

MAY 2019

REFLECTIONS ACTIVITIES CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>PLEASE SEE, JOHN LUBOJA, THE RECREATION DIRECTOR WITH ANY QUESTIONS, COMMENTS OR CONCERNS REGARDING THE RECREATION CALENDAR</p> <p>ALL PROGRAMS ARE SUBJECT TO CHANGE WITH NOTICE & WILL BE REFLECTED ON YOUR DAILY PROGRAMMING SHEET</p> <p>OUTDOOR PROGRAMMING IS WEATHER PERMITTING</p> <p>* - Programs With Eversound MOVIES AT 2:00 & 6:00 EACH DAY</p>	<p>OUR TALENTED STAFF</p> <p>John Luboja John Hoffman Kylecia Pottinger Shakia Dunbar Michael Jackson Jeralayne Ruiz</p> <p>BEAUTY SALON OPEN THURSDAYS</p>	<p>ACTIVITY ROOMS</p> <p>ACTIVITIES CENTER BISTRO CRAFT AREA CINEMA QUIET ROOM COURTYARD DINING ROOM LOBBY PATIO TOWN SQUARE POOL PRIVATE DINING ROOM SPORTS BAR Assisted Living Activity</p>	<p>10:00 Moving to Music (AC) KP* 1</p> <p>10:30 Rosary Group (C) KP</p> <p>11:00 Drumming Circle (AC) KP *</p> <p>1:30 Calorie Burn (AC) KP*</p> <p>2:00 Rat Pack Music Concert w/ Everett Greenberg (ALB) KP</p> <p>3:00 Social Hour(B) KP*</p> <p>3:30 Random Trivia Challenge (B) KP*</p> <p>4:00 Art Expressions (AC) KP*</p> <p>6:00 Evening Cool Down (AC) JL*</p>	<p>10:00 Parachute Exercise (AC) JH* 2</p> <p>10:30 Word Games (AC) JH*</p> <p>11:00 Guided Painting (B) JH*</p> <p>1:30 Virtual Reality Travels (AC) JH*</p> <p>2:00 Journal Prompts (B) JH*</p> <p>3:00 Chef Demo w/ Mick (B) JH</p> <p>3:30 Toss & Talk Ball (AC) JH*</p> <p>4:30 Whiteboard Games (AC) JH *</p> <p>6:00 Music Request w/ Alexa (B) JL*</p>	<p>10:00 Sit and Be Fit (AC) JR* 3</p> <p>10:30 Boggle XL (AC) JR*</p> <p>11:30 Make em Laugh Jokes (AC) JR*</p> <p>1:30 Commonymns (AC) JR*</p> <p>2:00 Indoor Bocce (AC) JR*</p> <p>3:00 Sunshine Social Hour (B) JR</p> <p>3:30 Junk Drawer Detective (AC) JR*</p> <p>4:00 Shabbat Services (C) Jr</p> <p>4:00 Improv Group (AC) JH*</p> <p>6:00 Song Request with Alexa (B) KP*</p>	<p>Kentucky Derby 4</p> <p>10:00 Cardio Run For Roses (PC) KP_*</p> <p>10:30 Derby Traditions (B) KP*</p> <p>11:00 Making Derby Fascinators (B) KP*</p> <p>2:00 Movie Matinee (C) KP</p> <p>2:00 Day At The Races (PC) KP*</p> <p>3:00 Mint Julep & Derby Pie Social (B) JH</p> <p>4:00 Run for the Roses Card Match Game (B) KP*</p> <p>6:00 New Release Movie Night (C) KP</p> <p>6:50 145th Kentucky Derby Live! (SB) JR*</p>
