt Golf (SR) K</p> <p>2:00 All About Hanukkah (SR) K</p> <p>3:00 Ice Cream Sundae Bar & Social (B) K</p> <p>3:30 Mandala Meditation (AC) K</p> <p>4:30 Menorah Lighting (L) H</p> <p>4:30 Daily Doses of Nostalgia... (AC) K</p> <p>6:30 Horseracing Night (SR) K</p>	<p>10:00 A Kickin' Workout (SR) H 3</p> <p>10:30 Art Expressions (AC) H</p> <p>10:30 <i>Breadmaking: Bacon & Cheese Loaf (CK) A</i></p> <p>11:30 Name Ten Trivia (SR) A</p> <p>1:30 Getting to Know You (SR) M</p> <p>2:00 Monday Movie Matinee (C) M</p> <p>2:00 Sing A Long with Ashely (SR) A</p> <p>2:00 <i>Bristol Helping Hands Club (AC) M</i></p> <p>3:00 Social Time in the Activity Center M</p> <p>3:30 Touchboard: USA Funniest Videos (AC)M</p> <p>3:30 <i>Fall Sensory Sensations (SR) A</i></p> <p>4:30 Menorah Lighting (L) H</p> <p>4:30 Today in History... (AC) M</p> <p>5:30 Family Support Group (LI)</p> <p>6:30 Evening Golf Course (SR) K</p>	<p>10:00 Sunrise Stretch (SR) P 4</p> <p>10:30 Crossword Puzzle Challenge (SR) P</p> <p>11:30 Creative Poetry with Pam (SR) P</p> <p>1:30 Magnetic Darts (SR) M</p> <p>2:00 Getting to Know You (SR) M</p> <p>3:00 Reminiscing & Social Hour (P) M</p> <p>4:00 Mind Your Mind: Brain Games (P) M</p> <p>4:30 Menorah Lighting (L) H</p> <p>4:30 It Happened On... (AC) M</p> <p>6:30 Biography Night: Nat King Cole (SR) H</p>	<p>BEAUTY SALON DAY 5</p> <p>10:00 Volley Ball Practice (SR) H</p> <p>10:30 Aromatherapy for the Season (SR) P</p> <p>10:30 <i>Holiday Manicures (AC) H</i></p> <p>11:30 New Technology: Ask Alexa (SR) H</p> <p>1:30 Bean Bag Toss Challenge (SR) HA</p> <p>2:00 Zumba Dance Class with Genalin (SR) P</p> <p>2:00 <i>Beams Music (AC) HA</i></p> <p>3:00 Happy Hour & Humor (AC) HA</p> <p>3:30 Drumming Circle (SR) HA</p> <p>3:30 Holiday Card Making (AC) P</p> <p>4:30 Menorah Lighting (L) J</p> <p>4:30 Daily Recap... (AC) HA</p> <p>6:30 Oldies Music Night (SR) M</p>	<p>RESIDENT HOLIDAY PARTY *DRESS IN YOUR HOLIDAY BEST* 6</p> <p>10:00 Bend & Breathe (SR) HA</p> <p>10:30 Scenic Ride with Moses MO</p> <p>10:30 Music Expressions (SR) HA</p> <p>11:30 A-Z Trivia Challenge (SR) HA</p> <p>1:30 Sit & Stretch (SR) M</p> <p>2:00 Bowling in the Sitting Room (SR) M</p> <p>3:00 Music Request Social: Frank Sinatra (AC)M</p> <p>3:30 Reading Roundtable (SR) M</p> <p>4:00 Holiday Photo Booth (AC) M</p> <p>4:30 Menorah Lighting (L) J</p> <p>4:30 Cocktails & Passed Hor D'Oeuvers (DR) M</p> <p>5:00 Resident Holiday Party with Live Music by Randy Berliant (DR) M</p> <p>6:30 Comedy Night (SR) P</p>	<p>PEARL HARBOR REMEMBRANCE DAY 7</p> <p>10:00 Creative Movement (SR) A</p> <p>10:30 Sing A-Long with Ashley (AC) A</p> <p>11:30 Watering Our Garden (AC) A</p> <p>1:30 Pearl Harbor Remembrance (SR) P</p> <p>2:00 Parachute