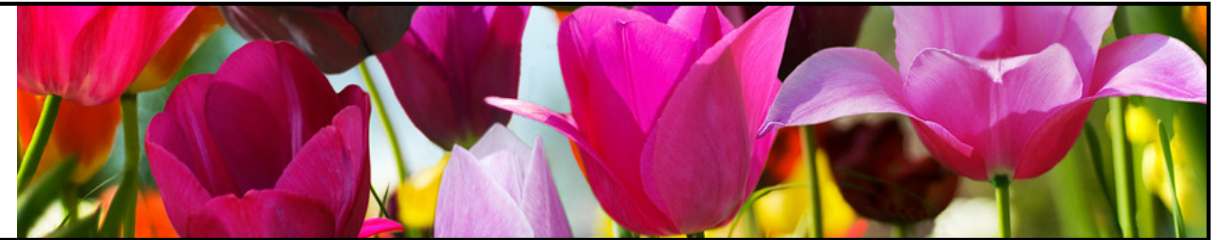




# APRIL 2019

## REFLECTIONS ACTIVITIES CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																				
<p>Please Join Us Daily at 3:00pm In the Bistro for the Afternoon Social. It is a wonderful opportunity to socialize, meet your neighbors and perhaps join in on a card or board game, or join one of our many clubs! See You There!</p> 	<p><b>April Fool's Day</b> 1</p> <p>10:00 What's Happening? (FC) A 10:15 Monday Movements (FC) A 11:00 Pranks and Jokes (AW) A 11:30 Reading Circles (AW) A 2:15 Artists Corner (AC) E 2:15 Monday Musicals (CI) S 3:00 Bristol Social (TS) S 3:45 Beach Ball Drumming (AW) E 4:15 Guess that Jokester... (AW) E 6:30 Balloon Volleyball (FC) E</p>	<p>10:00 Hello Neighbor (FC) BR 2 10:15 Sittercise (FC) BR 11:00 Daily Doodles (AC) E 11:00 Games We Played as Kids (AE) BR 2:00 "Herstory" Movie Festival (CI) S 2:15 Famous Name Bingo (B) A 3:00 Tuesday Social (TS) A 3:45 Table Volleyball (AE) A 4:15 Improv and Drama Club (AE) B 6:30 Giant Jenga Teams (AE) B</p>	<p>10:00 Daily Chronicles (FC) A 3 10:15 Move &amp; Groove (FC) A 11:00 Musical Instrument Bingo (AE) A 11:00 Craft Circle (AC) E 2:15 Drumming Circle with Poetry (FC) B 3:00 Wednesday Funday Social (TS) S 3:45 Walk it out (AW) A 4:15 Sports Mascots Trivia (AW) A 6:30 Dodgeball (FC) BR</p>	<p>10:00 News &amp; Views (FC) B 4 10:15 Light &amp; Lively Exercise (FC) B 11:00 Number one hits: The Beatles (AE) BR 11:00 Creative Writing (AE) B 2:15 Artists Corner (AC) B 3:00 Juke Box Social (TS) S 3:45 30 minute mysteries (AE) A 4:15 Classification Stations (AE) A 6:30 Karaoke (FC) A</p>	<p>10:00 Sunny Skies News (FC) BR 5 10:15 Keep on Moving (FC) BR 11:00 Cooking Corner: Caramel Fondue (B) BR 11:30 Caramel Delights (B) BR 2:15 <b>Shabbat Service (LR, 3rd fl)</b> B 2:15 Remembering You Heroes (FC) B 3:00 Friday Funday Social (TS) B 3:45 Aroma Therapy (QR) B 4:15 Inspiration Station (QR) B</p>	<p>9:45 <b>Trip to: Congregation Beth Sholom D</b> 6 10:00 What's Happening? (FC) BR 10:15 Dance it off (FC) BR 11:00 Musical Bingo (AE) BR 2:30 Balloon Volleyball Teams (FC) B 3:00 Happy Hour Social (TS) D 3:45 Honoring Scottish Heritage (TS) B 4:15 What am I? Famous Desserts (TS) B</p>																																				
<p>9:30 <b>Mass trip to St. Cecelia's D</b> 7 10:00 Sunday News (FC) E 10:15 Stretch N' Flex (FC) E 11:00 Watercolor to Mozart (AC) E 11:30 Artists Bio: Man Ray (AC) E 2:15 Trivia Challenge: Games we played (B) A 3:00 Sunday Sundaes Social (TS) A 3:45 Fun Facts: The 1950s (B) A 4:15 Strolling with Billie Holiday (AW) A</p>	<p>10:00 The Big Story (FC) A 8 10:15 Keep on Moving (FC) A 11:00 Storytelling with a twist (AE) A 11:30 Japanese Zen Gardening (AC) A 2:15 Monday Musicals (CI) S 2:15 Bowlers Club (AW) E 2:15 Monday Musicals (CI) S 3:00 Bristol Social (TS) S 3:45 Virtual Forest (QR) S 4:15 