The Bristal ASSISTED LIVING NORTH WOODMERE

OCTOBER 2019

REFLECTIONS ACTIVITIES CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A ART ROOM (REF) AC ARTS & CRAFTS ROOM B BISTRO BT BUS TRIP C CINEMA (REF) CI CINEMA	DR DINING ROOM (REF) G GAME ROOM O COURTYARD (REF) PD PRIVATE DINING ROOM S SUN ROOM	**2nd Day of Rosh Hashanah** 1 9:30 O A Great Day Ahead (F) **9:30 CI Catholic Services (F)** 10:00 DR Morning Stretch (F) 10:45 DR Computer Exploration (F) 11:15 A Dominoes (f) 1:30 O Virtual Pet Therapy (F) 2:30 A Famous 1950s Movie Stars (F) 3:15 DR Afternoon Social (F) **3:30 A Men's Club Gathering Social (So)** 3:45 DR Word Challenge (F) 4:00 DR Musical Performance (So) 6:00 DR Connect the Musical (So)	2 9:30 DR Morning Affirmations and Goals (F) 10:00 DR Wednesday Workout (B) 10:30 DR Broadway Musicals (F) 11:00 C Bowling Competition (So/F) 1:30 S Creative Art (So) 2:00 O A Stroll in the Patio (F) 3:15 DR Afternoon Social (F) 4:00 DR A Singing Party with Ruth & Friends (So) 6:00 DR Community Talk with Mr. Stein (So)	3 9:30 DR Meet & Greet Your Neighbor (B) 9:45 O Fit & Fabulous (B) 10:30 A Arts and Crafts (B) 1:30 A Expressive Art (KC) **2:00 DR Music Therapy with Patty (D)** 3:15 DR Afternoon Social (D) 3:30 DR Reminiscing (D) 6:00 A Bingo Bonanza (KC)	**Beauty Parlor Day** 4 9:30 DR Morning Motivation Talk (D) **10:00 DR Pet Therapy with Steve & Hook (D)** 11:00 DR Dancercise (D) **1:30 AC Expressive Art Therapy (D)** 2:45 CI Shabbat Services (D) 3:15 DR TGIF Social (D) 3:45 DR Afternoon Stretch (D) 4:00 DR Relax and Listen/Poetry Corner (D) 6:00 DR Musical Color Wheel (KC)	5 9:30 DR Saturday Morning Stretch (KC) 10:15 DR Sport Games (So) 11:00 DR Reading Round Table (D) 1:00 DR Move to the Music (D) **2:00 AC Creative Art Therapy (D)** 3:45 DR Move and Groove (D) 4:00 DR Creative Writing (So) 6:00 DR Saturday Night Karaoke (So)
6 9:30 A Good Morning, What's New (F) 10:15 A Move and Groove (F) 11:00 DR Fabulous Songs and Stories (D) 1:30 A Fishing Game (F) 2:00 DR Puzzles and Jenga (F) 3:15 DR Afternoon Social (D) 3:30 DR Word Puzzles (F) 4:15 DR Trivia (F) 6:00 DR Russian Bingo (So)	7 9:30 A Hook Rugs (S) 9:30 DR Monday Morning Motivation (F) 10:00 BT Morning Outing to Woodmere Park (F/B) 10:15 DR Crock-Pot Cooking (So) 12:00 PD Men's Club Luncheon (So) 1:30 DR Community Chat (F) 2:30 A Art Corner (F) 3:15 DR Afternoon Social (F) 3:45 DR PictoWord Game (F) 4:15 C Inspirational Stories (So) 6:00 DR Musical Bingo (So)	**Yom Kippur Begins @ Sunset** 8 9:30 O A Great Day Ahead (F) **9:30 CI Catholic Services (F)** 10:00 DR Noodle Stretch (F) 10:45 DR Computer Exploration (F) 11:15 DR Tennis Target 1:30 DR Art History (F) 2:30 O Table Ping Pong (F) 3:15 DR Afternoon Social (F) 3:45 DR PictoWord Game (F) 4:00 A Musical Mix and Match (So) 6:00 DR Name that Tune (So) **6:00 CI Yom Kippur Live Stream**	**Yom Kippur** 9 **9:00 CI Yom Kippur Live Stream** 9:30 DR Morning Affirmations and Goals (F) 10:00 DR Wednesday Workout (B) 10:30 DR States & Capitals (So) 11:00 C Morning Sing Along (So) 1:30 A Creative Art (So) 2:00 O A Stroll in the Patio (F) 3:15 DR Afternoon Social (F) 4:00 DR Singing with Barbara (So) **6:00 DR Yom Kippur History & Traditions with Mr. Stein (So)**	10 9:30 DR Meet & Greet Your Neighbor (B) 9:45 O Fit & Fabulous (B) 10:45 DR Creative Time (B) 1:30 A Expressive Art (KC) 1:30 DR Music Appreciation (B) 2:30 O A Stroll in the Patio (D) 3:15 DR Afternoon Social (D) 3:30 