Fun! (SR) P</p> <p>3:00 Social Hour & Snacks (AC) P</p> <p>3:30 Chocolate Gelt Bingo (AC) P</p> <p>4:30 <i>Menorah Lighting in the Lobby (L) A</i></p> <p>6:30 Tea & A Cup of Comfort (SR) K</p>	<p>GINGERBREAD DECORATING DAY 8</p> <p>10:00 Stretch to Our Music Favorites (SR)P</p> <p>10:30 Gingerbread Cookie Decorating (AC) P</p> <p>11:30 Fill in the Blank Trivia Teasers (SR) P</p> <p>1:30 Weekend Positive Thoughts (SR) HA</p> <p>2:00 Dance Party Time (SR) HA</p> <p>3:00 Cheese & Cracker Social (AC) HA</p> <p>3:30 Lyric Analysis (AC) HA</p> <p>4:30 Menorah Lighting (L) J</p> <p>4:30 History Highlights... (AC) HA</p> <p>6:30 Songs of Celebration (SR) HA</p>
<p>9:15 Mass at The Good Shepard Church MO 9</p> <p>10:00 Light Up Your Day with Movement (SR)M</p> <p>10:30 Emogicon Game (SR) M</p> <p>11:15 Catholic Services & Communion (C) H</p> <p>11:30 Everyday Life Trivia (SR) M</p> <p>1:30 Basketball Toss-up (SR) K</p> <p>2:00 Conversation Ball F-U-N (SR) K</p> <p>3:00 Ice Cream Sundae Bar & Social (B) K</p> <p>3:30 Creativity Corner (AC) K</p> <p>4:30 Menorah Lighting (L) H</p> <p>4:30 Daily Doses of Nostalgia... (AC) K</p> <p>6:30 Musical Jukebox (SR) K</p>	<p>HANUKKAH ENDS 10</p> <p>10:00 Giant Beach Ball F-U-N (SR) A</p> <p>10:30 Art Expressions (AC) H</p> <p>10:30 <i>Breadmaking: Orange Raisin Loaf (CK) A</i></p> <p>11:30 iPad Music Requests (SR) A</p> <p>1:30 Getting to Know You (SR) M</p> <p>2:00 Monday Movie Matinee (C) A</p> <p>2:00 Ping Pong Match (SR) M & A</p> <p>3:00 Social Time in the Activity Center M</p> <p>3:30 Touchboard: Word Games (AC) M</p> <p>3:30 <i>Fall Sensory Sensations (SR) A</i></p> <p>4:30 Today in History... (AC) A</p> <p>6:30 Evening Pictionary (SR) K</p>	<p>10:00 Scenic Ride with Moses MO 11</p> <p>10:00 Groove to The Beat (SR) P</p> <p>10:30 Music & Memories (SR) P</p> <p>11:30 Round Robin Story Telling (SR) P</p> <p>1:30 Lucky Horse Shoe Toss (SR) M</p> <p>1:30 Pet Therapy with Lola (SR) J</p> <p>2:00 Career Reminiscing (P) M</p> <p>3:00 Reminiscing & Social Hour (P) M</p> <p>3:30 Mind Joggers (P) M</p> <p>4:30 It Happened On... (AC) M</p> <p>6:30 Biography Night: Barbara Streisand (SR)H</p>	<p>BEAUTY SALON DAY 12</p> <p>10:00 Volley Ball Practice (SR) H</p> <p>10:30 Creative Writing with Pam (SR) P</p> <p>10:30 <i>Mega Pod Touchboard Fun (AC) H</i></p> <p>11:30 iPad Music Playlists (SR) H</p> <p>1:30 Virtual Reality at Sachem Library MO</p> <p>1:30 Cornhole Challenge (SR) P</p> <p>2:00 Hands Up Balloon Toss (SR) P</p> <p>3:00 Happy Hour & Humor (AC) P</p> <p>3:30 Drumming Circle (SR) HA</p> <p>3:30 Memory Matching: Animals (AC) P</p> <p>4:30 Daily Recap... (AC) HA</p> <p>6:30 Folk Music Night (SR) M</p>	<p>10:00 Fitness & Flexibility (SR) HA 13</p> <p>10:30 Music Expressions (SR) HA</p> <p>10:30 <i>Baking Club: Fresh Baked Cookies (AC) H</i></p> <p>11:30 Everyday Trivia (P) HA</p> <p>1:30 Bocce Ball (SR) M</p> <p>2:00 Shopping at The Dollar Tree MO</p> <p>2:00 Giant Crossword Puzzle (SR) M</p> <p>2:00 <i>Puzzle Masterpieces (AC) P</i></p> <p>3:00 Music Request Social: Elvis Presley (AC)M</p> <p>3:30 Reading Roundtable (SR) M</p> <p>3:30 Creative Adult Coloring (AC) P</p> <p>4:30 What's Special About Today...(AC) M</p> <p>6:30 The Moments In-between with Pam (SR)</p>	<p>14</p> <p>10:00 Hands Up Balloon Fun (SR) A</p> <p>10:30 Ornament Painting Workshop (AC) A</p> <p>11:30 Watering Our Garden (AC) A</p> <p>1:30 W-I-N-N-E-R Dice Game (SR) P</p> <p>2:00 Octoband Fun! (SR) P</p> <p>3:00 Social Hour & Snacks (AC) P</p> <p>3:30 Chocolate Prize Bingo (AC) P</p> <p>4:30 Shabbat Services with Seth (LI) A</p> <p>6:30 Memory Streets Brain Teasers (SR)K</p>	<p>SANTA PARTY 15</p> <p>2pm-4pm in Reflections</p> <p>10:00 Tennis Match (SR) P</p> <p>10:30 Santa's Journey Around the World (SR)P</p> <p>11:00 Lunch In the Dining Room (DR)</p> <p>1:30 Santa Factology Quiz (SR) HA</p> <p>2:00 Santa Party with Live Music by Ray Lani (DR) HA</p> <p>4:00 Song Writing (SR) HA</p> <p>4:30 History Highlights... (AC) HA</p> <p>6:30 Guitar Rhythms & Song (SR) HA</p>
<p>9:15 Mass at The Good Shepard Church MO 16</p> <p>10:00 Whiffle Ball Game (SR)M</p> <p>10:30 Drama Improv with Matt (SR) M</p> <p>11:15 Catholic Services & Communion (C) H</p> <p>11:30 Finishing Words (SR) M</p> <p>12:15 The Nutcracker Ballet: The American Dance Theatre Company MO & K</p> <p>1:30 Bean Bag Challenge (SR) M</p> <p>2:00 Old Wives Tales (SR) M</p> <p>2:00 Holiday Concert by Local Piano Students in the Lobby (L) H</p> <p>3:00 Ice Cream Sundae Bar & Social (B) M</p> <p>3:30 Mandala Coloring Meditation (AC) M</p> <p>4:30 Daily Doses of Nostalgia... (AC) M</p> <p>6:30 Musical Volleyball Night (SR) K</p>	<p>10:00 A Kickin' Workout (SR) A 17</p> <p>10:30 Art Expressions (AC) H</p> <p>10:30 <i>Breadmaking: Christmas Fruitcake Loaf (CK) A</i></p> <p>11:30 Name Ten Trivia (P) A</p> <p>1:30 Getting to Know You (SR) M</p> <p>2:00 Monday Movie Matinee (C) H</p> <p>2:00 Sing A Long with Ashely (SR) A</p> <p>2:00 <i>Bristol Helping Hands (AC) M</i></p> <p>3:00 Social Time in the Activity Center M</p> <p>3:30 Touchboard: Google Earth (AC) M</p> <p>3:30 <i>Fall Sensory Sensations (SR) A</i></p> <p>4:30 Today in History... (AC) K</p> <p>6:30 Bowling with Karlie (SR) K</p>	<p>10:00 Scenic Ride with Moses MO 18</p> <p>10:00 Sunrise Stretch (SR) P</p> <p>10:30 Build Words With In A Word (SR) P</p> <p>11:00 Holtsville Welcome Tea (B) J</p> <p>11:30 Creative Poetry with Pam (SR) P</p> <p>11:45 Private Dining for Lunch (PDR) M</p> <p>1:30 