Relaxation Club (QR) S 6:30 Batter up Baseball (FC) E</p>	<p>10:00 News &amp; Views (FC) BR 9 10:15 Morning Stretch (FC) BR 11:00 Guess the year...Historical Events (AE) BR 11:00 Juke Box Trivia (AW) A 2:00 "Herstory" Movie Festival (CI) S 2:15 Board Game Clusters (AE) A 3:00 Tuesday Social (TS) A 3:45 Narrative Photography (AE) A 4:15 Japanese Flower Festival (AC) B 6:30 Beading to the beat (AC) B</p>	<p>10:00 Now you know! (FC) A 10 10:15 Chair Yoga (AA) A 11:00 Craft Circle (AC) E 11:00 State Bingo (AE) A 2:15 BINGO! (AE) A 3:00 Mid-Week Social (TS) S 3:45 Art from the Heart: Mosaics (AC) B 4:15 Art Chat (AC) B 6:30 Exploring with Beamz (AE) BR</p>	<p><b>National Pet Day</b> 11 10:00 News Currents (FC) B 10:15 Stretch to the Beat (FC) B 11:00 Pet Visits (TS) S 11:00 Name that famous Dog (AW) B 2:15 Smart Board Explorations (FC) B 3:00 Thursday Social (TS) S 3:45 Bristol Bowlers (AW) A 4:15 Hidden Equations Game (AE) BR 6:30 Poppin with the Popcorn Game (AE) A</p>	<p><b>Crazy Hat Day</b> 12 10:00 This week in news (FC) BR 10:15 Fit N Fab (FC) BR 11:00 Cooking Corner: Grilled Cheese (B) BR 2:15 <b>Shabbat Service (LR, 3rd fl)</b> B 2:15 Edible Art: Licorice (AC) B 3:00 Friday Funday Social (TS) B 3:45 Reading RoundTable (AE) B 4:15 Trivia Challenge: Women in Sports (AE) B</p>	<p>9:45 <b>Trip to: Congregation Beth Sholom D</b> 13 10:00 Saturday News and Views (FC) B 10:15 Exercise Club (FC) B 11:00 Bingo (AE) B 2:30 Dance Party (FC) BR 3:00 Happy Hour Social (B) D 3:45 Smart Board Games (AE) BR 4:15 Word Match (AE) BR</p>																																				
<p><b>Palm Sunday</b> 14 9:30 <b>Mass trip to St. Cecelia's D</b> 10:00 Daily Chronicles (FC) E 10:15 Movement with Scarves (FC) E 11:00 Make it Artsy (AC) E 11:30 Green Thumb Club (AC) E 2:15 <b>Passover Seder (LR, 3rd fl)</b> A 3:00 Banana Split Social (TS) A 3:45 Creative Poetry (AE) A 4:15 Words with Friends (AE) A</p>	<p>10:00 In the News (FC) A 15 10:15 Lightly Lively Exercise (FC) A 11:00 Histories and Mysteries (AE) A 11:30 Remember When: Patriots Day (AE) A 2:15 Soccer Circle (FC) E 2:15 Monday Musicals (CI) S 3:00 Bristol Social (TS) S 3:45 Name a Song About... (AW) E 4:15 Famous Quotes (AW) E 6:30 Potpourri Mason Jars (FC) E</p>	<p><b>Stress Awareness Day</b> 16 10:00 News and Brews (FC) A 10:15 Balloon Volleyball (FC) A 11:00 Reading Rountable (AE) A 11:00 Organization Stations (AE) BR 2:00 "Herstory" Movie Festival (CI) S 2:15 Express yourself: Mantra Journal (AE) B 3:00 Twister Tune Social (TS) S 3:45 Mindfulness (QR) BR 4:15 Silence and Serenity (QR) BR 6:30 Put Put Golf (FC) B</p>	<p>10:00 Daily Chronicles (FC) A 17 10:15 Motown Moves (FC) A 11:00 Food Bingo (AE) A 11:30 <b>Lunch Trip to: Coach Diner D</b> 2:15 Music Circle (AE) B 3:00 Koffee Klatch Social (BG, 3rd) S 3:45 Poetry in Motion: Haiku's (AC) B 4:15 Lookalike name game (AE) B 6:30 Ring Toss (AE) BR</p>	<p>10:00 News Currents (FC) B 18 10:15 Stretch to the 50s Beat (FC) B 11:00 In the Kitchen: Cupcakes (B) BR 11:00 Shakras and Creativity (AC) B 2:15 Smart Board Travel (FC) BR 3:00 Thirsty Thursday Social (TS) S 3:45 Word Unscramble (TS) A 4:15 Men's Club (LR) B 6:30 Activity Clusters (AE) A</p>	<p><b>Good Friday/Erev Passover</b> 19 10:00 News and Gossip (FC) BR 10:15 Stretch Band workout (FC) BR 11:00 Baking Creations: Hot Cross Buns (B) BR 2:15 <b>Shabbat Service (LR, 3rd fl)</b> B 2:15 Finish that song (AE) B 3:00 Friday Funday Social (TS) B 3:45 Walk it out (AW) B 4:15 What's that Aroma? (QR) B</p>	<p><b>Passover</b> 20 9:45 <b>Trip to: Congregation Beth Sholom D</b> 10:00 What's New? (FC) B 10:15 Dance it off (FC) B 11:00 Musical Bingo (AE) B 2:30 Mini Golf (FC) BR 3:00 Happy Hour Social (B) D 3:45 Kraft Club (AC) B 4:15 Number Search: Hidden Equations (AE) B</p>																																				
<p><b>Easter Sunday</b> 21 9:30 <b>Mass trip to St. Cecelia's D</b> 10:00 News &amp; Views (FC) E 10:15 Stretch it Out (FC) E 11:00 Pottery Wheel (AC) E 11:30 Art Discussion: Max Ernst (AC) E 2:15 Arm Chair Travel: Charleston (FC) A 3:00 <b>Easter Celebration (BG, 3rd fl)</b> A 3:45 Narrative Photography (AE) A 4:15 Creative Writing (AE) A</p>	<p><b>Earth Day</b> 22 10:00 Monday Morning Mash-up (FC) A 10:15 Morning Movements (FC) A 11:00 Drawing to Louie (AC) A 11:30 Monday Muses: Louis Armstrong (AC) A 2:15 <b>Bristol Helping Hands   Community Service Meeting (AW) E</b> 2:15 Monday Musicals (CI) S 3:00 Bristol Social (TS) S 3:45 Earth Day in the Garden (C) E 4:15 Walk About with Jazz (AC) E 6:30 Drum it out (FC) E</p>	<p>8:00 <b>Chef's Breakfast Demo (B)</b> 23 10:00 News &amp; Views (FC) A 10:15 Sit-N-Be Fit (FC) A 11:00 Who said it best? (AE) A 11:00 Women's Club (PDR) BR, S 2:00 <b>Food Committee Meeting (PA, 3rd)</b> 2:00 "Herstory" Movie Festival (CI) S 2:15 Board Games Galore (AE) BR 3:00 Music Matinee Social (TS) S 3:45 Finish that Shakespeare line (AE) B 4:15 Hidden Equations (TS) B 6:30 Foods of the World (AE) B</p>	<p>10:00 Daily News (FC) B 24 10:15 Stretch to the Beat (FC) B 11:00 Bristol Bowlers Club (AW) A 11:30 <b>Lunch Trip to Smash Burger D</b> 2:15 Musical Bingo (AE) A 3:00 <b>April Birthday Celebration (BG, 3rd) S</b> 3:45 Meditation in the Sun (C) A 4:15 Creative Storytelling (AE) A 6:30 Chalked Words (AE) BR</p>	<p>10:00 News and Views (AA) B 25 10:15 Stretch to the Beat (AA) B 11:00 Flower Arranging (AC) BR 11:00 Board Games (AE) D 2:15 YouTube: Painting with Bob Ross (AC) B 3:00 Thursday Social (TS) A 3:45 Smart Board Word Games (TS) A 4:15 Jewelry Making (AC) A 6:30 Bristol Bowlers (AW) A</p>	<p>10:00 What's the Latest News? (FC) BR 26 10:15 Dance it Up (FC) BR 11:00 In the Kitchen: Soft Pretzels (B) BR 11:30 History of the Pretzel (AE) BR 2:15 <b>Shabbat Service (LR, 3rd fl)</b> B 2:15 Poetry in Motion (AE) B 3:00 Friday Funday Social (TS) B 3:45 Finish that Line (AE) B 4:15 Word Find (AE) B</p>	<p>9:45 <b>Trip to: Congregation Beth Sholom D</b> 27 10:00 Sunny Skies News (FC) B 10:15 Tai Chi to the Music (FC) B 11:00 Bingo (AE) B 2:15 Pen Pal Postcards (AE) BR 3:00 Happy Hour Social (B) D 3:45 Parachute Circle (FC) BR 4:15 What am I? (AW) BR</p>																																				
