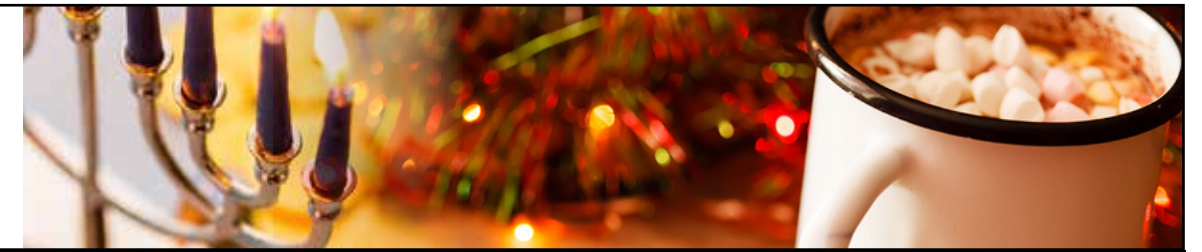


# DECEMBER 2018

## REFLECTIONS ACTIVITIES CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10:00 Morning Stretch (AQ) DE <b>30</b></p> <p>10:30 <b>Mass at St. Matthews A</b></p> <p>10:30 Ring In The New Year-Ring Toss (AQ) DE</p> <p>11:00 Telecare Televised Mass (AQ) DE</p> <p>2:00 Sit &amp; Be Fit (AQ) T</p> <p>2:30 New Year Theme Spelling Bee (AQ) T</p> <p>3:15 Ice Cream Sundae Social (P) T</p> <p>4:00 Bingo Bonanza with Tara (DR)</p> <p>6:30 Jigsaw Puzzles (DR) DE</p> <p>7:00 Sunday Evening Family Movie (AQ) DE</p>	<p><b>NEW YEARS EVE 31</b></p> <p>10:00 Morning Stretch (AQ) DE</p> <p>10:30 Bean Bag Toss (AQ) DE,</p> <p>11:00 Discussion: Resolutions (AQ) DE</p> <p>12:00 Champagne Lunch (DR)</p> <p>2:00 Holiday Matinee (AQ) T</p> <p>2:00 It's A New Year Art Work (DR) DE</p> <p>3:15 Musical Memories Social (DR) CH</p> <p>4:00 Bingo Bonanza (DR) DE</p> <p>6:30 Dick Clarks New Years Rockin Eve</p>	<p><b>Tree Trimming Party 4</b></p> <p>10:00 Morning Stretch with Faith (AQ)</p> <p>10:30 Baking: Raisin Bran Muffins (DR) DE</p> <p>11:00 Tree Trimming and Carols (DR) F</p> <p>2:00 Holiday Movie Matinee &amp; Popcorn "It's A Wonderful Life (AC) S</p> <p>2:00 Louisa May Alcott Short Stories (DR) F</p> <p>3:15 Musical Memories Social (DR) CH</p> <p>3:45 <b>Lighting Of The Menorah (L) DE</b></p> <p>4:00 Let's Play Bingo! (DR) F</p> <p>6:30 Common Bonds Reminiscing (DR) DE</p> <p>7:00 Hallmark Holiday Movie (AQ) DE</p>	<p><b>ACTIVITY KEY</b></p> <p>AQUARIUM ROOM AQ</p> <p>ACTIVITY CENTER AC</p> <p>DINING ROOM DR</p> <p>WELLNESS CENTER WAC</p> <p>CINEMA CI</p> <p>BILLIARDS BR</p> <p>COUNTRY KITCHEN CK</p> <p>PRIVATE DINING ROOM PDR</p> <p>LOBBY L</p>	<p><b>STAFF KEY</b></p> <p>STACY S</p> <p>BARBARA B</p> <p>TARA T</p> <p>CRAIG C</p> <p>DEBI DE</p> <p>LENA LN</p> <p>CHRISTIAN CH</p> <p>LORI L</p> <p>FAITH F</p>	<p>PLEASE SEE BARBARA HEAPHY, RECREATION DIRECTOR, OR STACY BODDEN, RECREATION SUPERVISOR, WITH ANY QUESTIONS.</p> <p>ALTERNATE, PARALLEL PROGRAMS ARE AVAILABLE THROUGHOUT THE DAY.</p> <p>ALL PROGRAMS ARE SUBJECT TO CHANGE WITH NOTICE.</p>	<p>9:30 <b>Temple Beth David C 1</b></p> <p>10:00 Fitness Boot Camp (AQ) F</p> <p>10:30 <b>Rosary with Maureen (CI) A</b></p> <p>10:45 <b>Entertainer Roberta Fabiano Uplifting Sing Along Songs (AQ) L</b></p> <p>2:00 Menorah Craft (AC) F</p> <p>2:00 <b>Scenic Drive to Eaton's Neck (DR) CH</b></p> <p>3:15 Family Time Social (DR) A</p> <p>4:00 Bingo Bonanza (DR) F</p> <p>6:30 Magazine Mania (AQ) L</p> <p>7:00 Georgia Rae Sing Along (AQ) L</p>
<p><b>HANUKKAH BEGINS AT SUNSET 2</b></p> <p>10:00 Morning Stretch (AQ) DE</p> <p>10:30 <b>Mass at St. Matthews A</b></p> <p>10:30 All About Hanukkah and Spelling Bea with Debi (AQ)</p> <p>11:00 Telecare Televised Mass (AQ) DE</p> <p>2:00 <b>Hanukkah Celebration in Song (AQ) T</b></p> <p>3:15 Ice Cream Sundae Social (P) T</p> <p>3:45 <b>Lighting Of The Menorah (L) DE</b></p> <p>4:00 Bingo Bonanza with Tara (DR)</p> <p>6:30 Crossword Puzzles (DR) DE</p> <p>7:00 Sunday Evening Family Movie (AQ) DE</p>	<p>9:30 Beauty Salon Appts A <b>3</b></p> <p>10:00 Morning Stretch (AQ) T</p> <p>10:30 Hanukkah Songs Sing Along (AQ) DE</p> <p>11:00 Let's Spin The Dreidel! (DR) DE</p> <p>2:00 Holiday Symbols and Traditions (DR) T,</p> <p>3:00 Linens &amp; Things with Debi (DR)</p> <p>3:15 Holiday Music Social (DR) DE</p> <p>3:45 <b>Lighting Of The Menorah (L) DE</b></p> <p>4:00 Toss &amp; Talk About Trivia Ball (AQ) DE</p> <p>6:30 Tic Tac Toe Game with Debi (DR)</p> <p>7:00 The Honeymooners (AQ) DE</p>	<p><b>Tree Trimming Party 4</b></p> <p>10:00 Morning Stretch with Faith (AQ)</p> <p>10:30 Baking: Raisin Bran Muffins (DR) DE</p> <p>11:00 Tree Trimming and Carols (DR) F</p> <p>2:00 Holiday Movie Matinee &amp; Popcorn "It's A Wonderful Life (AC) S</p> <p>2:00 Louisa May Alcott Short Stories (DR) F</p> <p>3:15 Musical Memories Social (DR) CH</p> <p>3:45 <b>Lighting Of The Menorah (L) DE</b></p> <p>4:00 Let's Play Bingo! (DR) F</p> <p>6:30 Common Bonds Reminiscing (DR) DE</p> <p>7:00 Hallmark Holiday Movie (AQ) DE</p>	<p>10:00 Strength Training (AQ) CH <b>5</b></p> <p>10:00 <b>Catholic Communion (AQ)</b></p> <p>10:30 <b>Dunkin Donuts &amp; Hot Cocoa CH</b></p> <p>11:00 <b>Pet Therapy with Bobbi (AC)</b></p> <p>2:00 Art Expressions: Holiday Collage (AC) S</p> <p>2:00 Checkers &amp; Puzzles (DR) CH</p> <p>3:15 Memory Lane Social (DR) CH</p> <p>3:45 <b>Lighting Of The Menorah (L) CH</b></p> <p>4:00 Let's Play Bingo! (DR) S</p> <p>6:30 Jigsaw Puzzles (DR) T</p> <p>7:00 Health Snack Social (DR)</p>	<p><b>RESIDENT HOLIDAY PARTY 6</b></p> <p>9:45 <b>Balance with Michael (WAC) T</b></p> <p>10:00 Energize Yourself! (AQ) L</p> <p>10:30 Holiday Movie Quotes (AC) L</p> <p>11:00 Painting with Water Colors (DR)</p> <p>2:00 Hallmark Holiday Movie Special (AC) L</p> <p>3:15 Tea for Teal Social (DR) CH</p> <p>3:45 <b>Lighting Of The Menorah (L) C</b></p> <p>4:00 A Very Merry Sing Along (AQ) L</p> <p>5:00 Cocktails &amp; Appetizers</p> <p>5:30 Dinner is Served</p> <p>6:30 Rocking Around The Christmas Tree</p> <p>7:00 Thursday Evening Movie (AQ) CH</p>	<p><b>PEARL HARBOR REMEMBRANCE DAY 7</b></p> <p>10:00 Moment Of Silence</p> <p>10:00 Bend &amp; Stretch (AQ) L</p> <p>10:30 Hanukkah: Tales of Light Story (AQ) L</p> <p>10:45 <b>Mind, Music and Movement with Music Therapist, Teresa Morale (AQ) L</b></p> <p>2:00 Bingo Bonanza (AQ) L</p> <p>3:15 Classical Music Social (DR) A</p> <p>3:45 <b>Lighting Of The Menorah (L) L</b></p> <p>4:00 Songs From Around the World (AQ) CH</p> <p>4:15 <b>Shabbat Services (DR) L</b></p> <p>6:30 Magazine Mania (AQ) L</p> <p>7:00 Jeopardy/Wheel of Fortune (AQ) L</p>	<p>9:30 <b>Temple Beth David CH 8</b></p> <p>10:00 Conduct to Music with Lori (AQ)</p> <p>10:30 Hanukkah Art (DR) L</p> <p>10:30 <b>Rosary with Maureen (CI) A</b></p> <p>10:45 Year End Collage (DR) F</p> <p>11:45 <b>Lunch Outing To Emilio's Restaurant CH</b></p> <p>2:00 Movie Matinee (AC) L</p> <p>3:15 Family Time Social (AC) A</p> <p>3:45 <b>Lighting Of The Menorah (L) L</b></p> <p>4:00 Bingo Bonanza (DR) F</p> <p>6:30 Classical Music (DR) L</p> <p>7:00 Saturday Night Western (AQ) L</p>
<p>10:00 Yuletide Sing Along with Debi (AQ) <b>9</b></p> <p>10:30 <b>Mass at St. Matthews A</b></p> <p>10:30 Sit &amp; Be Fit (AC) DE</p> <p>11:00 Telecare Televised Mass (AQ) DE</p> <p>11:00 Rumikub &amp; Puzzles (DR) DE</p> <p>2:00 Bingo Bonanza (AQ) T</p> <p>3:15 Ice Cream Sundae Social (P) T</p> <p>3:45 <b>Lighting Of The Menorah (L) DE</b></p> <p>4:00 Real Scenarios: You Be The Judge! (AQ) T</p> <p>6:30 Stress Relief Art (DR) DE</p> <p>7:00 Sunday Movie Musical (AQ) DE</p>	<p>9:30 Beauty Salon Appts A <b>10</b></p> <p>10:00 Tennis Anyone! (AQ) T</p> <p>10:30 Holiday Movie Favorites Trivia (AC) T</p> <p>11:00 Biography: Charles Dickens (AQ) T</p> <p>2:00 Bean Bag Toss (AQ) T</p> <p>2:30 Music and Mandalas (DR) DE</p> <p>3:00 Everyday Errands with Debi (DR)</p> <p>3:15 Big Band Music Social (DR) T</p> <p>4:00 Bingo Bonanza (DR) DE</p> <p>6:30 Short Reminiscence Book Stories (AQ) DE</p> <p>7:00 Nostalgia TV (AQ) DE</p>	<p>10:00 Tone &amp; Trim with DE (AQ) <b>11</b></p> <p>10:00 <b>Senior Tuesday At The Long Island Museum S</b></p> <p>10:45 Bingo Bonanza (DR) F</p> <p>2:00 "Helping Hands" Christmas Cards For Our Soldiers (DR) F</p> <p>2:00 Holiday Movie Matinee: White Christmas (AC) T</p> <p>3:15 Reminiscing Social (DR) CH</p> <p>4:00 Art Expressions (DR) F</p> <p>6:30 <b>JASA Care Giver Support Group (PDR)</b></p> <p>6:30 Reminiscence Short Stories (AQ) T</p> <p>7:00 Jeopardy &amp; Wheel of Fortune (AQ) T</p>	<p><b>STAFF AND RESIDENTS-WEAR YOUR FAVORITE HOLIDAY SWEATER 12</b></p> <p>10:00 Stretch Band Exercise (AQ) CH</p> <p>10:00 <b>Catholic Communion (AQ) V</b></p> <p>10:30 Finishing Lyrics (AQ) S</p> <p>11:00 <b>Pet Therapy with Bobbi (AC)</b></p> <p>2:00 Art Expressions: Painted Glass (AC) S</p> <p>2:00 Sing Along