

# FEBRUARY 2018

## REFLECTIONS ACTIVITIES CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
<p><b>SUPER BOWL SUNDAY</b> <b>4</b> <b>WEAR YOUR TEAM JERSEY</b></p> <p>8:15 <b>Waffle Creation Station (DR) DFS</b> 9:45 <b>Catholic Church Service at St. Patrick's Cathedral with Luis (L)</b> 10:00 Words starting with "SU" (CH) MO 11:30 Football Catch! (CH) MO 2:00 Fun Super Bowl Facts (AC) MO 2:30 <b>Football Catch (AC) L</b> 3:00 <b>Super Bowl Tailgate Social (DR) R</b> 3:30 Piano Melodies with Ethan (DR) R 4:00 Super Bowl History (DR) MO 6:30 <b>Super Bowl 52(CI) R</b></p> <p>9:45 <b>Catholic Church Service at St. Patrick's Cathedral with Luis (L)</b> <b>11</b> 10:00 Audience Participation Story (CH) MO 11:30 Inspirational Short Story (CH) MO 2:00 Sit and Be Fit (AC) MO 2:30 Call out The Answers (AC) MO 3:00 Social Hour (DR) R 3:30 Piano Melodies with Ethan (GR) 4:00 Short Stories (DR) MO 6:15 Evening Movie (CI) R</p> <p>10:00 <b>Catholic Church Service at St. Patrick's Cathedral with Luis (L)</b> <b>18</b> 10:00 Stretch and Tone (CH) MO 11:30 Movie Discussion Group (CH) MO 2:00 This Day in History (CH) MO 2:30 Hand Massages &amp; Spa Time (AC) MO 3:00 Social Hour (DR) R 3:30 Piano Melodies with Ethan (DR) 4:00 Guess The Nations (DR) MO 6:15 Evening Movie (CI) R</p> <p>10:00 <b>Catholic Church Service at St. Patrick's Cathedral with Luis (L)</b> <b>25</b> 10:00 Stretch Your Body (CH) MO 11:30 Guess Who? (CH) MO 2:00 Sing-A-Long (GR) MO 3:00 Social Hour (DR) R 3:30 Piano Melodies with Ethan (DR) 4:00 Balloon Toss (GR) MO 6:15 Evening Movie (CI) R</p>	<p>10:00 Parachute Exercise (CH) MO <b>5</b> 10:30 Weekly News Update (CH) MO 11:00 Word Find (CH) MO 2:00 Afternoon Stretch (GR) MO 2:30 Crossword Puzzle (GR) MO 2:30 <b>Scenic Ride: Mt. Kisco (L) L</b> 3:00 Social Hour (DR) R 3:30 <b>Pet Therapy with Tobie (GR)</b> 4:00 Remember Rosa Parks (CH) MO 6:15 Evening Movie (CI)</p> <p>10:00 Toss and Stretch (CH) MO <b>12</b> 10:30 Good News (CH) M 11:00 Laughter Hour (CH) MO 2:00 Afternoon Stretch (GR) MO 2:30 Paint a Franz Marc (AC) MO 2:30 <b>Trip: Ben &amp; Jerry's (L) L</b> 3:00 Social Hour (GR) R 3:30 <b>Pet Therapy with Tobie (GR)</b> 4:00 Identify That Landmark (GR) MO 6:15 Evening Movie (CI) R</p> <p><b>PRESIDENT'S DAY</b> <b>19</b> <b>DRESS IN RED, WHITE OR BLUE</b> 10:00 President Favorite Sports (CH) MO 10:30 Name that President? (CH) MO 11:00 If I were President... (AC) MO 2:00 Aroma and Meditate (GR) MO 2:30 <b>New Movie Release Trip with Luis (L)</b> 2:30 President Pets (B) MO 3:00 Red, White &amp; Blue Social Hour (B) R 3:30 <b>Pet Therapy with Tobie (GR)</b> 4:00 Presidents Favorite Foods! (AC) MO 6:15 Evening Movie (CI) R</p> <p>10:00 Stretch and Toning (CH) MO <b>26</b> 10:30 Creative Thinking Exercise (CH) MO 11:00 What can you see? (AC) MO 1:45 Afternoon Stretch (AC) TM 2:00 Name that Broadway Tune? (GR) MO 2:30 <b>Scenic Ride: To the Palisades (L) L</b> 3:00 Social Hour (DR) 3:30 <b>Pet Therapy with Tobie (GR)</b> 4:00 <b>Black History Month Remembrance (C) T</b> 6:15 Evening Movie (CI) R</p>	<p>10:00 Memory Joggers (AC) T <b>6</b> 10:30 Groove and Move (AC) T 11:00 Number Scramble (AC) T <b>11:00 Piano Lessons with Kim (B)</b> 2:00 Rhyming Words (GR) MO 2:30 Fashion of the 50's Talk (GR) MO 3:00 Social Hour (DR) R 3:30 Balloon Tennis (GR) MO 4:00 Matching Numbers Game (GR) MO 