

LUNCH AT The Bristal at Lake Success

APPETIZER

Old Fashioned Vegetable Soup

Fresh Seasonal Fruit Salad

FEATURED ENTRÉES

2-Way Quiche Platter

Slice each of Spinach Quiche and Quiche Lorraine served with Chopped Side Salad

Grilled Salmon on a Toasted Onion Roll with Fresh Dill-Mayo

Served with Onion Rings and Chopped Side Salad

♥ Cottage Cheese with Fresh Seasonal Fruit

Low Fat Cottage Cheese with Sliced Seasonal Fresh Fruit and Berries

ALWAYS AVAILABLE - FINGER FOODS

Char-Grilled Hamburger, Cheese Burger,
Turkey Burger or Veggie Burger on a Toasted Roll

Served with Lettuce Leaf and Sliced Tomato

Grilled Hebrew National Hot Dog*

Served on a Toasted Roll with Baked Beans

Sandwich Platter on Choice of Bread or Wrap

Turkey, Ham*, Peanut Butter and Jelly, Tuna, Chicken or Egg Salad

Chicken Tenders - Grilled or Fried

Choice of Barbeque or Honey-Dijon Sauce**

Homemade English Muffin Cheese Pizza

Crispy French Fries or Onion Rings

Steamed Fresh Seasonal Vegetables

ACCOMPANIMENTS

Crispy Fried Onion Rings

Chopped Side Salad with Italian Dressing

SWEET ENDINGS

Homemade Apple Brown Betty with Whipped Cream**

Sugar Free Apple Brown Betty with Whipped Cream

Assorted** and Sugar Free Cookies

Jello**, Sugar Free Jello, Ice Cream**, No Sugar Added Ice Cream

and Fat Free Soft Serve Yogurt**



The Bristal
AT LAKE SUCCESS

A MEMORY CARE
COMMUNITY

♥ Heart Healthy Entrée Salad

*Not appropriate for low sodium diet

**Not appropriate for sugar restricted diet