with Christian (DR)</p> <p>3:15 Reflections of The Season Social (DR) CH</p> <p>4:00 Jingle Bingo Bonanza (AQ) S</p> <p>6:00 Crossword Puzzles (DR) T</p> <p>6:00 <b>Jones Beach Holiday Light Spectacular S</b></p> <p>7:00 Comedy Duo: Abbot &amp; Costello (AQ) T</p>	<p><b>FIND THE BRISTAL ELF ON A SHELF 13</b></p> <p>9:45 <b>Balance &amp; Ability with Michael (WAC) T</b></p> <p>10:00 Energize Yourself! (AQ) L</p> <p>10:30 Story of The Candy Cane (AQ) L</p> <p>11:00 Elf On A Shelf (DR) B</p> <p>12:00 <b>Ladies Fine Dining (PDR) L</b></p> <p>2:00 Volleyball Tournament (DR) L,T</p> <p>3:15 Tea for Two Social (DR) CH</p> <p>4:00 Drum Circle with Lori (AC)</p> <p>6:30 Sketching with Craig (DR) C</p> <p>7:00 Thursday Evening Movie (AQ) C</p>	<p>10:00 Health &amp; Fitness (AQ) L <b>14</b></p> <p>10:30 That's It! The Game (AQ) L</p> <p>10:45 <b>Mind, Music and Movement with Music Therapist, Teresa Morale (AQ) L</b></p> <p>2:00 Hallmark Holiday Movie (AC) S</p> <p>2:00 Music &amp; Mandalas with Lori (DR)</p> <p>3:15 Reminiscing Social (DR) A</p> <p>3:30 Karaoke Sing Along with Christian (AQ)</p> <p>4:15 <b>Shabbat Services (AQ) L</b></p> <p>6:30 Music &amp; Mandalas (AQ) L</p> <p>7:00 Classic Movie Night (AQ) L</p>	<p>9:30 <b>Temple Beth David CH 15</b></p> <p>10:00 Chair Dancing with Faith (AQ)</p> <p>10:30 <b>Rosary with Maureen (CI) A</b></p> <p>10:45 Making Of An Angel Tree (AQ) F</p> <p>11:00 Holiday Music Sing along (AQ) L</p> <p>2:00 <b>Gingerbread House Decorating (WAC) F</b></p> <p>2:00 Nostalgia TV and Popcorn (AC) F</p> <p>3:15 Memory Lane Social (DR) A</p> <p>4:00 Bingo Bonanza (DR) F</p> <p>6:30 Creative Art (DR) L</p> <p>7:00 Saturday Night at the Movies (AQ) L</p>
<p>10:00 Christmas Songs Sing Along (AQ) T <b>16</b></p> <p>10:30 <b>Mass at St. Matthews A</b></p> <p>10:30 "Name 5" with Debi (AQ)</p> <p>11:00 Telecare Televised Mass (AQ) DE</p> <p>11:00 Finishing Phrases (DR) DE</p> <p>1:15 <b>Silver Chords Performance-St. Andrew's</b></p> <p>2:00 Afternoon Stretch (AQ) DE</p> <p>3:15 Build Your Own Sundae Social (DR) C</p> <p>4:00 Ping Pong Polka (DR) T</p> <p>6:30 Music &amp; Mandalas (DR) DE</p> <p>7:00 Carol Burnett Hour (AQ) DE</p>	<p>9:30 Beauty Salon Appts A <b>17</b></p> <p>10:00 Movement to Music (AQ) T</p> <p>10:30 Trivia Tease with Tara (AQ)</p> <p>1:45 History of Movie Musicals with George Rystar (CI) DE</p> <p>2:00 Sounds Of The Season with Tara (AQ)</p> <p>3:15 Reminiscing Social (DR) CH</p> <p>4:00 Winter Landscapes Art (DR) T</p> <p>4:00 Reflections of 2018 (DR) T</p> <p>6:30 RummiKub with Debi (DR)</p> <p>7:00 Nostalgia TV (AQ) DE</p>	<p>10:00 Racquet Ball Bounce (AQ) DE <b>18</b></p> <p>10:30 Cinnamon Apples (DR) DE</p> <p>11:00 Volleyball Tournament (DR) F, DE</p> <p>2:00 Holiday Movie Matinee: "Radio City Music Hall Christmas Spectacular," S</p> <p>2:00 A Very Merry Sing Along (AC) F</p> <p>3:00 Everyday Errands with Debi (DR)</p> <p>3:15 Frank Sinatra Social (DR) CH</p> <p>4:00 Christmas Bingo (DR) F</p> <p>6:30 Reminiscence Outreach (LR) T</p> <p>7:00 Nostalgia TV (AQ) T</p>	<p><b>Li Ballet "The Nutcracker" S 19</b></p> <p>10:00 <b>Catholic Communion (AQ) V</b></p> <p>10:30 Get Fit! With Tara (AQ)</p> <p>11:00 Art Expressions: Pine Cone Art (AC) S</p> <p>11:00 <b>Pet Therapy with Bobbi (AQ)</b></p> <p>2:00 <b>Pictures with Santa (L) T</b></p> <p>3:15 Reminiscing Social (DR) CH</p> <p>4:00 Bingo Blast (DR) S</p> <p>6:00 Jigsaw Puzzles (DR) S</p> <p>6:00 <b>Jones Beach Holiday Light Spectacular S</b></p> <p>7:00 Comedy Duo: The Honeymooners (AQ) S</p>	<p>9:45 <b>Balance &amp; Ability with Michael (WAC) T 20</b></p> <p>10:00 Arthritis Exercises with Lori (AQ)</p> <p>10:30 Holiday Word Search (DR) L</p> <p>11:00 Holiday Crossword (DR) L</p> <p>12:00 <b>Gentleman's Fine Dining (PDR) CH</b></p> <p>2:00 Hallmark Holiday Movie (AC) S</p> <p>3:15 Social (DR) CH</p> <p>4:00 Bingo Bonanza (DR) L</p> <p>6:00 Sketching with Craig (DR) C</p> <p>7:00 Jeopardy and Wheel of Fortune (AC) C</p>	<p><b>FIRST DAY OF WINTER 21</b></p> <p>10:00 Bend &amp; Stretch (AQ) L</p> <p>10:30 Karaoke! The Game (AQ) L</p> <p>10:45 Bingo Bonanza with Lori (DR)</p> <p>2:00 <b>Entertainer, Albert Mulad (WAC) L</b></p> <p>3:15 Bristol Tea Time Social (AC) A</p> <p>4:00 Winter Mandalas and Music (DR) S</p> <p>4:15 <b>Shabbat Services (AQ) L</b></p> <p>6:30 Crossword Challenge (AQ) L</p> <p>7:00 Western Movie Night (AQ) L</p>	<p>9:30 <b>Temple Beth David CH 22</b></p> <p>10:00 Active Seniors Exercise (AQ) L</p> <p>10:30 <b>Rosary with Maureen (CI) A</b></p> <p>10:30 Discussion: Scents and Tastes of December (AQ) L</p> <p>10:45 Nutcracker Watercolor Painting (DR) F</p> <p>11:45 <b>Chinese Food Take-out (CK) S</b></p> <p>2:00 Music &amp; Mandalas (DR) F</p> <p>3:15 Musical Memories Social (AC) A</p> <p>4:00 Bingo Bonanza (DR) F</p> <p>6:30 Captivating Coloring (DR) L</p> <p>7:00 Saturday Night at The Movies (AQ) L</p>