6:15 Music &amp; Meditation (AC) MO</p> <p>10:00 Move to the Music (AC) T <b>13</b> 10:30 <b>The History of Valentine's Day! (CH) T</b> 11:00 Love Song Sing Along (CH) T 2:00 <b>Valentines Day Cards (AC) T &amp; MO</b> 2:30 <b>Chocolate Making Demo With Chef Tayla (DR) T</b> 3:00 Chocolate Lollipops Social (DR) 4:00 The Price is Right! (GR) MO 6:15 Aroma &amp; Meditation (AC) MO</p> <p><b>MARDI GRAS</b> <b>20</b> <b>DRESS IN PURPLE, GREEN OR GOLD</b> 10:00 <b>Memory and Dance with Donna (GR)</b> 10:30 Memory Joggers (GR) T 11:00 Shake &amp; Move to Jazz (AC) T 2:00 Mardi Gras Trivia and Facts (GR) T 3:00 <b>Masaraed Social Hour (B) R</b> 3:45 <b>Mardi Gras Celebration by Ishmael (B)</b> 6:15 Soothing Colors &amp; Meditation (AC) MO</p> <p>10:00 Who Comes to Mind? (CH) T <b>27</b> 10:30 Higher or Lower (CH) T 11:00 Finish the Lines (CH) T 2:00 Family Feud (GR) MO 2:30 Words that Start with "F" (GR) MO 3:00 Social Hour (DR) MO 3:30 Horse Race Game (GR) MO 4:15 Bingo Game (GR) T 6:15 Escapes &amp; Meditation (AC) MO</p>	<p><b>SNOW DAY</b> <b>7</b> <b>Wear a WHITE Sweater</b> 10:00 <b>Holy Communion w/ Father Galens (IC) R</b> 10:30 Weight's and Stretch Training (CH) T 11:00 Morning Bingo (GR) T 12:00 <b>Private Dining (PDR)</b> 2:00 I Remember The Snow Day When... (B) MO 2:30 <b>Lifetime of Looking with Alice (CI)</b> 3:00 Winter Wonderland Social Hour (B) MO 3:30 Winter Snow Ball Fight (B) MO 4:00 <b>Men's Club: Hot Rods (BI) L</b> 6:15 Aromatherapy Relaxation (AC) MO</p> <p><b>VALENTINE'S DAY</b> <b>14</b> <b>DRESS IN RED OR PINK</b> <b>ASH WEDNESDAY</b> 10:00 <b>Holy Communion w/ Father Galens (IC) R</b> 10:30 Heart Healthy Chair Yoga (CH) T 11:00 All About Love Trivia (GR) T 2:00 Love Song Trivia (GR) MO 2:30 Famous Love Couples (GR) MO 3:30 <b>Sweethearts Dance with Howard (B)</b> 6:15 Evening Art (AC) MO</p> <p>10:00 <b>Holy Communion With Father Galens (IC) R</b> <b>21</b> 10:30 Yoga and Meditation (CH) T 11:00 Finish the Phrase (CH) T 2:00 Word Scramble (GR) MO 2:30 Short Stories (GR) MO 3:00 Social Hour (DR) R 4:00 <b>Men's Club: Classical Cars (BI) L</b> 4:00 Classical Music Composing (GR) MO 6:15 Aromatherapy Relaxation (AC) MO</p> <p>10:00 <b>Holy Communion With Father Galens (IC) R</b> <b>28</b> 10:30 Stretchy Bands and Shakers (CH) T 11:00 Finish the Sayings (CH) T 2:00 Bean Bag Toss (GR) MO 2:30 Stories Out Loud (GR) MO 3:00 Social Hour (DR) R 4:00 <b>Men's Club: Jobs (BI) L</b> 4:00 Big Band Music Listening (GR) MO 6:15 Bingo Game (GR) MO</p>	<p>10:00 Reading Roundtable (CH) MO <b>1</b> 10:30 Table Talk Game (CH) MO 11:00 <b>Finger, Toes, &amp; Body Stretching (CH) MO</b> 2:00 Dance Party! (GR) MO 2:00 Aromas and Painting (AC) T 2:30 Famous Fashion (GR) MO 3:00 Social Hour (GR) MO 4:00 <b>Drumming with Norbert (GR)</b> 6:15 Evening Movie (CI) R</p> <p>10:00 Today In History... (CH) MO <b>8</b> 10:30 Rhyming Words (CH) MO 11:00 <b>Balance and Agility with Sam (CH)</b> 2:00 Movie Matinee (CI) MO 2:00 Soothing Hand Massages (GR) T 2:30 Music Memories (AC) MO 3:00 Social Hour (GR) MO 4:00 <b>Pet Therapy with Baretta (GR) M</b> 4:00 <b>Simon Says on the IPAD (GR) MO</b> 6:15 Evening Movie (CI) R</p> <p>10:00 Current News SR. (CH) MO <b>15</b> 10:30 You Be The Judge (CH) MO 11:00 <b>Finger, Toes, &amp; Body Stretching (CH) MO</b> 2:00 Sensing Your Senses (GR) MO 2:00 <b>Bristol Helping