DR Reminiscing (D) 6:00 A Bingo Bonanza (KC)	**Beauty Parlor Day** 11 9:30 DR Fun & Fitness (D) **10:00 A Piano Time with John Clancy (D)** 11:00 A Crafts Corner (N) 11:00 DR Reading Round Table (D) **1:30 AC Expressive Art Therapy (D)** 2:45 CI Shabbat Services (D) 3:15 DR TGIF Social (D) 3:45 DR Afternoon Stretch (D) 4:00 DR Relax and Listen/Poetry Corner (D) 6:00 DR Musical Color Wheel (KC)	12 9:30 DR Saturday Morning Stretch (KC) **10:15 A Making Candy Corn, Part 1 (So)** 11:00 DR Reading Round Table (N) 1:00 DR Move to the Music (D) 2:30 AC Exercise Group (N) 3:15 DR Afternoon Social (N) **4:15 A Making Candy Corn, Part 2 (So)** 6:00 DR Saturday Night Karaoke (So)
13 9:30 A Good Morning, What's New (D) 10:15 A Dance Around The World: Big Band (D) 11:00 DR Fabulous Songs and Stories (D) 1:30 O Table Volleyball (D) 2:00 DR Wheel of Fortune (D) 3:15 DR Afternoon Social (D) 3:45 A Watercolor & Music (D) 6:00 DR Russian Bingo (So)	**Columbus Day/Sukkot** 14 9:30 DR Monday Morning Motivation (B) 10:00 B Piano Styling with Jane (B) 10:15 DR Crock-Pot Cooking (So) 11:15 DR Trivia Time (B) 1:30 A Collections and Sorting (B) 2:30 DR Famous People in HIstory (B) 3:15 DR Afternoon Social (B) 3:45 DR PictoWord Game (B) 4:15 C Inspirational Stories (So) 6:00 DR Karaoke Singing (So)	**Sukkot** 15 9:30 O A Great Day Ahead (B) **9:30 CI Catholic Services (B)** 10:00 DR Morning Stretch (B) 10:45 DR Computer Exploration (B) 11:15 A Dominoes (B) **2:30 DR Autumn Party with Sweet Lorraine Duo (So, B)** **3:15 DR Autumn Social B)** 4:00 A Singing with Ruth (So) 6:00 DR Connect the Musical (So)	16 9:30 DR Morning Chat (B) 10:00 BT Music Appreciation (B) 10:30 DR Wednesday Workout (B) 11:00 DR Art Group (B) 1:30 A Sensory Circle (B) 2:00 O A Stroll in the Patio (B) 3:15 DR Afternoon Social (B) **3:30 A Ladies' Red Hat Tea Party (So)** 6:00 DR Community Talk with Mr. Stein (So)	17 9:30 DR Meet & Greet Your Neighbor (B) 9:45 O Fit & Fabulous (B) 10:30 A Arts and Crafts (B) 1:30 A Expressive Art (KC) 1:30 DR Music Appreciation (B) **2:00 DR Music Therapy with Patty (D)** 3:15 DR Afternoon Social (D) 3:30 DR Reminiscing (D) 6:00 A Bingo Bonanza (KC)	**Beauty Parlor Day** 18 9:30 DR Morning Motivation Talk (D) 10:00 You Be the Judge (D) 11:00 A Crafts Corner (N) 11:00 DR Dancercise (D) **1:30 AC Expressive Art Therapy (D)** 2:45 CI Shabbat Services (D) 3:15 DR TGIF Social (D) 3:45 DR Afternoon Stretch (D) 4:00 DR Relax and Listen/Poetry Corner (D) 6:00 DR Musical Color Wheel (KC)	19 9:30 DR Saturday Morning Stretch (KC) 10:15 DR Greatest Musicals of the '40s & '50s (So) 11:00 DR Reading Round Table (D) 1:00 DR Move to the Music (D) **2:00 AC Creative Art Therapy (D)** 3:45 DR Move and Groove (D) 6:00 DR Saturday Night Karaoke (So)
20 9:30 A Good Morning, What's New (F) 10:15 A Move and Groove (F) 11:00 DR Fabulous Songs and Stories (D) 1:30 A Fishing Game (F) 2:00 DR Puzzles and Jenga (F) 3:15 DR Afternoon Social (D) 3:30 DR Word Puzzles (F) 4:15 DR Trivia (F) 6:00 DR Russian Bingo (So)	**Shemini Atzeret** 21 9:30 A Hook Rugs (S) 9:30 DR Monday Morning Motivation (F) 10:00 DR Monday Movement Group (F) **10:45 CI Simchat Torah CRS Livestream** 11:15 DR Trivia Time (F) 1:30 DR Community Chat (F) 2:30 A Art Corner (F) 3:15 DR Afternoon Social (F) 3:45 DR PictoWord Game (F) 4:15 C Inspirational Stories (So) 6:00 DR Musical Bingo (So)	**Simchat Torah** 22 9:30 O A Great Day Ahead (F) **9:30 CI Catholic Services (F)** 10:00 DR Noodle Stretch (F) 10:30 C Famous People (So) 11:15 DR Tennis Target (F) 1:30 A Creative Art Group (So) 2:30 O Table Ping Pong (F) 3:15 DR Afternoon Social (F) 4:00 A Arts and Crafts (So) 6:00 DR Name that Tune (So)	23 9:30 DR Morning Affirmations and Goals (F) 10:00 BT Scenic Ride (B) 10:00 DR Wednesday Workout (F) 10:30 C Famous People (So) 1:30 A Creative Art (So) 2:00 O A Stroll in the Patio (F) 3:15 DR Afternoon Social (F) 4:00 S Singing Party with Barbara (So) 6:00 DR Community Talk with Mr. Stein (So)	24 9:30 DR Meet & Greet Your Neighbor (B) 9:45 O Fit & Fabulous (B) 10:45 DR Creative Time (B) 1:30 A Expressive Art (KC) 1:30 DR Music Appreciation (B) 2:30 DR Let's Dance (D) 3:15 DR Afternoon Social (D) 3:30 DR Reminiscing (D) 6:00 A Bingo Bonanza (KC)	**Beauty Parlor Day** 25 9:30 DR Fun & Fitness (D) **10:00 A Piano Time with John Clancy (D)** 11:00 A Crafts Corner (N) 11:00 DR Reading Round Table (D) **1:30 AC Expressive Art Therapy (D)** 2:45 CI Shabbat Services (D) 3:15 DR TGIF Social (D) 3:45 DR Afternoon Stretch (D) 4:00 DR Relax and Listen/Poetry Corner (D) 6:00 DR Musical Color Wheel (KC)	26 9:30 DR Saturday Morning Stretch (KC) 10:15 A Autumn Leaves Crafts (Part 1) (So) 11:00 DR Reading Round Table (D) 1:00 DR Move to the Music (D) **2:00 AC Creative Art Therapy (D)** 3:45 DR Move and Groove (D) **4:00 A Autumn Leaves Crafts (Part 2) (So)** 6:00 DR Saturday Night Karaoke (So)
27 9:30 A Good Morning, What's New (F) 10:15 A Dance Around The World: Big Band (D) 11:00 DR Fabulous Songs and Stories (D) 1:30 A Fishing Game (F) 2:00 DR Wheel of Fortune (D) 3:15 DR Afternoon Social (D) 3:45 A Watercolor & Music (D) 6:00 DR Russian Bingo (So)	28 9:30 A Hook Rugs (S) 9:30 DR Monday Morning Motivation (F) 10:00 BT Trip to Cedarhurst Park (F/B) 10:15 DR Crock-Pot Cooking (So) 11:15 DR Trivia Time (F) 1:30 A Collections and Sorting (F) 2:30 DR Famous People in HIstory (F) 3:15 DR Afternoon Social (F) 3:45 DR PictoWord Game (F) 4:15 C Inspirational Stories (So) **6:00 DR Family Costume Bingo (So)**	29 9:30 O A Great Day Ahead (F) **9:30 CI Catholic Services (F)** 10:00 DR Morning Stretch (F) 10:45 DR Computer Exploration (F) 11:15 A Dominoes (f) 2:30 A Famous 1950s Movie Stars (F) 2:30 O Table Ping Pong (F) 3:15 DR Afternoon Social (F) 4:00 DR Musical Performance (So) 6:00 DR Connect the Musical (So)	30 9:30 DR Morning Affirmations and Goals (F) 10:00 DR Wednesday Workout (B) 10:30 C Chairplane to the Everglades (So) 11:00 C Morning Sing Along (So) 2:00 O A Stroll in the Patio (F) 3:15 DR Afternoon Social (F) 4:00 S Singing Party with Ruth: The Great American Songbook (So) 6:00 DR Community Talk with Mr. Stein (So) **6:45 PD Conversations with Caregivers Support Group with Wendy**	**Halloween** 31 **9:30 DR Halloween Music, Trivia and Stories (B)** 9:45 O Fit & Fabulous (B) **10:30 A Arts and Crafts - Let's Make Halloween Masks (B)** 1:30 A Expressive Art (KC) 1:30 DR Music Appreciation (B) **2:30 DR Halloween Party** 3:15 DR Afternoon Social (D) 3:30 DR Reminiscing (D) 6:00 A Bingo Bonanza (KC)	**Our Talented Recreation Team** Debbie D Bernadette B Fabiola F Kacie KC Neesa N Samantha Sa Sofia So Susan S	PLEASE SEE DEBBIE LASKIN, THE DIRECTOR OF RECREATION, WITH ANY QUESTIONS, COMMENTS OR CONCERNS REGARDING THE RECREATION CALENDAR ALL PROGRAMS ARE SUBJECT TO CHANGE WITH NOTICE & WILL BE REFLECTED ON YOUR DAILY SHEET OUTDOOR PROGRAMMING AND TRIPS ARE WEATHER PERMITTING