Noodle Ball Challenge (SR) M</p> <p>1:30 Pet Therapy with Lola (SR) J</p> <p>2:00 Getting to Know You (B) M</p> <p>3:00 Reminiscing & Social Hour (P) M</p> <p>3:30 Mind Your Mind: Brain Games (P) M</p> <p>4:30 It Happened On... (AC) M</p> <p>6:30 Biography Night: Perry Como (SR) H</p>	<p>BEAUTY SALON DAY 19</p> <p>10:00 Volley Ball Practice (SR) H</p> <p>10:30 Aromatherapy for the Season (SR) P</p> <p>10:30 <i>Manicures & Conversation (AC) H</i></p> <p>11:30 New Technology: Ask Alexa (SR) H</p> <p>11:30 Men's Club Lunch Outing MO</p> <p>1:30 Ladder Ball Toss (SR) HA</p> <p>2:00 Zumba Dance Class with Genalin (SR) P</p> <p>2:00 <i>Beams Music (AC) HA</i></p> <p>3:00 Happy Hour & Humor (AC) HA</p> <p>3:30 Drumming Circle (SR) HA</p> <p>3:30 Match-up The Food Pairs Game (AC) P</p> <p>4:30 Daily Recap... (AC) HA</p> <p>6:30 Jazz Sensations Music Night (SR) M</p>	<p>10:00 Stretching & Strengthening (SR) HA 20</p> <p>10:30 Music Expressions (SR) HA</p> <p>11:30 Name 10...! (SR) HA</p> <p>1:30 Giant Dice Exercise Challenge (SR) M</p> <p>2:00 Bowling in the Sitting Room (SR) M</p> <p>2:00 <i>Puzzle Masterpieces (AC) P</i></p> <p>3:00 Music Request Social: Michael Buble' (AC)M</p> <p>3:30 Reading Roundtable (SR) M</p> <p>3:30 Coloring Relaxation (AC) P</p> <p>4:30 What's Special About Today...(AC) M</p> <p>6:30 Comedy Night (SR) P</p>	<p>WINTER BEGINS 21</p> <p>10:00 Dance & Music Workout (SR) A</p> <p>10:30 Music Appreciation Presents: Irving Berlin (SR) A</p> <p>11:30 Watering Our Garden (AC) A</p> <p>1:30 Round Robin Story Writing (SR) P</p> <p>2:00 Parachute Fun! (SR) P</p> <p>2:00 Art Therapy with Jen (AC) J</p> <p>3:00 Social Hour & Snacks (AC) P</p> <p>4:00 Chocolate Prize Bingo (AC) P</p> <p>4:30 Shabbat Services with Seth (LI) A</p> <p>6:30 Tea & A Cup of Comfort (SR) K</p>	<p>10:00 Fit & Fabulous (SR) P 22</p> <p>10:30 Reminiscing: Holiday Baking (SR) P</p> <p>11:30 Fill in the Blank Trivia Teasers (SR) P</p> <p>1:30 Weekend Positive Thoughts (SR) HA</p> <p>2:00 Dance Party Time (SR) HA</p> <p>3:00 Cheese & Cracker Social (AC) HA</p> <p>3:30 Music Philosophy (AC) HA</p> <p>4:30 History Highlights... (AC) HA</p> <p>6:30 An Evening of Song (SR) HA</p>
<p>9:15 Mass at The Good Shepard Church MO 23</p> <p>10:00 Movin' & Shaking (SR) M</p> <p>10:30 I Spy with My Eagle Eye (SR) M</p> <p>11:15 Catholic Services & Communion (C) H</p> <p>11:30 Everyday Life Trivia (SR) M</p> <p>1:30 Horseshoe Toss (SR) K</p> <p>2:00 Conversation Ball F-U-N (SR) K</p> <p>3:00 Ice Cream Sundae Bar & Social (B) K</p> <p>3:30 Watercolor Workshop (AC) K</p> <p>4:30 Daily Doses of Nostalgia... (AC) K</p> <p>6:30 Musical Jukebox (SR) K</p>	<p>CHRISTMAS EVE 24</p> <p>10:00 Rise & Shine Stretch (SR) H</p> <p>10:30 Holiday