Hands: Dog Treats (DR) T</b> 3:00 Social Hour (GR) MO 3:45 <b>Staff Snowball Relay Race (B) MR</b> 4:00 <b>Pet Therapy with Baretta (GR) M</b> 6:15 Evening Movie (CI) R</p> <p>10:00 Did you Hear? (CH) MO <b>22</b> 11:00 <b>Balance and Agility with Sam (CH)</b> 11:00 Listen to That Sound (AC) MO 2:00 <b>Albert Mulad Violin Concert (B)</b> 2:30 Laugh Out Loud Comedy (GR) MO 3:00 Social Hour (GR) MO 4:00 <b>Pet Therapy with Baretta (GR) M</b> 6:15 Evening Movie (CI) R</p> <p>Please see Maytha Ramirez, Recreation Director, with any questions regarding the Recreation Calendar</p> <p><b>Recreation Staff</b> Maytha-MR Molly-M Monisha-MO Tiina-T Luis-L</p> <p>Activities &amp; Events are Subject to Change</p>	<p>10:00 <b>Heart Health Fair (B) MR</b> <b>2</b> 2:00 Crossword Puzzle (GR) T 3:00 Social Hour (DR) R 3:30 Name that Item (GR) T 4:00 <b>Shabbat Service w/ B'nai Yisrael (IC) R</b> 4:00 <b>Women's Club with Tiina (AC)</b> 6:15 Nostalgia TV (CI) R</p> <p>10:00 Tongue Twisters (CH) T <b>9</b> 10:30 Leg &amp; Arm Toning (CH) T 11:00 Conversation Ball (CH) T 2:00 Movie Matinee (CH) T 3:00 Snack and Social (DR) R 4:00 <b>Shabbat Service with B'nai Yisrael (IC) R</b> 4:00 <b>Women's Club with Tiina (AC)</b> 6:15 Nostalgia TV (CI) R</p> <p><b>CHINESE NEW YEAR</b> <b>16</b> 10:00 Chinese Zodiac (CH) T 10:30 Leg &amp; Arm Toning (CH) T 11:00 Your Chinese Horoscope (CH) T 2:00 Chinese Proverbs (GR) T 3:00 Chinese New Year Social (DR) R 4:00 <b>Shabbat Service with B'nai Yisrael (IC) R</b> 4:00 <b>Women's Club with Tiina (AC)</b> 6:15 Nostalgia TV (CI) R</p> <p>10:00 Stretch &amp; Feel Good (CH) T <b>23</b> 10:30 Guess what's Inside the Bag! (CH) T 2:00 Finish the Lyrics (GR) T 3:00 Snack and Social (DR) R 4:00 <b>Shabbat Service with B'nai Yisrael (IC) R</b> 4:00 <b>Women's Club with Tiina (AC)</b> 6:15 Nostalgia TV (CI) R</p> <p>ARTS &amp; CRAFTS A DINING ROOM DR ACTIVITY CENTER AC FITNESS STUDIO F BILLIARDS BI GATHERING ROOM GR BINGO ROOM BR INTERNET CAFÉ IC BISTRO B LIBRARY LI CARDS &amp; GAMES CG POOL P CINEMA CI LOBBY L CINEMA HALL CH PRIVATE DINING PDR COURTYARD CY SALON S</p>	<p>10:00 Chair Polo (CH) T <b>3</b> 10:30 Sing-A-Long (CH) T 11:00 Armchair Travel (CI) T 2:00 <b>Jewelry Making (AC) T</b> 3:00 Social Hour (GR) T 4:00 <b>Unsolved Cases &amp; Discussion (GR) T</b> 6:15 Saturday Night at the Movies (CI) R</p> <p>10:00 Balloon Tennis (CH) T <b>10</b> 10:30 Name that Food Item (CH) T 11:00 Country Fair Food Memory Lane (CH) T 2:00 <b>Jewelry Making (AC) R</b> 2:30 <b>IPAD Memory Match (GR) T</b> 3:00 Social Hour (GR) T 4:00 What would You Do? (GR) T 6:15 Saturday Night at the Movies (CI) R</p> <p><b>Happy Birthday Celebration!</b> <b>17</b> 10:00 Saturday Stretch (CH) R 10:30 Baking Club (DR) T 2:00 Mini Golf (CH) R 2:30 Name that National Lake (GR) T 3:00 <b>Birthday Cake Social with Ron (B) T</b> 4:00 <b>Animal Match on the IPAD (AC) T</b> 6:15 Saturday Night at the Movies (CI) R</p> <p>10:00 Saturday Stretch (GR) T <b>24</b> 10:30 Baking Club (DR) T 2:00 Giant Balloon Toss (GR) T 3:00 Social Hour (GR) T 4:00 <b>Piano/Guitar on the IPAD (AC) T</b> 6:15 Saturday Night at the Movies (CI) R</p> <p><b>Dining Room Hours:</b> Breakfast- 8:00 am Lunch - 12:00pm Dinner - 5:00pm Salon Open- Tuesday's and Friday's Outdoor programs &amp; trips are weather permitting. Parallel programming offered daily.</p>