<p>Cinco De Mayo 5</p> <p>10:00 Mass at St. Joseph Church (T) MJ</p> <p>10:00 Sunday Stretch (PC) JR *</p> <p>10:30 Mixed Up Cinco De Mayo (PC) JR*</p> <p>11:00 All About Cinco De mayo (PC) JR*</p> <p>2:00 3D Star Ornaments (PC) JR</p> <p>3:00 Cinco De Mayo Party! (B) JR</p> <p>4:00 Cinco De Mayo Trivia & Facts (AC)JR*</p> <p>6:00 Evening Movie & Popcorn (C) JR</p> <p>6:00 Kickball Workout (PC) JL</p>	<p>10:00 Stretch and Flex (AC) SD* 6</p> <p>10:15 Out And About (T) MJ</p> <p>10:30 Mad Libs (AC) SD*</p> <p>11:00 Freeform Art (CT) SD</p> <p>1:30 Beamz Making Music (AC) SD*</p> <p>2:00 Beach Ball Workout (AC) SD*</p> <p>3:00 Social Hour (B) SD</p> <p>3:30 Bristol Helping Hands Blanket Making (CT) SD*</p> <p>4:30 Heartwarming Headlines (B) SD*</p> <p>6:00 Paired Up Card Matching Game (B) JR*</p>	<p>10:00 Octoband Workout (AC) SD* 7</p> <p>10:30 Baking Class (AC) SD</p> <p>11:30 World Ladder (B) SD*</p> <p>1:30 Scattegories (AC) SD*</p> <p>2:00 Sculpture Art (SD) SD</p> <p>3:00 Social Hour (B) SD</p> <p>3:30 Reading Roundtable (CT) SD*</p> <p>4:30 Meditation and Relaxation (B) SD*</p> <p>6:00 Evening Stoll (CT) SD*</p>	<p>10:00 Moving to Music (AC) KP* 8</p> <p>10:30 Rosary Group (C) KP8</p> <p>11:00 Music Therapy with Patty (AC) KP*</p> <p>1:00 Landmark Theater Concert Trip (T) MJ</p> <p>1:30 Firm Fit and Fabulous (CT) KP *</p> <p>2:00 Smart Board Games (AC) KP*</p> <p>3:00 Social Hour (B) KP</p> <p>4:00 Art Expressions (CT) KP*</p> <p>6:00 Fireside Chat (DR) JL*</p>	<p>10:00 Handkerchief Workout (AC) JH* 9</p> <p>10:30 Relax And Remember (AC) JH*</p> <p>11:30 Rhythm Sticks Music Creations (P) JH*</p> <p>1:30 Journal Prompts (B) JH*</p> <p>2:00 Tailgate Toss (AC) JH</p> <p>2:00 Scenic Tour Trip (T) MJ*</p> <p>3:00 Social Hour (B) JH</p> <p>3:30 E - Pet Therapy (AC) JH*</p> <p>4:30 Whiteboard Games (AC) JH*</p> <p>6:00 Alexa Trivia Challenge (DR) JL*</p>	<p>10:00 Muscle Build (AC) JH* 10</p> <p>10:30 Scattegories (AC) JH*</p> <p>11:30 Spring Bird Watching (BY) JH*</p> <p>1:30 Indoor Bocce (AC) JH*</p> <p>2:00 Arts & Crafts (CT) JH</p> <p>3:00 Sunshine Social Hour (B) JH</p> <p>3:30 Pass It On (AC) JH*</p> <p>4:00 Shabbat Services (C) KP</p> <p>4:00 Make em Laugh (AC) JH*</p> <p>6:00 Sensory Board Fun (AC) KP*</p>	<p>Balloon Volleyball (AC) KP* 11</p> <p>10:30 Family Feud! (AC) KP*</p> <p>11:00 Table Topics (AC) KP*</p> <p>1:30 Saturday Stretch (AC) KP*</p> <p>2:00 Creative Writing Group (AC)KP*</p> <p>3:00 Social Hour (B) KP</p> <p>3:30 Beamz Rhythm Creation (AC) KP*</p> <p>4:00 Bingo (B) KP*</p> <p>6:00 Massage and Melodies (DR) JH*</p>