Scenic Ride with Moses</p> <p>10:30 Art Expressions (AC) H</p> <p>11:30 iPad Holiday Music Requests (P) H</p> <p>1:30 Getting to Know You (SR) A</p> <p>2:00 Monday Movie Matinee (C) A</p> <p>2:00 Christmas Eve Memories (SR) A</p> <p>3:00 Social Time in the Activity Center A</p> <p>3:30 Touchboard: Casino Games (AC) A</p> <p>4:30 Today in History... (AC) K</p> <p>6:30 The Night Before Christmas (SR) K</p>	<p>CHRISTMAS DAY *WEAR RED & GREEN* 25</p> <p>10:00 Groove to The Beat (SR) P</p> <p>10:30 Christmas A-Z (AC) P</p> <p>11:30 Round Robin Story Telling (SR) P</p> <p>12:00 Christmas Day Fine Dining (DR)</p> <p>1:30 Lucky Horse Shoe Toss (SR) M</p> <p>2:00 Mind Joggers (P) M</p> <p>3:00 Chris Kringle Social (AC) M</p> <p>3:30 Wrapped Gifts & Prize Bingo (AC) M</p> <p>4:30 It Happened On... (AC) M</p> <p>6:30 Christmas Charades Night (SR) P</p>	<p>HAPPY BIRTHDAY: DECEMBER PARTY BEAUTY SALON DAY 26</p> <p>10:00 Volley Ball Practice (SR) H</p> <p>10:30 Creative Writing with Pam (SR) P</p> <p>10:30 <i>Mega Pod Touchboard Fun (AC) H</i></p> <p>11:30 iPad Music Playlists (SR) H</p> <p>1:30 Ring Toss Challenge (SR) HA</p> <p>2:00 Hands Up Balloon Toss (SR) P</p> <p>2:00 <i>Beams Music (SR) HA</i></p> <p>3:00 December Birthday Party with Live Music by Alex Alexander (DR) HA</p> <p>4:00 Drumming Circle (SR) HA</p> <p>4:30 Daily Recap... (AC) P</p> <p>6:30 Big Band Music Night (SR) M</p>	<p>NATIONAL MAKE SNOWFLAKES DAY 27</p> <p>10:00 Fitness & Flexibility (SR) HA</p> <p>10:30 Music Expressions (SR) HA</p> <p>10:30 <i>Baking Club: Fresh Baked Cookies (AC) H</i></p> <p>11:30 Snowflake Factology (SR) HA</p> <p>1:30 Bean Bag Toss (SR) M</p> <p>2:00 Giant Crossword Puzzle (SR) M</p> <p>2:00 <i>Puzzle Masterpieces (AC) P</i></p> <p>3:00 Music Request Social: Jackson 5 (AC)M</p> <p>3:30 Reading Roundtable (SR) M</p> <p>3:30 Snowflake Art Making (AC) P</p> <p>4:30 What's Special About Today...(AC) M</p> <p>6:30 Snowball Throwing Challenge (SR) P</p>	<p>28</p> <p>10:00 Hands Up Balloon Fun (SR) A</p> <p>10:30 Arts & Crafts with Ashely (AC) A</p> <p>11:30 Watering Our Garden (AC) A</p> <p>1:30 W-I-N-N-E-R Dice Game (SR) P</p> <p>2:00 Octoband Fun! (SR) P</p> <p>2:00 Art Therapy with Jen (AC) J</p> <p>3:00 Social Hour & Snacks (AC) P</p> <p>3:30 Chocolate Prize Bingo (AC) P</p> <p>4:30 Shabbat Services with Seth (LI) A</p> <p>6:30 Memory Streets Brain Teasers (SR) K</p>	<p>10:00 Tennis Match (SR) P 29</p> <p>10:30 New Year Resolution (SR) P</p> <p>11:30 Clue Trivia Quiz (SR) P</p> <p>1:30 Weekend Positive Thoughts (SR) HA</p> <p>2:00 Dance Party Time (SR) HA</p> <p>3:00 Cheese & Cracker Social (AC) HA</p> <p>4:00 Song Writing (SR) HA</p> <p>4:30 History Highlights... (AC) HA</p> <p>6:30 Songs of Winter (SR) HA</p>