<p>10:00 Catch Phrase Count Down (AQ) T <b>23</b></p> <p>10:30 <b>Mass at St. Matthews A</b></p> <p>10:30 Morning Stretch (AQ) DE</p> <p>11:00 Rumikub &amp; Puzzles (DR) DE</p> <p>11:00 Telecare Televised Mass (AQ) DE</p> <p>2:00 Music &amp; Mandalas (DR) T</p> <p>3:00 Everyday Errands (DR) T</p> <p>3:15 Sundae Social (DR) C</p> <p>4:00 Shuffleboard (DR) T</p> <p>6:30 Jigsaw Puzzles (DR) DE</p> <p>7:00 Sunday Movie Musical (AQ) DE</p>	<p><b>ROCKIN' CHRISTMAS EVE WITH JOHNNY WHIMPLE 24</b></p> <p>9:30 Beauty Salon Appts A</p> <p>10:00 Chair Yoga with Tara (AQ)</p> <p>10:30 Twas The Night Before Christmas and Other Holiday Poems (AQ)</p> <p>2:00 <b>Rockin Around The Christmas Tree with Johnny Whimple (DR) T</b></p> <p>3:15 Holiday Talk Social (DR) A C</p> <p>4:00 Music &amp; Holiday Mandala's (DR) T</p> <p>6:30 Musical Balloon Volley (AQ) DE</p> <p>7:00 Holiday Count Down Movie (AQ) DE</p>	<p><b>CHRISTMAS DAY 25</b></p> <p>10:00 Christmas Parade on ABC (AQ) L</p> <p>10:00 Good Morning Stretch (AQ) L</p> <p>10:30 Holiday Songs Sing Along (DR) L</p> <p>11:00 Bingo Bells Bingo Bells (DR) L</p> <p>12:00 Bristol Holiday Feast (DR)</p> <p>2:00 A Christmas Story Matinee (AQ) L</p> <p>3:15 Holiday Matinee and Treats (DR) DE</p> <p>4:00 Holiday Art &amp; Music (DR) L</p> <p>6:30 Holiday Reminiscing (DR) T</p> <p>7:00 Evening Movie (DR) T</p>	<p>10:00 Stretch Band Exercise (AQ) CH <b>26</b></p> <p>10:00 <b>Catholic Communion (AQ)</b></p> <p>10:30 Art Expressions: Winter Landscape (DR) S</p> <p>11:00 <b>Pet Therapy with Bobbi (AC) CH</b></p> <p>2:00 Everyday Errands (LR) A</p> <p>2:00 <b>Dunkin Donuts And Hot Cocoa S</b></p> <p>3:15 Reminiscing Social (DR) CH</p> <p>4:00 Bingo Bonanza (DR) S</p> <p>6:00 Jigsaw Puzzles (DR) CH</p> <p>7:00 Comedy Duo: I Love Lucy (AQ) CH</p>	<p>9:45 <b>Balance &amp; Ability with Michael (WAC) T 27</b></p> <p>10:00 Arthritis Exercises with Lori (AQ)</p> <p>10:30 Catch Phrase (AQ) L</p> <p>11:00 Nutcracker Watercolor Painting (DR) L</p> <p>2:00 Puzzles &amp; Games (DR) C</p> <p>2:00 Art Expressions (DR) L</p> <p>3:15 Coffee &amp; Cake Social (DR) CH</p> <p>4:00 Bingo Bonanza (DR) L</p> <p>6:30 Winter Landscapes &amp; Mandalas (DR) L</p> <p>7:00 Jeopardy &amp; Wheel of Fortune (AQ) L</p>	<p>10:00 Bend &amp; Stretch (AQ) L <b>28</b></p> <p>10:30 Frisbee Toss (AQ) L</p> <p>11:00 Art Expressions (DR) S</p> <p>2:00 Movie Musical Matinee And Popcorn (AQ) S</p> <p>2:00 Bingo with Lori (DR)</p> <p>3:15 Bristol Tea Time Social (AC) A</p> <p>4:15 <b>Shabbat Services (AQ) L</b></p> <p>6:30 Crossword Challenge (AQ) L</p> <p>7:00 Western Movie Night (AQ) L</p>	<p>9:30 <b>Temple Beth David CH 29</b></p> <p>10:00 Chair Dancing with Faith (AQ)</p> <p>10:30 <b>Rosary with Maureen (CI) A</b></p> <p>10:45 Volleyball Tournament (DR) L,F</p> <p>2:00 Holiday Memory Mural (DR) F</p> <p>2:00 Famous Folk Trivia (AQ) L</p> <p>3:15 Musical Memories Social (AC) A</p> <p>4:00 Bingo Bonanza (DR) F</p> <p>6:30 Creative Art (DR) L</p> <p>7:00 Saturday Night at the Movies (AQ) L</p>