<p>Mother's Day 12</p> <p>10:00 Mass at St. Joseph Church (T) MJ</p> <p>10:00 Fit, Firm and Fabulous! (PC) JR*</p> <p>10:30 Famous Mothers Trivia (PC) JR*</p> <p>11:00 Mother's Day Concert w/ Stacey (PC)JL</p> <p>11:30 Mother's Day Brunch (DR) JR</p> <p>2:00 Movie Matinee (C) JR</p> <p>2:00 Corsage Wired Ribbon Creation (PC) JR</p> <p>3:00 Sunday Sundae Social (B) JR</p> <p>4:00 Motherly Humor (B) JR*</p> <p>6:00 Evening Movie & Popcorn (C) FD</p>	<p>10:00 Cardio Fix (AC) SD* 13</p> <p>10:15 Coffee and Doughnuts (T) MJ</p> <p>10:30 Brain Busters (AC)SD*</p> <p>11:00 Freeform Art (CT) SD</p> <p>1:30 Scattegories (AC) SD*</p> <p>2:00 Chair Dancing (AC) SD*</p> <p>2:30 Table Topics (AC) SD*</p> <p>3:00 Social Hour (B) SD</p> <p>3:30 Round Robin Stories (AC) SD*</p> <p>4:00 Bubble Painting (AC) SD</p> <p>6:00 Caption This Laughs (B) JR*</p>	<p>10:00 Octoband Workout (AC) SD* 14</p> <p>10:30 You Be The Judge (AC) SD*</p> <p>11:00 Baking Class (B) SD</p> <p>1:30 Scattegories (AC) SD*</p> <p>2:00 Independent Stimulus Cart (B) SD</p> <p>3:00 Social Hour (B) SD</p> <p>3:30 Reading Roundtable (B) SD</p> <p>4:30 Meditation and Relaxation (AC) SD</p> <p>6:00 Evening Stroll (CT) JL</p>	<p>10:00 Moving to Music (AC) KP* 15</p> <p>10:30 Rosary Group (C) KP</p> <p>11:00 Drumming Circle (AC) KP*</p> <p>12:00 Lunch Bunch In The Private Dining Room (PDR)</p> <p>1:30 Calorie Burn (AC) KP*</p> <p>2:00 Smart Board Games (AC) KP*</p> <p>3:00 Social Hour (B) KP</p> <p>3:30 Random Trivia Challenge (B) KP*</p> <p>4:00 Art Expressions (AC) KP*</p> <p>6:00 Evening Cool Down (AC) JL*</p>	<p>10:00 Parachute Exercise (AC) JH* 16</p> <p>10:30 Word Games (AC) JH*</p> <p>11:00 Garden Stamp Painting (CY) JH*</p> <p>1:30 Virtual Reality Travels (AC) JH*</p> <p>2:00 Journal Prompts (B) JH*</p> <p>3:00 Social Hour (B) JH</p> <p>3:30 Toss & Talk Ball (AC) JH*</p> <p>4:30 Whiteboard Games (AC) JH *</p> <p>6:00 Music Request w/ Alexa (B) JL*</p>	<p>10:00 Muscle Build (AC) JH* 17</p> <p>10:30 Boggle XL (AC) JH*</p> <p>11:30 Cute YouTube Clips (AC) JH*</p> <p>1:30 Sorting & Organizing (B) JH</p> <p>2:00 Arts & Crafts (CT) JH*</p> <p>3:00 Teddy Roosevelt Comes To GC (B) KP</p> <p>3:30 Shrinking Word Puzzle (AC) JH*</p> <p>4:00 Shabbat Services (C) KP</p> <p>4:00 Improv Group (AC) JH*</p> <p>6:00 Silent Singing With Alexa (B) KP*</p>	<p>The Preakness 18</p> <p>10:00 Balloon Volleyball (PC) KP*</p> <p>10:30 Preakness History & Traditions (PC) KP*</p> <p>11:00 Black & Yellow Fascinators (AC) KP*</p> <p>2:00 Movie Matinee (C) KP*</p> <p>2:00 Day At The Races (PC)KP*</p> <p>3:00 Black Eyed Susans & Bergers Social (B) JH</p> <p>4:00 Bingo (PC) KP*</p> <p>6:00 New Release Movie Night (C) KP</p> <p>6:45 144th Preakness Live (SB) JR*</p>