<p>9:30 <b>Mass trip to St. Cecelia's D</b> 28 10:15 Sunday Stretch (FC) E 11:00 Marbling Arts Demo (FC) E 11:30 Artist's Bio: Caravaggio (AC) E 2:15 Move N' Groove (FC) A 3:00 Root Beer Float Social (TS) A 3:45 Activity Zone (AE) A 4:15 Anagrams (AE) A</p>	<p>10:00 What's Happening (FC) A 29 10:15 Monday Movements (FC) A 11:00 Poetry and Journaling (AE) A 11:30 Monday Gossip (AE) A 2:15 Groovin' Disco (AW) E 2:15 Monday Musicals (CI) S 2:15 <b>Activity Committee (PA, 3rd fl) S</b> 3:00 Bristol Social (TS) S 3:45 Short Story Roundtable (B) E 4:15 Book Club (LR) E 6:30 Word Shuffle (AA) E</p>	<p>10:00 This Day in... (FC) BR 30 10:15 Morning Crunch (FC) BR 11:00 Remember When...the 1970s (AE) BR 11:00 Virtual Reality (QR) A 2:00 "Herstory" Movie Festival (CI) S 2:15 Music Circle (FC) A 3:00 Hot Cocoa Social (TS) S 3:45 Reading Roundtable (AE) A 4:15 Afternoon Brainteasers (AE) A 6:30 Pokeno (AW) B</p>	<p><b>OUR TALENTED RECREATION TEAM</b></p> <table border="0"> <tr><td>Stephanie</td><td>S</td></tr> <tr><td>Bridget</td><td>B</td></tr> <tr><td>Angela</td><td>A</td></tr> <tr><td>Elana</td><td>E</td></tr> <tr><td>Brianna</td><td>Br</td></tr> <tr><td>Dorothy</td><td>D</td></tr> </table>	Stephanie	S	Bridget	B	Angela	A	Elana	E	Brianna	Br	Dorothy	D	<p><b>ROOM KEY</b></p> <table border="0"> <tr><td>ARTS AND CRAFT ROOM</td><td>(AC)</td></tr> <tr><td>CINEMA</td><td>(CI)</td></tr> <tr><td>DINING ROOM</td><td>(DR)</td></tr> <tr><td>BEAUTY SALON</td><td>(S)</td></tr> <tr><td>ACTIVITY AREA EAST</td><td>(AE)</td></tr> <tr><td>ACTIVITY AREA WEST</td><td>(AW)</td></tr> <tr><td>BISTRO</td><td>(B)</td></tr> <tr><td>QUIET ROOM</td><td>(QR)</td></tr> <tr><td>LIVING ROOM</td><td>(LR)</td></tr> <tr><td>FITNESS CENTER</td><td>(FC)</td></tr> <tr><td>TOWN SQUARE</td><td>(TS)</td></tr> <tr><td>COURTYARD</td><td>(C)</td></tr> </table>	ARTS AND CRAFT ROOM	(AC)	CINEMA	(CI)	DINING ROOM	(DR)	BEAUTY SALON	(S)	ACTIVITY AREA EAST	(AE)	ACTIVITY AREA WEST	(AW)	BISTRO	(B)	QUIET ROOM	(QR)	LIVING ROOM	(LR)	FITNESS CENTER	(FC)	TOWN SQUARE	(TS)	COURTYARD	(C)	<p>Please see Stephanie Rice, The Recreation Director, with any questions regarding The Activities Calendar</p> <p>Outdoor Programs and Trips are Weather Permitting</p> <p><b>Movies will be played in the Cinema at 2:00 everyday and 7:00 Titles will be displayed on Daily Activity Sheet</b></p> <p>Programs are Subject to Change with Notice On the Daily Activity Sheet</p>	
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