<p>PGA Championship 19</p> <p>10:00 Mass at St. Joseph Church (T) MJ</p> <p>10:00 Final Round - PGA Championship (C)</p> <p>10:00 Sunday Stretch (PC) JR*</p> <p>10:30 Morning News Report (AC) JR*</p> <p>11:00 Target Golf (AC) JR</p> <p>2:00 Movie Matinee (C) JR</p> <p>2:00 Putting and Chipping (BY) JR*</p> <p>3:00 Sunday Sundae Social (B) JL</p> <p>4:00 Bingo (PC) JR*</p> <p>6:00 Evening Movie & Popcorn (C) JL</p>	<p>10:00 Stretch and Flex (AC) SD* 20</p> <p>10:15 Out And About (T) MJ</p> <p>10:30 Brain Busters (AC) SD*</p> <p>11:00 Freeform Art (CT) SD*</p> <p>1:30 Garden Planting (AC) SD*</p> <p>2:00 Table Topics (AC) SD*</p> <p>3:00 Social Hour (B) SD</p> <p>3:30 Heartwarming Headlines (B) SD*</p> <p>4:30 Outdoor Nature Walk (B) SD</p> <p>6:00 Spring Birds Creations (CY) JR</p>	<p>10:00 Octoband Workout (AC) SD 21</p> <p>10:30 You Be The Judge (AC) SD</p> <p>11:00 Baking Class (B) SD</p> <p>1:30 Scattegories (AC) SD</p> <p>2:00 Sculpture Art (CT) SD</p> <p>3:00 Social Hour (B) SD</p> <p>3:30 Reading Roundtable (CT) SD</p> <p>4:30 Meditation and Relaxation (B) SD</p> <p>6:00 Evening Stoll (CY) SD</p>	<p>10:00 Moving to Music (AC) KP* 22</p> <p>10:30 Rosary Group (C) KP</p> <p>11:00 Music Therapy with Patty (AC) KP*</p> <p>1:30 Firm Fit and Fabulous (CT) KP*</p> <p>2:00 Horticulture Group (CY) KP*</p> <p>3:00 Welcome Tea Social Hour (B) KP*</p> <p>3:30 Searching For May (B) KP*</p> <p>4:00 Art Expressions (AC) KP*</p> <p>6:00 Fireside Chat (DR) JL*</p>	<p>10:00 Handkerchief Workout (AC) JH* 23</p> <p>10:30 Relax And Remember (AC) JH*</p> <p>11:30 Rhythm Sticks Music Creations (P) JH*</p> <p>1:30 Journal Prompts (B) JH*</p> <p>2:00 Tailgate Toss (AC) JH</p> <p>3:00 Social Hour (B) JH</p> <p>3:30 E - Pet Therapy (AC) JH*</p> <p>4:30 Whiteboard Games (AC) JH*</p> <p>6:00 Alexa Trivia Challenge (DR) JL*</p>	<p>10:00 Outdoor Hiking (CY) JH* 24</p> <p>10:30 Scattegories (AC) JH*</p> <p>11:00 Outdoor Birth Watching (CY) JH*</p> <p>1:30 Indoor Bocce (AC) JH*</p> <p>2:00 Mini Jeopardy (AC) JH*</p> <p>3:00 Sunshine Social Hour (B) JH*</p> <p>3:30 Calculation Crisscross (AC) JH*</p> <p>4:00 Shabbat Services (C) KP</p> <p>4:00 Make em Laugh*</p> <p>6:00 Sensory Board Fun (AC) KP*</p>	<p>Balloon Volleyball (AC) KP* 25</p> <p>10:30 The Price Is Right! (AC) KP*</p> <p>11:30 Table Topics (AC) KP*</p> <p>1:30 Saturday Stretch (AC) KP*</p> <p>2:00 Birthday Bash with The Alive and Kickin' Band (ALB) KP*</p> <p>3:00 Social Hour (B) KP</p> <p>3:30 Beamz Rhythm Creating (AC) KP*</p> <p>4:00 Bingo (B) KP*</p> <p>6:00 Massage and Melodies (DR) JR*</p>
<p>Mass at St. Joseph Church (T) MJ 26</p> <p>10:00 Weight Workout (AC) JR*</p> <p>10:30 Words Within Words (AC) JR *</p> <p>11:00 Remember When.....(AC) JR*</p> <p>11:00 Televised Mass (C) JR</p> <p>2:00 Movie Matinee (C) JR</p> <p>2:00 Kickball Workout (AC) JR</p> <p>3:00 Sunday Sundae Social (B) JR</p> <p>3:30 Table Topics Discussion (AC) JR*</p> <p>4:00 Trivia Challenge (CT) JR*</p> <p>6:00 This Day in History (B) JL*</p>	<p>Memorial Day 27</p> <p>10:00 Military Muscle Build (AC) JL*</p> <p>10:30 Celebrate Memorial Day (AC) JL*</p> <p>11:00 Music Concert w/Albert Mulad(AL)JL</p> <p>12:00 Memorial Day BBQ (PA)</p> <p>2:00 Movie Matinee (C) JL</p> <p>2:00 Memorial Day Trivia (AC) JR*</p> <p>2:30 Celebrating Their Service (AC) JL *</p> <p>3:00 Moment of Remembrance (B) JL*</p> <p>4:00 Outdoor Music Garden Walk (CY) JR</p> <p>6:00 Movie Presentation (C) JR</p> <p>6:00 Paired Up Match Card Game (AC) JR*</p>	<p>10:00 Octoband Workout (AC) SD 28</p> <p>10:30 You Be The Judge (AC) SD</p> <p>11:00 Baking Class (B) SD</p> <p>11:45 Picnic Lunch Trip (T) MJ</p> <p>1:30 Scattegories (AC) SD</p> <p>2:00 Independent Stimulus Cart (B) SD</p> <p>3:00 Social Hour (B) SD</p> <p>3:30 Reading Roundtable (B) SD</p> <p>4:30 Meditation and Relaxation (AC) SD</p> <p>6:00 Evening Stroll (CT) SD</p>	<p>National Senior Health & Fitness Day 29</p> <p>10:00 Sit and Be Fit (AC) KP*</p> <p>10:30 Current News Debate (AC) KP*</p> <p>11:00 Parachute Fun! (AC) KP</p> <p>2:00 Bristol Walking Group (BY) KP*</p> <p>2:00 Movie Matinee (C) KP</p> <p>3:00 Healthy Snack Social (B) KP</p> <p>4:00 Putting On The Green (BY) KP</p> <p>6:00 Movie Night (C) JR</p> <p>6:00 Cornhole (CY) JR</p> <p>6:00 Conversation with Caregivers Support Group With Ally (PDR) JL</p>	<p>10:00 Parachute Exercise (AC) JH 30</p> <p>10:30 Word Games (AC) JH*</p> <p>11:00 Guided Painting (B) JH*</p> <p>1:30 Virtual Reality Travels (AC) JH*</p> <p>2:00 Journal Prompts (B) JH*</p> <p>3:00 Social Hour (B) JH</p> <p>3:30 Toss & Talk Ball (AC) JH*</p> <p>4:30 Whiteboard Games (AC) JH*</p> <p>6:00 Music Request w/ Alexa (B) JL*</p>	<p>10:00 Sit and Be Fit (AC) JH* 31</p> <p>10:30 Boggle XL (AC) JH*</p> <p>11:30 Make em Laugh Jokes (AC) JH*</p> <p>1:30 Commonymns (AC) JH*</p> <p>2:00 Indoor Bocce (AC) JH*</p> <p>3:00 Sunshine Social Hour (B) JH</p> <p>3:30 Junk Drawer Detective (AC) JH*</p> <p>4:00 Shabbat Services (C) KP</p> <p>4:00 Improv Group (AC) JH*</p> <p>6:00 Silent Singing with Alexa (B) KP*</p>	<p>KENTUCKY DERBY</p> <p>CINCO DE MAYO</p> <p>MOTHER'S DAY</p> <p>MEMORIAL DAY</p>